

# Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead  
Matlaske • Plumstead • Saxthorpe with Corpusty

September 2019



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**Newsletter Team**

**Editor** Michael McMahon  
[mjmcn25@gmail.com](mailto:mjmcn25@gmail.com)

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**Parish Council Chairs**

|                       |                 |        |
|-----------------------|-----------------|--------|
| Baconthorpe           | Jonathan Cooper | 577527 |
| Edgefield             | John Seymour    | 587504 |
| Hempstead             | Paul Sanders    | 713217 |
| Matlaske & Barningham | Sara Buxton     | 577207 |
| Plumstead             | Nick Fulford    | 577433 |
| Saxthorpe & Corpusty  | Imogen Waterson | 587610 |

**Parish Council Websites or Email Addresses**

|                       |   |
|-----------------------|---|
| Baconthorpe           | <a href="http://baconthorpepc.wixsite.com/baconthorpepc">http://baconthorpepc.wixsite.com/baconthorpepc</a>                   |
| Edgefield             | <a href="http://edgefieldnorfolk.co.uk/the-parish-council.shtml">http://edgefieldnorfolk.co.uk/the-parish-council.shtml</a>   |
| Hempstead             | <a href="mailto:hempsteadpc@gmail.com">hempsteadpc@gmail.com</a>  |
| Matlaske & Barningham | <a href="http://matlaskeparishcouncil.norfolkparishes.gov.uk">http://matlaskeparishcouncil.norfolkparishes.gov.uk</a>         |
| Plumstead             | <a href="http://plumsteadparishcouncil.norfolkparishes.gov.uk">http://plumsteadparishcouncil.norfolkparishes.gov.uk</a>       |
| Saxthorpe & Corpusty  | <a href="https://corpustyandsaxthorpeparishcouncil.wordpress.com">https://corpustyandsaxthorpeparishcouncil.wordpress.com</a> |

**Local MP**

Rt Hon Norman Lamb MP  
Unit 4, The Garden Centre  
Nursery Drive, Norwich Road  
North Walsham, NR28 0DR  
[norman.lamb.mp@parliament.uk](mailto:norman.lamb.mp@parliament.uk)  
<http://www.normanlamb.org.uk/>  
Office hours are Monday - Friday 9am – 5pm  
01692 403752 daily between 10am – 1.30pm

**County Councillor**

Steffan Aquarone  
[steffan.aquarone.cllr@norfolk.gov.uk](mailto:steffan.aquarone.cllr@norfolk.gov.uk)  
01603 327827

**Village Correspondents**

|   |                                  |
|---|----------------------------------|
| <b>Baconthorpe</b><br><a href="mailto:corinne@avyoungs.com">corinne@avyoungs.com</a>                        | <b>Corinne Youngs</b><br>577263  |
| <b>Barningham Winter</b><br><a href="mailto:s.m.buxton@hotmail.co.uk">s.m.buxton@hotmail.co.uk</a>          | <b>Sara Buxton</b><br>577207     |
| <b>Edgefield</b><br><a href="mailto:richardpeaver@gmail.com">richardpeaver@gmail.com</a>                    | <b>Richard Peaver</b><br>587486  |
| <b>Hempstead</b><br><a href="mailto:shazyhannah@yahoo.co.uk">shazyhannah@yahoo.co.uk</a>                    | <b>Sharon Hannah</b><br>711769   |
| <b>Matlaske</b><br><a href="mailto:jim.shepherd123@btinternet.com">jim.shepherd123@btinternet.com</a>       | <b>Marion Shepherd</b><br>577521 |
| <b>Plumstead</b><br><a href="mailto:mary.lintott57@btinternet.com">mary.lintott57@btinternet.com</a>        | <b>Mary Lintott</b><br>577718    |
| <b>Saxthorpe &amp; Corpusty</b><br><a href="mailto:saxthorpecastle@gmail.com">saxthorpecastle@gmail.com</a> | <b>Sophia Hodgson</b><br>587510  |

**District Councillors**

Corpusty, Edgefield, Saxthorpe

Andrew Brown 587250 / 07745 907774  
[andrew.brown@north-norfolk.gov.uk](mailto:andrew.brown@north-norfolk.gov.uk)

Baconthorpe, Hempstead, Matlaske & Barningham, Plumstead

Dr Pierre Bütikofer 838306  
[Pierre.Butikofer@north-norfolk.gov.uk](mailto:Pierre.Butikofer@north-norfolk.gov.uk)

**Church People**

|   |                          |
|---|--------------------------|
| <b>Rector</b> Revd Canon David Longe            | 577252                   |
| <b>Assistant Priest</b> PTO Revd Brian Faulkner | 577868                   |
| <b>Lay Minister</b> Gill Peat                   | 734226                   |
| <b>Lay Minister</b> Judy Rosser                 | 587584                   |
| <b>Church Wardens</b>                           |                          |
| Baconthorpe                                     | Tessa McCosh 577611      |
|   | Harry Steel 07711 890360 |
| Barningham Winter                               | Amelia Courtauld 577250  |
| Edgefield                                       | Emma Cletheroe 587049    |
|   | Angela Turner 587292     |
| Hempstead                                       | Ann Udale 713656         |
|   | Su Summers 710702        |
| Matlaske  | Thomas Courtauld 577250  |
| Plumstead                                       | Eleanor Faulkner 577868  |
| Saxthorpe                                       | Judith Banks 587319      |
|   | Cathy Stern 587014       |

