

# Church & Village News

June 2015



Richard & Ann Baglin's beautiful garden in Plumstead  
which will be open on Sunday 14<sup>th</sup> June  
as part of Plumstead Open Gardens

## Meet the Neighbours



Whenever I meet Michael McMahon I feel ashamed at my lack of Christian spirit. For he does the good deeds today that most of us put off for another day. McMahon and his wife Catherine, Head of St Michael's School in Aylsham, have lived in Plumstead Green since 1987. He came to Norfolk in 1985 to teach English at Gresham's. For years now he has been a freelance journalist, often for *The Spectator*, and an author – the film rights have just been optioned for his book about the extraordinary story of May Savidge who moved her mediaeval hall house, beam by beam and brick by brick, from Hertfordshire to Wells-next-the-Sea.

But it is McMahon's voluntary work that is perhaps more remarkable. After being a visitor at Norwich Prison for 13 years, he was invited to join the chaplaincy team and eventually became the Roman Catholic Chaplain.

More recently McMahon was a founding Trustee of the Cromer & District Food Bank, which now has distribution centres in Sheringham, Holt, Aylsham and North Walsham. In the year to March 2014, the food bank received more than a thousand requests for food from some 630 individuals,

couples and families. Food to feed 2,357 people for three days was issued. One in three were children. At Christmas the kindness of local people enabled around 260 disadvantaged families to receive seasonal treats and all food bank clients were given chocolate eggs at Easter.

It is a scandal that we need food banks and he is surprised at the range of people who end up needing help, McMahon says. They include middle-class people as well as those who exist close to poverty much of the time. Causes of crisis include redundancy, the slow processing of benefit changes for the sick and unemployed, family breakdown, debt, bereavement and homelessness. Only two per cent of clients have been over 65. A significant number need help for mental illness.

Last autumn McMahon was a prime mover in establishing a homeless shelter in the Canaan Christian Centre in Sheringham. In the six months that it was open, thirteen street homeless people were housed and all but one found permanent accommodation. Two had been living in cars; others had been living in tents. Four ex-residents have now got jobs as well as homes. The shelter re-opens in October and will run for at least the following twelve months.

Brian MacArthur

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**Tuesday 8<sup>th</sup> December**  
**01263 587050**  
**sarah@ramsgatehouse.co.uk**

## What's On

### JUNE

Wed 3	7.00pm	<b>Hempstead Play Reading Group</b>	Village Hall
Fri 5	10.30am	<b>Hempstead Coffee &amp; Gossip</b>	Village Hall
Sun 7	12.00noon	<b>Itteringham Open Gardens Day</b>	
Sun 7	4.00pm	<b>Itteringham Auction of Promises</b>	Village Hall
Sun 14	11.00am	<b>Plumstead Open Gardens</b>	
Wed 17	6.30pm	<b>Corpusty LinC Summer Buffet</b>	Brian & Heather Monk's
Thur 18	3.30pm	<b>Corpusty Families Together</b>	Village Hall
Sat 20	2.00pm	<b>Edgefield Open Gardens Weekend</b>	
Sun 21	2.00pm	<b>Edgefield Open Gardens Weekend</b>	
Sun 21	3.00pm	<b>Baconsthorpe Mid-Summer Fête &amp; Hog Roast</b>	Village Hall
Sat 27	2.00pm	<b>Itteringham Cream Tea</b>	Village Hall
Sat 27	7.00pm	<b>Little Barningham Chips &amp; Quiz</b>	Village Hall
Sun 28	3.00pm	<b>North Barningham Patronal Festival</b>	St Peter's Church

### JULY

Sat 4	12.30pm	<b>Plumstead Picnic by the Pond</b>	
Sun 5	3.00pm	<b>Corpusty Tea at Three Garden Party</b>	Wheatsheaf House
Sat 11	2.00pm	<b>Edgefield Village Fête</b>	Edgefield Green
Sun 19	12.00noon	<b>Hempstead Venda Project Charity Lunch</b>	Village Hall
Sun 19	3.00pm	<b>Holt Sheringham Singers Concert</b>	St Andrew's Church
Tue 21	7.00pm	<b>Corpusty Parish Council</b>	Village Hall
Sat 25	2.30pm	<b>Matlaske Village Fête</b>	Barningham Hall

### AUGUST

Sat 15	10.00am	<b>Corpusty Craft Fair</b>	Village Hall
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## General News

### Parish Council Contributions

At the beginning of the year the Treasurer of the 7 Churches Group and the Treasurer of the Barningham Winter Group wrote to all their respective Parish Councils asking for a donation to the Church & Village Newsletter.