## What's On

### SEPTEMBER

|         |           |                                      |                    |
|---------|-----------|--------------------------------------|--------------------|
| Sun 1   | 10.00am   | Hempstead Arts                       | Village Hall       |
| Mon 2   | 4.30pm    | Saxthorpe & Corpusty Hog Roast       | Corpusty Green     |
| Mon 2   | 6.30pm    | Plumstead Parish Council Meeting     | 39-40 The Green    |
| Sun 8   | 12.00noon | Barningham Hall Harvest Lunch        | The Old Stables    |
| Thur 12 | 5.30pm    | Saxthorpe Norfolk Churches Trust AGM | St Andrew's Church |
| Sat 14  | 9.00am    | Norfolk Churches Trust Bike Ride     | All Villages       |
| Mon 16  | 7.00pm    | Baconsthorpe Parish Council Meeting  | Village Hall       |
| Wed 18  | 7.30pm    | Matlaske Parish Council Meeting      | Church             |
| Sun 22  | 6.00pm    | Edgefield Harvest Service & Supper   | Church             |

### OCTOBER

|        |        |                                  |                                  |
|--------|--------|----------------------------------|----------------------------------|
| Fri 4  | 7.00pm | Matlaske Quiz                    | The Old Stables, Barningham Hall |
| Sat 5  | 7.00pm | Edgefield Bingo Night            | Village Hall                     |
| Sun 6  | 3.30pm | Matlaske Benefice Jerusalem Talk | Hole Farm, Hempstead             |
| Sat 12 | 3.00pm | Saxthorpe New Sheringham Singers | St Andrew's Church               |

## Loving God & Loving Your Neighbour in the Holy Land

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### Sunday 6<sup>th</sup> October

In the Barn at Hole Farm, Hempstead, NR25 6TT  
 3.30pm Afternoon Tea 4.15pm Talks 5.30pm Drinks & Chat  
 Entry £15 tickets to be bought in advance from  
 Corinne Youngs 01263 577 263 / corinne@avyoungs.com

## Clash Diary

|        |                               |
|--------|-------------------------------|
| Nov 11 | Baconsthorpe PC meeting       |
| Nov 20 | Matlaske PC                   |
| Nov 29 | Saxthorpe Christmas Tree Fest |
| Nov 30 | Saxthorpe Christmas Tree Fest |
| Nov 30 | Matlaske PC                   |
| Dec 1  | Saxthorpe Christmas Tree Fest |
| Dec 7  | Hempstead Christmas Party     |
| Dec 7  | Edgefield Festive Event       |
| Dec 8  | Matlaske Christmas Party      |
| Dec 9  | Plumstead PC Meeting          |
| Dec 15 | Baconsthorpe Christmas Party  |
| Dec 21 | Matlaske Sing-Along           |

If you are arranging an event please check  
 with Corinne Youngs  
 that there is not already an event being held  
 that day:  
**577263 / corinne@avyoungs.com**

## Regular Village Hall Events

### BACONSTHORPE

|                |                  |                                |
|----------------|------------------|--------------------------------|
| Tuesday        | 10.00am - 12noon | Country Mice Play Group        |
| Tuesday        | 7.30pm - 9.30pm  | Carpet Bowls - 711320          |
| Third Thursday | 10.30am          | Community Coffee - All welcome |
| Last Friday    | 6.00pm - 10.00pm | Pop-Up Pub                     |

### CORPUSTY

|                           |                  |   |
|---------------------------|------------------|---|
| Second and fourth Monday  | 2.00pm - 4.00pm  | Bure Valley Quilters & Stitchers                                    |
| Tuesdays during term time | 5.45pm - 7.15pm  | Brownies  |
| Second Tuesday            | 10.00am - 12noon | North Norfolk Knitters<br>Rita Taylor 587507 k2togp1@btinternet.com |
| First and third Thursday  | 10.00am - 12noon | Art Group<br>Rita Taylor 587507 k2togp1@btinternet.com              |
| Friday during term time   | 9.30am - 11.30am | Toddler Group   |

### EDGEFIELD

|                  |         |                        |
|------------------|---------|------------------------|
| Third Monday     | 7.00pm  | Parish Council Meeting |
| First Tuesday    | 2.30pm  | Tuesday Club           |
| Second Wednesday | 2.00pm  | Ladies Club            |
| Last Thursday    | 10.30am | Coffee Morning         |

### HEMPSTEAD

|                               |         |   |
|-------------------------------|---------|---|
| First Monday alternate months | 7.30pm  | Parish Council Meeting                  |
| Tuesday                       | 10.00am | Charcoal Drawing £4 - Mike Thody 711282 |
| First Wednesday - bi-monthly  | 7.30pm  | Play Reading Group                      |
| Third Wednesday               | 7.30pm  | Film Club                               |
| First Friday                  | 10.30am | Coffee & Gossip                         |

## Mobile Library Van

### 26 Sep / 24 Oct / 21 Nov

|              |       |          |                   |
|--------------|-------|----------|-------------------|
| Matlaske     | 11.40 | NR11 7AQ | Old Post Office   |
| Plumstead    | 12.25 | NR11 7LG | Walnut Farm       |
| Hempstead    | 3.40  | NR25 6TL | Telephone kiosk   |
| Baconsthorpe | 4.05  | NR25 6LE | Hare & Hounds     |
|              | 4.20  | NR25 6LG | Old Post Office   |
|              | 4.40  | NR25 6LJ | Council Bungalows |

### 5 Sep / 3 Oct / 31 Oct / 28 Nov

|           |      |          |                   |
|-----------|------|----------|-------------------|
| Saxthorpe | 4.10 | NR11 7BL | Old Post Office   |
| Corpusty  | 2.45 | NR11 6QP | School            |
|           | 3.40 | NR11 7BU | Great Farm Cott's |
|           | 4.30 | NR11 6QJ | Adams Lane        |
|           | 4.50 | NR11 6QL | 16 Council Houses |
| Edgefield | 1.55 | NR24 2AL | The Memorial      |
|           | 2.15 | NR24 2AX | The Street        |

Times and dates sourced from Norfolk County website:  
<https://bit.ly/2AJdSGA>

## Post Offices

### Baconsthorpe Village Hall

|              |                  |
|--------------|------------------|
| Tuesdays     | 1.00pm - 4.00pm  |
| Fridays      | 10.00am - 1.00pm |
| All services |                  |

### Corpusty Stores

|                              |                    |        |
|------------------------------|--------------------|--------|
| Monday-Saturday              | 9.00am - 12.00noon | 587202 |
| All services including Euros |                    |        |

### Holt Library

|                                |        |
|--------------------------------|--------|
| 9 Church Street, Holt NR25 6BB | 712202 |
| Mon Wed Sat 9.30am-1.00pm      |        |
| Fri 9.30am-6.00pm              |        |

**Disclaimer:** The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

## Letter from the Rector - Revd Canon David Longe

577252 / 07881 950294 / djhlonge@gmail.com

Dear All

A few Sundays ago, I was driving to Saxthorpe listening to a monk being interviewed on meditation and prayer on Radio 2. The monk was asked to lead a meditation so I sat in the car and joined in. The meditation went something like this:

Sit up straight, rest your hands on your knees. Feel the contact between your feet and the floor. Focus on your hands and how they rest. Relax any tension you feel in your face. Focusing on your shoulders, let any tension or tightness go. If your mind drifts, gently bring it to focus on your breathing. Let your attention drift down your body and if you feel tension let it go. Be aware and feel the gentle flow of breathing and its rhythm.



Later I found out that the monk was the Buddhist, Gelong Thubten. Many prayer and meditation techniques cross religious boundaries. Thubten's meditation is like that described in Martin Laird's book *Into the silent land: the practice of contemplation* (Darton, Longman, Todd: 2006). Laird describes taking the same posture and being aware of one's body, using a simple word or phrase, such as 'God', 'Abba', or 'Jesus Mercy' as one breathes in and out.

Christian meditation focuses on silence and the realisation that God is revealed both internally and externally (cf Psalm 46.10).

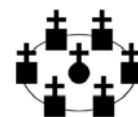
The Christian monk, Thomas Merton – a Trappist (a silent order) – was determined to understand meditation techniques in Buddhism. In 1968 he gained permission from his Abbot to go to a conference on prayer in Bangkok where he sadly died. I have always found his description of God at the centre of our being powerful:

At our centre is a point of nothingness... untouched by sin and by illusion, a point of pure truth, a point or spark which belongs entirely to God, which is never at our disposal, from which God disposes our lives, which is inaccessible to the fantasies of our own mind or the brutalities of our own will. This little point of nothingness and of absolute poverty is the pure glory of God in us. It is so to speak His name written in us, as our poverty, as our indigence, as our dependence, as our sonship. It is like a pure diamond, blazing with the invisible light of heaven. It is in everybody, and if we could see it, we would see these billions of points of light coming together in the face and blaze of a sun that would make all the darkness and cruelty of life vanish completely. (*Conjectures of a Guilty Bystander* (Garden City, NY: Doubleday, 1966) p142)

Starting in September on Mondays at 5.30pm, Judy Rosser our Lay Minister will be hosting meditation and contemplative prayer at Corpusty Village Hall. If you can't join Judy, why not try at home. It is not easy, and requires patience and practice, indeed a lifetime of endeavour.