I am delighted to be able to report that to date donations have been received from

Baconsthorpe, Hempstead, Plumstead and Matlaske with Barningham Winter. I would like to thank these parish councils for their generous donations and support and look forward to hearing from the other five parish councils.

Corinne Youngs  
 Newsletter Treasurer



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## Regular Events

### Baconsthorpe Village Hall

7.30pm Line Dancing - 711320 Mondays  
10.00am Diocesan Play Van - 07918 027092 Tuesdays during term time  
7.30pm Carpet Bowls - 711320 Tuesdays during term time

### Corpusty Village Hall

2.00pm - 4.00pm Bure Valley Quilters & Stitchers 1st and 3rd Mondays  
2.00pm - 4.00pm Short Mat Bowls Tuesdays  
10.00am - 12noon Norfolk Knitters 2nd Tuesday

Tea, coffee and biscuits are provided. There is yarn to play with  
as well as lots of magazines and patterns for inspiration. All levels  
of ability are catered for with an experienced knitting and crochet  
teacher. Cost is £7 for a 4 week term or £2 per week  
Contact Rita Taylor 01263 587507 K2togp1@btinternet.com

10.00am - 12noon Art Group Thursdays

### Edgefield Village Hall

10.30am Coffee Morning - Jeff Witts 587661 Last Thursday each month

### Hempstead Village Hall

10.00am Charcoal Drawing - Mike Thody 711282 Tuesdays  
The fee of £4 includes coffee, biscuits and paper

## Libraries

### Mobile Library Van Every fourth Thursday

	11 Jun	9 Jul	6 Aug
Itteringham	11.00 NR11 7AP The Common		
	11.15 NR11 7AY The Rectory		
Lt Barningham	12.05 NR11 7AG The Street		
Matlaske	12.30 NR11 7AQ Old Post Office		
Plumstead	1.15 NR11 7LG Walnut Farm		
Baconsthorpe	2.45 NR25 6LJ Council Bungalows		
	4.10 NR25 6LG Old Post Office		
Hempstead	3.20 NR25 6LE Hare & Hounds		
	3.40 NR25 6TL Telephone kiosk		

	25 Jun	23 Jul	13 Aug
Saxthorpe	11.50 NR11 7BL Old Post Office		
Corpusty	12.10 NR11 6QP School		
	12.40 NR11 7BU Great Farm Cott's		
	2.00 NR11 6QJ Adams Lane		
	2.15 NR11 6QL 3 Council Houses		
	2.30 NR11 6QL 16 Council Houses		
Edgefield	3.15 NR24 2AX The Street		
	3.40 NR24 2AL The Memorial		
Wickmere	10 June 12.45pm Wolterton Hall		
	1.15pm Village Sign		

### Holt Library

9 Church Street, Holt NR25 6BB 712202  
Mon-Wed and Sat 9.30am - 1.00pm  
Fri 9.30am - 6.00pm

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**Helen Wickes BSc, dipFD NAFD**

## Reflection from the Rectory



Marion Harrison

June already!  
Where has  
the year gone?  
It seems that  
only yesterday  
the cold  
wind blew  
through bare

treat everyone with respect, care, absence of  
judgment, encouragement and friendliness,  
ministering to the needs of others in the  
spirit of Christ. But it's not just about the  
people who come to our doors, hospitality is  
also about being available and how we treat  
others in our day-to-day dealings, on the  
phone, over the internet, out in the street.

Another aspect of this ministry is to get  
to know someone, to befriend them and  
be by their side in times of stress and need  
as well as in good times. This begins with  
learning someone's name. This brings me to  
the choosing of a name for our new Benefice.  
There has been a good response to our  
invitation to suggest a new name and the list  
has been shortened to three for you to choose  
from. These are:

The Tithe Benefice  
The Upper Bure Group  
The Barningshams

Please vote for your favourite by e-mailing the  
editor Richard Lynam:  
richardlynam@btinternet.com

### Why not start a Community Weekend?

An innovation that Rev Marion Harrison introduced when she arrived as Priest in Charge of the Seven Churches Benefice was the Community Weekend. Because of limited clergy availability, it is not possible to provide services every week in all of our churches. The Community Weekend was the answer and this takes the place of one service a month in each church. From the outset it was designed to gather communities together regardless of whether they attend church or not.