May you all find the peace of God within you and in all you do,

David



## The Benefice of Matlaske Church Services for September

| 1 <sup>st</sup> Trinity XI                              |   |                          |
|---|---|--------------------------|
| 9.00  | Eucharist                                     | Plumstead                |
| 11.00   | Matins  | Baconsthorpe             |
| 5.00  | Evensong                                      | Saxthorpe                |
| 8 <sup>th</sup> Trinity XII                             |   |                          |
| 9.00  | Eucharist                                     | Edgefield                |
| 11.00   | Eucharist                                     | Hempstead                |
| 11.00   | Matins  | Matlaske                 |
| 15 <sup>th</sup> Trinity XIII                           |   |                          |
| 9.00  | Eucharist                                     | Saxthorpe                |
| 11.00   | Eucharist                                     | North Barningham         |
| 5.00  | Evensong                                      | Baconsthorpe             |
| 22 <sup>nd</sup> Trinity XIV                            |   |                          |
| 9.00  | Eucharist                                     | Matlaske                 |
| 11.00   | Matins  | Hempstead                |
| 6.00  | Harvest Festival                              | Edgefield                |
| 29 <sup>th</sup> Trinity XV / St Michael's & All Angels |   |                          |
| 9.00  | Eucharist                                     | Barningham Winter        |
| 5.00  | Evensong with choir - please stay for a drink | Plumstead                |
| 6 <sup>th</sup> October Trinity XVI                     |   |                          |
| 9.00  | Eucharist                                     | Saxthorpe                |
| 11.00   | Renderings of Torah, Qur'an and Bible         | Baconsthorpe Castle Barn |
| 3.30  | Interfaith Dialogue - page 4                  | Hole Farm, Hempstead     |

### September Mid-Week Eucharist Services

Saxthorpe 9am Wednesday 4<sup>th</sup> / 18<sup>th</sup> / 2<sup>nd</sup> October Followed by coffee and tea  
Matlaske 10.30am Thursday - 19<sup>th</sup> Followed by coffee, tea and cake



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## Baconsthorpe

### 200 Club

£25 Roger Hall, £10 Sarah Burton-Pye, £5 Grainger Jordan, Susie Belbin

### Community Coffee in the Village Hall- Thursday 19<sup>th</sup> September 10.30am

This is a free event open to everyone and sponsored by the Pop-Up Pub.

### Pop-up Pub - Friday 27<sup>th</sup> September - food is Jacket Potatoes

### Sure Start Centre

The Sure Start Children's Centre in Holt is under-subscribed and they would like the word spread that there are places available for September. If you are interested please contact the Centre on 01263 712442.

### Baconsthorpe Barrell Rolling

A silver cup with the inscription *Baconsthorpe Barrell Rolling* has been found. Does anyone remember or know anything about this event? Please let me know if you have any information about this – and perhaps we could revive this competition!

### Baconsthorpe Book Club

Would anyone be interested in joining a book club in the village? The mobile library would be able to provide the books and the plan would be to meet every couple of months to get together and discuss the book. Details will be arranged as soon as we can see if there is interest in getting this group started. Please contact Karen 577547 / karen@karenhall.co.uk if you are interested in joining.

### Village Hall News

A very successful Jumble Sale was held on Friday 9 August, with queues waiting for the doors to open and a total of £202 raised.

We are currently discussing a range of possible new events for next year, eg a fashion show and a barn dance. If you are interested in getting involved in these, any of the other regular events (Bingo, Quiz Nights) or in joining the Village Hall Management Committee, please contact the Committee Secretary at baconsthorpe.villagehall@gmail.com

We are still awaiting the outcome of our bid to the Big Lottery Fund for the cost of replacing the windows at the village hall, which are in a very poor state. Hopefully we will have positive news to report next month.

### Village Fête

The fête took place on Saturday 17 August and a great time was had by all those who attended. The fête raised £1,428 for the village hall and church funds and £148 will go towards the Christmas Party.

Many thanks to all of the volunteers who helped make these events so successful. Particular thanks must also go to Harry and Delphine Steel for hosting the fête at the Manor. Events such as the Jumble Sale and the fête generate much needed funds for the village hall and help maintain this valuable village asset. Thank you for supporting them.



Corinne Youngs  
577263



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## Barningham Winter

Our congratulations go to Daisy Fiddian of Upwood Farm who has gained a BA (Hons) degree from Bristol University in French and Spanish. We wish her every success for the future.

Dear little baby Frances has arrived at Primrose Cottage. A sister for Juliet and a second daughter for Clare and Julian. We send them all our best wishes.



Sara Buxton  
577207



Master Edward Laurie Swinbourne was christened at St Mary's church on Sunday 4<sup>th</sup> August surrounded by lots of his family and friends. As it was such a gorgeous day the original font in the bell tower was used.

A harvest lunch will be held in The Stables, Barningham Hall on Sunday 8<sup>th</sup> September at 12 noon. Please do join us for this event which is free but a donation would be greatly appreciated to help funds for St Mary's Church, Barningham Winter. A raffle will be held. Please email [amelia@barninghamestate.co.uk](mailto:amelia@barninghamestate.co.uk) if you can come - the more, the merrier!

## Edgefield

### Church News

September sees one of our special services of the year. On Sunday 22<sup>nd</sup> at 6pm, we will have our Harvest Festival service, followed by our Harvest Supper, to which everyone is very welcome. We would love offers of flowers, fruit and vegetables with which to decorate the church, and also help with arranging it all on Saturday morning.

We have an amazing collection of books for sale, and thank you to those who have contributed them. Do come and see them. We will have to take some to the National Trust book shop at Blickling in due course. Please put your donations in the wall safe by the main door.

Work is in progress cutting around graves and trimming the hedges, etc, in both the current and old churchyards. They are big areas to try to keep tidy.

Angela Turner



Richard Peaver  
587486

### Village Hall News

Our next event is a bingo night, to be held at 7pm on Saturday 5<sup>th</sup> October. There will be a licensed bar and nibbles. Tickets £5 from any committee member. We have completed further works in the hall, namely the laying of a new floor in the toilets and hallway area. It is of a non-slip variety, making it safer for our older users. July's 200 Club winners were William Longe £25, Richard Sear £15 and Jan Brooke's Bullen £10.

Jim Frost

Following his recent resignation from the parish council and also the post of chairman, a big thank you must go to John Seymour. John served on Edgefield Parish Council for well over a decade, taking the position of chairman for a number of years. During his tenure, John worked tirelessly behind the scenes



on behalf of the parish. He over saw many projects including regeneration of the village pond, development of the bus shelter near the pond and introduction of the SAM2 sign and village gates, to try to reduce speeding through the village. All this ran alongside the usual parish business including various planning matters, as well as keeping highways at the top of the agenda.

He was a sympathetic chairman, always keen to give members of the public their chance to speak at meetings. A thoughtful man, he was highly respected by his fellow councillors. All those involved with the parish council wish him well, and hope he finds more time for sailing now!

Mark Cook

## Hempstead

### 200 Club

£50 J Buxton £25 L Matthews, £10 S Parker, £5 T Geens, A McFayden, S Bowden

### Coffee & Gossip -Friday 6<sup>th</sup> - 10.30am - Village Hall

All very welcome to join us for coffee, tea and cake and a chat with neighbours.

### Thank You

To the children who did the flowers in the church before the fête. It was so lovely to see such activity in the church!

### A Special Thank You

To all who made the fête such a memorable event. Ill health meant that this year I wasn't able to man a stall or be active on the day, but I did manage to visit, albeit in a wheelchair, and it was a completely new perspective! So many happy faces having a good time and all those dogs in the dog show. It was a truly village event and I was so proud of Hempstead and the friends who come and help from other villages, working together to make it such a very special afternoon. An especial thank you to Yvette for sterling work above and beyond... thank you so much.

Su Summers

The weather was kind and visitors were plentiful at this year's Hempstead Fête. A very happy afternoon was enjoyed by all and the final result reflects that £3,418 is an all-time record and the proceeds will be shared equally between the church and the village hall. A massive Thank You to the dozens of folks who made this superb achievement possible. Hope to see you all next year.

Andy Wallis



### Hempstead Arts Sat 31<sup>st</sup> Aug - Sun 1<sup>st</sup> Sept Village Hall - 10am - 5pm

Remember to come and savour the wonderful selection of art works. Take a look and enjoy tea or coffee, or even a light lunch with us. You won't regret it!



Sharon Hannah  
711769

### Theft

Materials were stolen from a property in Hempstead on Thursday August 8<sup>th</sup>. A reminder to be aware of criminal activity in the area and if any suspicious activity is noticed please report immediately.

### Norfolk Churches Trust -Sponsored Bicycle Ride

You can participate on bicycle, foot, car or pony! See back cover for details and contact Yvette Gibson for sponsorship forms and 712460.

## Charity Lunch

In July a happy charity lunch was held in the village hall in aid of East Anglia Children's Hospices; this followed a special church service. We heard from Carol Plunkett of EACH that they had recently taken possession of the new hospice, final fixes were being undertaken, children would start to move from Quidenham in September and other exciting developments. Both the Church Collection and donations made at the lunch were pooled and a magnificent £785 was raised. Many thanks to all who supported, donated, provided food and cleared up afterwards.

Francis Feilden- Church Treasurer

## Matlaske

### 100 Club

£25 Michelle Amis, £10 Cherry Westgate, £5 Matilda/Charlie Courtauld

### Fête



The fête weather held beautifully, attracting a very good-sized crowd, who had an enjoyable traditional, entry free, fun-packed time. It was opened by a couple synonymous with Matlaske, shortly to celebrate their Diamond Wedding Anniversary, Ruth and Donny March. The supporters were entertained royally by our majestic local folk band Threescore. Their



Marion Shepherd  
577521

new CD is available now from Pete Rushmer and well worth a listen! They were ably supported by the wonderful Holt Ridge Morris Team, who are able to weave dreams of an England long past but hopefully preserved by them for future generations. Wild Touch added an exotic extra with their anaconda, kookaburra, barn owl and raven 'close-up and personal' experience. Kronx Face Painting added an extra touch of class with exquisite creations for the children and adults alike. Thank you all for your generous contributions. The Matlaske Fête Committee ensured that the many regular stalls and games provided by our own community made it another fête to remember. With great thanks to Thomas and Amelia Courtauld and all of the helpers for their time and efforts. They continue with their essential contributions towards our two local churches. We don't know what we would do without you! Thank you so much. This year's fête was a great success. For more photos please see our Facebook Page over the next few weeks.