To learn more about Community Weekends, please contact Rev Marion:

587977 / marion681@btinternet.com

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## Church Services for June

Midweek Communion: Itteringham

### 7<sup>th</sup> Trinity 1

Gen 3:8-15 / 2 Cor 4:13-5:1 / Mark 3:20-end

8.00	Holy Communion	Saxthorpe
9.00	Holy Communion	Little Barningham
9.15	Holy Communion <i>BCP</i>	Matlaske
10.45	Matins	Baconsthorpe
11.00	Family Service	Wickmere
	Community Weekend	Edgefield

### 14<sup>th</sup> Trinity 2

Ezekiel 17:22-end / 2 Cor 5:6-10,14-17 / Mark 4:26-34

9.00	Holy Communion <i>BCP</i>	Itteringham
9.15	Holy Communion <i>BCP</i>	Barningham Winter
10.45	Matins with Baptism	Hempstead
11.00	Holy Communion <i>CW</i>	Edgefield
11.00	Morning Praise	Saxthorpe
	Community Weekend	Little Barningham

### 21<sup>st</sup> Trinity 3

Job 38:1-11 / 2 Cor 6:1-13 / Mark 4:35-end

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion <i>BCP</i>	Plumstead
9.30	Holy Communion <i>CW</i>	Edgefield
10.45	Matins	Matlaske
11.00	Morning Prayer	Little Barningham
6.30	Songs of Praise	Edgefield
	Community Weekend	Saxthorpe

### 28<sup>th</sup> Trinity 4

Wisdom of Solomon 1:13-15, 2:23-24 / Cor 8:7-end / Mark 5:21-end

8.00	Holy Communion <i>BCP</i>	Little Barningham
9.00	Family Service	Edgefield
9.15	Holy Communion <i>BCP</i>	Baconsthorpe
11.00	Holy Communion	Saxthorpe
11.00	Morning Prayer <i>BCP</i>	Itteringham
3.00	Patronal Service	North Barningham

*CW* = Common Worship    *BCP* = Book of Common Prayer

## Baconsthorpe

Sun 21 3.00pm **Mid-Summer Fête & Hog Roast** Village Hall

### 200 Club

£25 J Cooper, £10 S Wells, £5 Mrs Rowe and P Fuller

### Plant Swap, Sale & Coffee Morning

The eleventh plant sale took place at The Old Rectory on 28<sup>th</sup> April. A bright but blustery morning and the crowds rolled in and raised £1272 for St Mary's church. This brings the total raised from this event over the eleven years to £10,546. Thanks must go to Tessa & David McCosh. It is an enormous amount of work putting on this morning, from raising and nurturing plants to be sold, making sure the garden itself is immaculate and generally getting the show on the road - again thank you David and Tessa.

### Christening

On 3rd May, Oliver & Sarah Husar brought their twin daughter's Lola & Keira to be christened at St Mary's Church. Whilst big sister Amber looked on, the twins thoroughly enjoyed all the attention and made not a whimper at the 'big' moment. After the service a celebration party for family and friends, was held in the Village Hall.

### A celebrity in our midst

North Norfolk singer - songwriter Paul Thompson is embarking on an epic journey to Edinburgh during summer 2015, in a milk float that utilizes solar panels to power stage lighting and music gear. Travelling up to 30 miles per day at the grand speed of 10 mph, Paul's journey will take him from his home in Baconsthorpe to the Outer Hebrides and through the Highlands of Scotland to the Edinburgh Fringe Festival, where he will be performing for the final twelve days. Since turning professional ten years ago, Paul has toured Europe, the USA and New Zealand. Proceeds from this latest tour will be used to

set up a community project, bringing music to rural parts of Norfolk. To find out more about Paul and his music visit: [www.paulsmusic.co.uk](http://www.paulsmusic.co.uk)

### Cemetery Gates

Many thanks to Richard Gee for once again creosoting the cemetery gates and posts.

### Mid-Summer Fête & Hog Roast



These are just a few of the wonderful pigs that have been collected for the Pig Tombola. All sorts of stalls and games have been planned for the 21<sup>st</sup>. There will be a children's fancy dress competition, face painting, BBQ for children and plenty of pig prizes and surprises.



There's still time to get involved and help make the first Baconsthorpe Fête for many years a huge success and an annual event. Please contact Corinne Youngs 577263 for details.



Ro Hardingham  
577262

## Barningham Winter

Sun 28 3.00pm **Patronal Festival** St Peter's Church

### Spring Clean

Spring-cleaning for the Annual Patronal Festival at St Peter's, North Barningham, is harder work than ever this year because of the huge spattering of bird-droppings on every surface (particularly the altar table and the pews) left by a great-tit who became trapped in the church in the late summer of 2014.

Initially it sang to its friends outside and would try to break through the east window. It drank from a flower vase on one of the sills and pounced on any little insect that it saw. Some kind soul put out food for it on the altar table. This seemed a step too far. My husband and I, who look after this redundant church, hung a peanut-holder in a less conspicuous place, and put out a large, shallow dish of water on top of the cupboard beneath the west window, where the bird was able to bathe as well as drink. Whenever we checked, there was always a splashy puddle there.

After a while the great-tit became less active and more silent; was it becoming withdrawn? It certainly came to life for the Advent Carol Service in early December. The music and singing, but most of all the candle-light, entranced it. It kept swooping down to the altar to catch the insects attracted by the flickering flame and was in serious danger of setting itself alight. The congregation paid

more attention to it than to the lessons. Alas! There were no more services after that, and the poor little bird became increasingly miserable, sitting in the highest recesses of the window and no longer responding to our voices.

One day, towards the end of Lent, it was gone. No sign of a small corpse anywhere: Did it squeeze itself under the door? Did it manage to fly into the bell-tower and from thence make its escape? We will never know. But one thing is certain: it has left an indelible impression behind it.

Consider the welfare of these happy but inquisitive little song-birds (and perhaps that of the church cleaners too). Please close the bird-screen behind you on both the way in and on the way out of the church! Many thanks.

The Patronal Festival at St Peter's church, North Barningham will take place as usual on the last Sunday in June, the 28th at 3pm. All are most welcome to attend this special service.

If you want some delicious local Dexter beef that have been grazing on Barningham Park please contact Mrs Amelia Courtauld on 01263 577250. Mince, stewing steak and steaks are available. Quantities are limited so be quick with your order!



Sara Buxton  
577207

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### Gardens Open

Sundays from May 24<sup>th</sup> to end September 12-5

Wednesday, Thursday, Friday June-Aug 11-5

### Events

July 4<sup>th</sup> Garden Party with Concert

August 8<sup>th</sup> The Tempest - Open Air Theatre

August 16<sup>th</sup> Fairy Tales & Fables

Sept 6<sup>th</sup> Charity Day - Hall Open

[www.manningtongardens.co.uk](http://www.manningtongardens.co.uk)

## Edgefield

Sat 20 & Sun 21 2.00pm **Open Gardens Weekend**

At the annual Vestry Meeting in April, Emma Cletheroe kindly agreed to take on the role of Church-Warden, in place of Lorna Ross, who has been given the title of *Honorary Church Warden* in recognition of her many years of untiring and devoted service to the church and the parish. It is good to know that Lorna will continue to serve on the Parochial Church Council. There was no requirement this year to re-elect PCC members, so the existing PCC will remain as before. At the APCM, which followed the Vestry Meeting, the Deanery Synod representative and all sidesmen were re-elected.

We all hope that Angela Turner will make a steady and complete recovery from her operation on 11<sup>th</sup> May and we know that everyone in the village will wish her all the best as she continues to recuperate. Angela has written a separate reminder giving

details of the main church fundraising event of the year, namely the Open Gardens weekend on Saturday and Sunday, 20<sup>th</sup> and 21<sup>st</sup> June. We hope that as many people as possible from the village and from further afield, will support this event, which is always very enjoyable, and which concludes with a 'Songs of Praise' type service on the Sunday at 6.30pm.