### Village Notice Board

Please let Jim or Marion Shepherd have any notices or posters to support your local charities or self-employed businesses. If you post them through the door of Blacksmiths Cottage, we will endeavour to make sure that they are displayed on the Parish Notice Board near the village sign. It's great to promote Matlaske!

### St Peter's History Board

We are still looking for historic photos, art or stories to add to our Local History Board at St Peter's Church. Please contact Jim Shepherd on 577521

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## Plumstead

We wish Jill Fisher who has had a spell in hospital well as she recovers in the peace of her own home.



Mary Lintott  
577718

### Patronal Evensong Sunday September 29<sup>th</sup> 5pm

September 29<sup>th</sup> is the feast day of St Michael and All Angels to whom our church is dedicated. St Michael is a senior angel (archangel) who appears in the Old and New Testaments several times. One of John Durdin's wonderful paintings hanging in the church, is of St Michael slaying a dragon (representing the devil!). You are invited to join us for the service of Evensong on that day, accompanied by the Benefice Choir, at 5pm. This will be followed by celebratory drinks and nibbles. Judith James from Corpusty, will be bringing two of her beautifully painted icons of St Michael for the event. The collection will be for the charity EACH.

There is still time to volunteer to cycle, ride or walk on the Norfolk Churches Trust sponsored event on Saturday 14<sup>th</sup> September. Eleanor will be cycling and would welcome sponsorship - please email (faulknereleanor@gmail.com) or phone (577868) with offers! Volunteers also needed to sit in the church to check in those taking part.

### Parish Council News

The Parish Council is meeting on September 2<sup>nd</sup> and would welcome any suggestions for changes and/or improvements for the pond and meadow area. Please contact either Nick Fulford (577433) or Carolyn Price (577236). The wildflower meadow has been a joy this year and it won't be long before the field will be cut in the normal way for hay.

### A Buzzy Experience



Michael and Catherine McMahon were so plagued by bees last month that they called out Ivan the pest controller, who found a colony of perhaps 30,000 under the roof tiles. He cut out all the comb (tons of it!) and put much of it in a portable hive on the ground and a lot of them moved into it, but not all - it seems the queen was still in the roof, because a few days later there was an enormous deep buzzing noise as they all swarmed away and set up a new home hanging from a branch of a tree in the hedge. Michael borrowed Roy Keasley's bee-keeper's suit so he could hold the ladder for Ivan as he knocked them into a box to be taken away to a new home at Gresham's. All quite exciting and some lovely honey to remind them that they didn't imagine it all!



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## Saxthorpe with Corpusty

### St Andrew's Church - Sheringham Singers

Join us at St Andrew's Church on Saturday 12<sup>th</sup> October at 3 pm for an afternoon concert of heart-warming songs to inspire, soothe and amuse with the New Sheringham Singers. Tickets £7 (under 12s free) on the door, or in advance from Saxthorpe PCC. Raffle and refreshments available; in support of church repair and maintenance.



Sophia Hodgson  
587510

### Ride & Stride

The annual Norfolk Churches Trust Ride or Stride day is on Saturday 14<sup>th</sup> September and Charles Tyndall is looking for volunteers to be at St Andrews church in Saxthorpe to greet visitors and sign their forms. If you could spare an hour or two on that day please get in touch with Charles at [charlestyndall@btinternet.com](mailto:charlestyndall@btinternet.com) to bag your slot. Thank you.

### Shoppers' Minibus

Stuck for transport? Fancy lunch out – or a trip to the shops? Aylsham & District Care Trust can help! Our shoppers' minibus comes to Saxthorpe with Corpusty once a fortnight. We can pick you up from your own home and take you to Aylsham for a shopping trip. If you need a little assistance, our friendly volunteers will give you a hand to get your bags onto the bus. If you fancy lunch, on Tuesdays and alternate Thursdays we can pick you up and bring you to our lovely Orange Blossom Café where you can enjoy a nutritious home cooked two course meal. After lunch the bus will take you home. People who use our service find this is a great way to get out of the house, meet new people and enjoy some company. There is a suggested donation of £6.00 for the two-course lunch, and £3.00 for your door to door minibus service. Your support is much needed to keep the service running. We can only do this because of our team of kind and dedicated volunteers who want to make sure we help those who are without transport. If you would like to find out more, please contact Alison on 733385.



### Contemplative prayer group

Corpusty Village Hall

Starts: Monday 9th September, 5-6pm (weekly)

Please contact Judy Rosser on 07469 390178 /  
[judyrosser2000@yahoo.co.uk](mailto:judyrosser2000@yahoo.co.uk)  
if you are interested in joining.

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## Recipes of the Month



### Mozzarella Burgers

800g lean beef mince

1 egg

1 tsp smoked paprika

salt & pepper to season

100g mozzarella thinly sliced or grated

Combine all ingredients except mozzarella. Divide into 8 even sized balls and flatten to form flat even sized patties. Place 1/4 of mozzarella on 4 of them and top each one with another patty. Crimp edges to seal cheese inside. Chill in fridge for at least 2 hours then BBQ and serve with rolls and salad.

### Beetroot & Feta Burgers

400g raw beetroot peeled and grated

bunch spring onions finely chopped

2 garlic cloves, crushed

small bunch fresh mint chopped

finely grated zest and juice of 1 lemon

2tbsp plain flour

1 egg beaten

200g feta cheese, crumbled

Place beetroot in a clean J-Cloth and squeeze out as much liquid as possible. In a large bowl combine all ingredients except feta and season. When well mixed stir in feta. Divide into four and form into four burger-shaped patties. Chill for at least two hours then BBQ and serve with salad and rolls.

Marion Shepherd



## North Norfolk & Nebraska – a family connection



The Caravan

In 1856, George Bird, who was born in West Beckham in 1814, emigrated to America and settled in the Nebraska Territory. In June 2020, a small group of his descendants will be touring the villages connected with his family, including Baconthorpe, Weybourne, and West Beckham. They hope to meet local history-buffs and genealogists, and perhaps discover new connections. They will be bringing information about George's life in America and hope to share that story, too.

Aboard the Caravan, the ship that took them from Liverpool to America, George met up with Elizabeth Thirtle of East Ruston, and they were married in Iowa, en route to their destination, Florence, a village now incorporated within Omaha, Nebraska. They travelled with a group of Mormon converts, but unlike most who went on to Utah, they stayed in Nebraska and made it their home, eventually disassociating themselves from that group.

George left behind his entire family – parents Thomas and Elizabeth Miller Bird as well as siblings Keeler, Henry, Sarah and James. Of those, Keeler and his family moved to work the coal mines near Durham in the 1850s, and Sarah married Benjamin Dale of Baconthorpe. We know nothing of Henry beyond his birth, but James stayed in West Beckham, marrying Hannah Ransome.

Sarah and Benjamin Dale, an agricultural laborer, lived their entire lives in Baconthorpe, raising their children, Benjamin James, Keeler, Betsy, George, Noah, James, John and Thomas, all of whom appear to have lived well into adulthood. One son, Noah, married Elizabeth Nurse of Weybourne.

In 1881 they were living near a pub in Baconthorpe – the Jolly Farmers – with four children, Noah, Louisa, George, Keeler and Thomas. In 1882, Noah and George were sent, aged 13 and 9, to live with their great-uncle George in Nebraska. In 1911 Noah, who had a career with the railroad, returned to Norfolk and visited his family here. George never returned, but went on to Wyoming, where he worked for ranchers and became something of a legend, eventually having a mountain named for him: Soapy Dale Peak, near Thermopolis. Two of their brothers, Herbert and Keeler, emigrated as adults, settling in Manitoba.

If any would like to be a part of this get-together, please email Carol English: [ckkenglish@aol.com](mailto:ckkenglish@aol.com)

## Meet the Neighbours Andrea Surridge-Smith from Edgefield



Andrea has lived in Edgefield for twenty years. Last year she decided to start working from home. Having always kept dogs she decided that she wanted to be a dog groomer. She studied and achieved a Level Three City and Guilds qualification in dog grooming.

Last year, Andrea put up a wooden cabin in her garden that is her dog grooming room and fenced it in so that the dogs are safe and secure. Andrea does not use cages, whilst with her dogs can freely roam in the garden. In January 'Doggy with Style Dog Grooming' was opened for business. Having put flyers at Bunker's Hill and in Holt Country Park the business is growing steadily with many return customers and personal recommendations.

Andrea is able to offer a wide range of services including nail trimming, dog hair washes, dog clipping and dog stripping. Dog stripping is where the blown-out or old hair is removed using the fingers and thumbs, allowing the new hair to come through. This method is very successful with dogs that have wire coats or silk coats. Andrea uses hand stripping successfully, for example with pointers, Italian Spinone and setters. Some have a bath a defluff eg German Sheperds and collies. Andrea is flexible with appointment times and offers some weekend and evening appointments as well as Monday to Friday 9am -5pm.

In preparation for opening her dog grooming business Andrea did a course to become a dog first aider. Doggy with Style Dog Grooming are now instructors and offer dog first aid courses. Having completed a dog first aid course, the participants are certified by Pro Training which is a nationally recognised qualification and are then able to administer first aid to dogs for three years whilst doing a short annual update. You even get to practice CPR on a resuscitation dog mannequin called CasPeR!

Andrea is also happy for people to rent her dog bath for a DIY dog wash. The bath is large and can accommodate dog of all sizes, up to and including a St Bernard and saves messing up your bathroom at home.

Emma Youngs

## The Village Gardener

To Plant a Garden is to Believe in Tomorrow



I do look forward to September. Whilst August can become a bit jaded and low in energy, the crisper air and beautiful light of September can do wonders to revitalise the garden. In the same way as the start of the new term meant a new pencil case, somehow there is the same feel about the garden in September, as lovely as the lackadaisical days of August are, there is a good energy to be had when routine kicks back in. Also September is ALL about colour! We have the beautiful sunsets and rich colours in the garden to embrace this month. Let's get started!