### Village Hall News - Jim Frost

On Saturday 11<sup>th</sup> July, between 2 and 5pm, we will be holding our village fête on the Green. The afternoon will consist of a fun dog show, lots of games, cream teas, dancing, live music from Compass Moon, a fancy dress competition and more besides, so please come and join us for what promises to be a fun-packed and friendly afternoon.



Richard Peaver  
587486

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## Hempstead

Wed 3 7.30pm **Play Reading Group** Village Hall Su Summers 710702  
Fri 5 10.30am **Coffee & Gossip** Village Hall

### 200 Club

£25 Kneeler Group, £10 I Tyabji, £5 E Buxton, S Sullivan, M Scarff

Thank you to all who supported the church refreshments on the 4<sup>th</sup> May. £275 was raised altogether so well done everyone involved! It was a lovely occasion, well attended and we all look forward to the next one!

Bamboo cuttings have been fly tipped in the village any information please contact: 07901 917285

Congratulations to Betty Hart who was 90 on the 28<sup>th</sup> May, Hempstead Village Hall will be flying the flag for you! And we hope you have a wonderful day.

There is to be a charity lunch on the 19<sup>th</sup> July at 12noon in the Village Hall in aid of the Norfolk Venda Education Project. Hempstead Church supports this in the Venda region of South Africa; it assists 10 schools that are very poor and as there are no charity overheads all the money raised goes straight to the schools. Michele and Ceri from Norfolk Venda will be with us and will update us on progress in the schools. The lunch will follow the church service at 11am, Su Summers on 710702 or su@linaria.co.uk has full details.

Welcome to Gemma Thody, and her daughters Angel and Autumn - we all hope you enjoy living in the village.

Welcome to Uncle Jumbo Sunday! It's about time Hempstead had a character like you in the village, full of fun and larger than life! I remember when I was small and used to visit my great grandparents in the village - there were all sorts of fun characters around and about I haven't noticed these types about of late but it's a pleasure to see your jolly face smiling and laughing so we hope you are with us for a while...



Sharon Hannah  
711769

Hempstead Village Hall stall is out again so please put all your excess plants there for sale with name and price. All proceeds go towards the Village Hall and Church, so thank you for your support.

Spotted in the village this month the Cuckoo! Fantastic! I can hear them around and they remind us all of the time of year we are in and to look forward to the warmer months ahead.

### Hempstead May Feast

A most enjoyable evening dining had by all. A good turn out tucked into a sumptuous choice of meat and vegetarian dishes, followed by delicious homemade desserts. A special thank you to all who contributed to make the night a roaring success, especially to the catering team for working tirelessly throughout the evening, and Jason for providing the entertainment accompanied by his ukulele. Thanks to all who attended and generously helped the funds of the village hall. Mr T Scarff

Welcome back to Bertie Harmer, we hope he will soon be fit and well again.

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## Itteringham

Sun 7	12.30pm	<b>Open Gardens</b>	
Sun 7	4.00pm	<b>Auction of Promises</b>	Village Hall
Sat 27	2.00pm	<b>Cream Tea</b>	Village Hall

It is, of course, a very important number. Party arrangements had already been made but for June Clarke it will simply be a change of venue. After appearing once more at the Spring Fayre she gave her final farewells to this world on Thursday following. She will be remembered for her direct but upbeat view and for her ten years of correspondence in this mag. Those quiz questions caused more than a few headaches! June would soon have been ninety.

Another nonagenarian to leave us is Jesse Baxter, resident of Itteringham for many years. She moved to Aylsham some time since and would have soon been ninety-four shortly.



The picture is of a familiar visitor to the Itteringham May Fayre and some will recognise her classical beauty - many of us have similar at home we know!

The clinking of crocks and splashing of tea, the music of chat and echo of mirth once more filled the hall and rewarded with a mighty fund of £3,500 odd. Those magnificent men\* at their washing-up sinks; the tray-bearing 'dashers' delivering a myriad of the delicious and wickedly moreish are showered with the gratitude of the entire company who cruised the show that day...and us. 'Thanks for the memory', as it is now.

A whisper of praise to our 'man of signs' who erects the boards of display upon the

highways again and again. Geoff Hoskins - May the smile of Hermes be upon you...and TA from us.



Eric Goodman  
587278

Once more unto the pleach dear friends as well to the trim and prune of the hedge and bush and shrub. This surely is the greatest of 'garden open days'...just anywhere. It is rumoured that Chelsea contenders sneak into Itteringham each year to crib ideas. Midday to 4.30pm on 7th June. 4.00pm. Auction of Promises - not to be missed.

Alice Martineau - Yoga Master\* - each month to September - Oulton. This is a professional undertaking - call Alice on 07973 278895

## Itteringham Open Gardens

Sunday 7<sup>th</sup> June  
12.30pm - 5.00pm

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Lunches served in the village hall

## Auction of Promises

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## Little Barningham

Sat 27 7.00pm **Chips & Quiz** Village Hall Elly Betts 577640

So long farewell aufwiedersehen but not goodbye Fiona, we hope you will find a suitable home near by, so we will see you often. Definitely don't forget our Community Sunday mornings.

The Village hall looked more like a high end tea room on the Community Sunday afternoon and Gift Day. The tables were beautifully laid with hand embroidered table cloths, fine china and silver teapots, milk jugs and sugar basins. Betty's Tea rooms could not compete with the great array of cakes, pastries and sandwiches. Visitors were amazed not only at the sight of the goodies on offer, but also the warmth of the welcome. Two walkers from King's Lynn, Hilary and Mary said it was the perfect end to a lovely long walk. A family from Grimsby thoroughly enjoyed themselves and when asked to join us for our next Chip & Quiz night thought it was a little far to travel and there are lots of good fish and chips at home!!

£330 was donated to the Church, a big thank you to all who made the event so memorable.

Don't forget the 27<sup>th</sup> June for our Chips & Quiz book early rather than be disappointed Call Elly Betts on 577640

We have a budding artist in the village, this is James Love's picture of a Barn Owl, well done, James!



Derek Wintle  
570097

A new member of our church joined us when Greta Elizabeth was baptised during morning prayer on 17<sup>th</sup>. She was warmly welcomed by the congregation and we hope to see more of the family when they move into their newly built home on the site of the old Church Cottage. Let us hope the plans submitted are passed without any delay.

Welcome also to Ann-Marie Wills-Wilson who has moved into Westover, so one artist out and one in. Ann-Marie will be exhibiting her work at Blickling from 22<sup>nd</sup> July to 9<sup>th</sup> August. Little Barningham is turning into an artist's colony!

## Times Past Remembered

This is a photograph of where now stands The Deepings and Westover. The blacksmith shop was owned by C J March who also had a similar establishment in Matlaske.

If you have any memories or photos to share let me know, as they can be included in future newsletters.

Little Barningham's Buzzy Rouse, his daughter-in-law Margery and an un-named dog



## Matlaske

### 100 Club

£25 H Baynes, £10 D Fiddian, £5 A Gillard

Welcome to Ian and Christine Moore, who have moved into Church Cottage. We hope they enjoy living in Matlaske.

It is good to know Ted is back at home.

We send best wishes for a speedy recovery to Pat Chapman, Clerk to Matlaske and Baconsthorpe Parish Councils, who has had a hip replacement.

The PCC met on Wednesday 20<sup>th</sup> April. The main topic for discussion was the grant for the repairs to the north roof. Work will start in Spring 2016.

A volunteer is needed to take over Dennis Whalley's Church Village News.

Please ring me on 577363 if you would like a walk once a month from Springfield,



Florence Hunt  
577363

Wickmere Road to Jubilee Cottage to the Shambles.

Thomas Courtauld has compiled a list of areas of help required for the Fête It has been included in this month's magazine. Please rally round to ensure the Fête is a success. As usual Mr Cushing will provide the music.

## Quiz Report from Cherry

The quiz night proved to be a popular event with plenty of questions to test the grey matter!

Thank you to everyone for their support and for all the donations of raffle prizes. Also a big thank you to Thomas & Amelia Courtauld for the use of the Old Stables.

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## Plumstead

Sun 14 11.00am **Open Gardens**

### Parish Council

Do visit the new PC website using the link below. Contact Carolyn Price, the Parish Clerk if you have any queries. She would be delighted to receive any photographs/history which could be added to the site:  
plumsteadparishcouncil.norfolkparishes.gov.uk

### Village Pond & Wildflower Meadow

The PC are working to create a picnic area beside the village pond whilst maintaining the informality of the setting as a wildlife and conservation haven.