First stop are dahlias, keep picking or deadheading them to keep a really good show going. If you've yet to be convinced by dahlias then do pop over to Blickling Hall - they have a tremendous bed of dahlias that would convert anyone. My other tip would be provide support to your dahlias if they get a bit tall; we have noticed a big difference in the height of our dahlias this year as we had refreshed the soil in the spring, so they are extra tall this year, leaving me wishing we had put a decent support in at the start of the season... lesson learnt!

Now to the kitchen garden. You can lift onions now, although do remember (after lifting) to sit them on the surface of the veg patch to help them dry out. Keep on top of your watering in veg patch so that you get the most out of crops of courgettes, beans and tomatoes. Also pay special attention to any pumpkins or squashes you are growing, and you will be well rewarded if you do. Make sure you also keep an eye on any main crop potatoes you might have left. I think the rather damp, humid days have meant potato blight is rife this year. If, like me, you don't use fungicide sprays, then remove all the foliage and immediately destroy it. I certainly would not put blighted foliage on a compost heap. The crop should be safe underground, they just might not store as well as normal.

Now to this month's question! Many thanks to Cecilia Firsk who asks can I plant all my spring bulbs in September? The answer to this is yes and no! You can certainly plant crocuses, daffodils and hyacinth now, but do wait until early November to plant tulip bulbs. Try and remember the nifty trick of photographing your spring displays in full bloom so you can fill in the gaps this time of year.

Do keep the questions coming in! Email me at [redmaple@btinternet](mailto:redmaple@btinternet) and, as ever, the most interesting question will be published next month.



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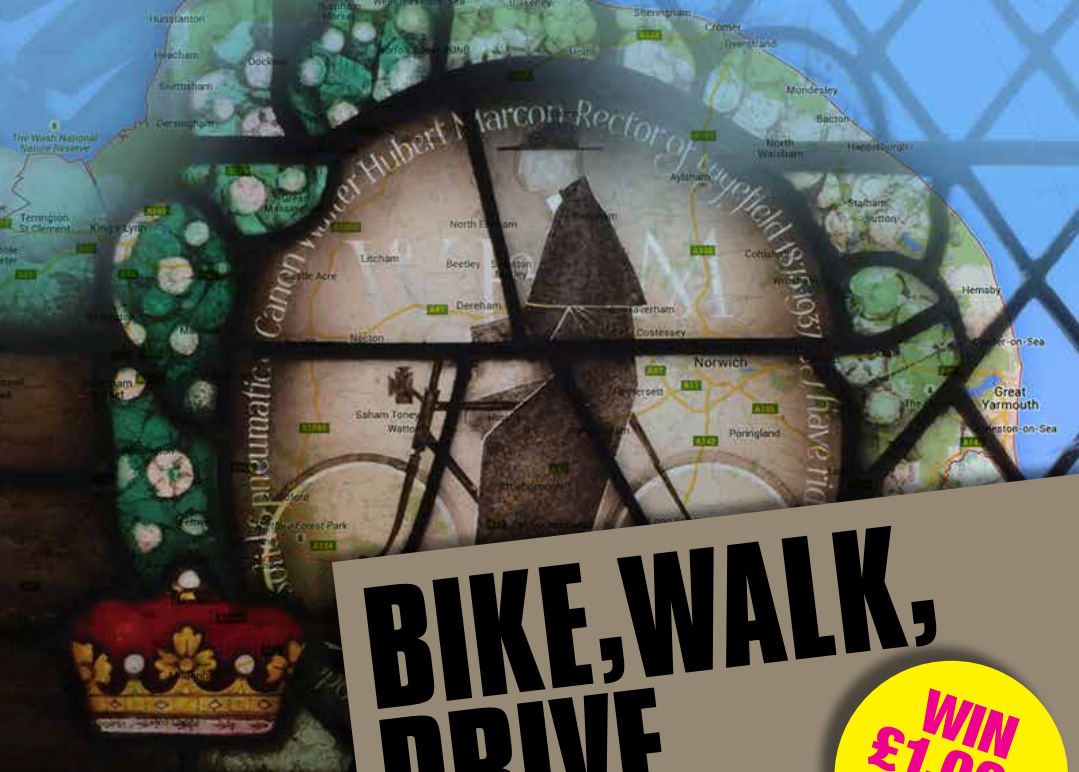
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CHURCH\***

A fun day out for all, stopping off at as many Churches and Chapels as you can!

Pump up your tyres, dust off your walking boots, pack a picnic and plan a route from your own door to visit as many of the most beautiful churches in Norfolk as you can. **\*PLUS** you can join with others in your parish to win £1,000 for your church by becoming the parish with the most improved amount of money raised. Simply get sponsored for each building you visit or make a donation - find out more at [norfolkchurchestrust.org.uk/bike-ride](http://norfolkchurchestrust.org.uk/bike-ride)

## Saturday 14th September 2019 9.00 am - 5.00 pm

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**Eastern Daily Press**