We would love to have some new photos for the noticeboard by the pond. Do have a go at capturing its beauty.

We had such a good feedback from the questionnaire about the wildflower meadow- thank you to all those who responded . We are reviewing the ideas.

### Defibrillator

Many of us recently attended a training session organised by Sheringham Community First Responders. We were shown how a defibrillator works and through the use of dummies how to deal with an emergency. If anyone would like to be shown the defibrillator call Julie 577447. We hope to have contact numbers available in the telephone box.

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The PC wishes to thank Julie Brown for her work in organising the acquisition of the defibrillator. She worked extremely hard to ensure we are able to provide this vital service.



Mary Lintott  
577718

### RNLI

A huge thank you to everyone in Plumstead who donated to the recent door to door collection for the RNLI. We managed to raise £99.20 which is pretty impressive for a small village.



### Village Sign

Our village sign has recently been brightened up! It's the 15<sup>th</sup> Anniversary. Thank you to the unsung heroes are Doreen & Frank Hebron who painstakingly restore and repaint it regularly to ensure that it will last long

into the future. Don't take it for granted the next time you go past - take a good look.

Happy 80<sup>th</sup> Birthday to Bob Strutt who is at Pine Heath High Kelling.

## Jones the Sweep




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## Saxthorpe with Corpusty

Tues 9 10.00am **Norfolk Knitters** Village Hall  
 Wed 17 6.30pm **LinC Summer Buffet** Heather & Brian's Home  
 Thur 18 3.30pm **Families Together** Village Hall

### LinC Nepal Talk

Ann and Peter Eglington gave an illustrated talk to LinC on their visit to Nepal. Ann showed photos of beautiful temples and other heritage buildings which were such a draw for tourists and which added to the country's meagre income. But she was particularly passionate about the lack of a chimney in the one-roomed homes. All cooking is done on an open fire with the smoke rising to the rafters, thus staying in the room and resulting ill-health of all. Peter and Ann gather much information by going off the tourist trail and living with the Nepalese. For each visit they have a trusted guide, Iman, who has asked them to help his village school as well as the one they were already supporting.

### LinC's Spring Fayre



LinC's Spring Fayre was well supported and those who came, gave generously. A cheque for £500.0 will be sent to Tapping House, the new hospice being built in West Norfolk, and one for £93.0 will add to Ann and Peter's Nepal Tragedy Appeal. Thank you to everyone who contributed in any way. The photograph shows Toby Snelling in Aubrey Poberefsky's vintage 1938 MG VA car.

### Neighbourhood Plan

The Neighbourhood Plan is moving rapidly towards its concluding phase. The draft plan is being written. When it is finalised it will be circulated to every household in the official Neighbourhood Area, roughly the same as the parish. It will then go to an official referendum of all eligible voters. A majority vote in favour will mean that the voice of this community can be heard more powerfully in local government decision-making than would otherwise be the case. Watch this space for further updates, for more information contact: Imogen Waterson 587610 or Tony Barnett 587342

### Parish Council

The Parish Council reconvened on 19<sup>th</sup> May, when the new officers were elected. The names of the officers will be given in the next edition. The Chair, Archie Mitchell, is standing down as are two other members, Aubrey Poberefsky and Paul Peachment.

Corpusty Primary School entertained parents and friends to an exquisite display of Maypole dancing. Thank You



Judith Banks  
587319

## Wickmere with Wolterton

Once again, I would like to apologise for those birthdays missed in the last magazine. Belated birthday wishes go to Paddy Seligman for the 12<sup>th</sup> May and Mark Shaw 20<sup>th</sup>.

Many congratulations to Katie and Daniel Wright who had a beautiful little girl on 4<sup>th</sup> May (Star Wars day – May the 4<sup>th</sup> be with you) 8lb 4oz, welcome to Lucy Janet.

Get well wishes go out to Billy Riches who had to have his appendix removed over the last Bank Holiday weekend!! Looking forward to seeing his cheeky grin out and about soon.

We have to say a sad goodbye to Jan and James and the boys, wishing them the best of luck in their new home.

There was a Village Hall meeting on 30<sup>th</sup> April, it was recorded that Quiz & Food made £57.20 and £85+ was made from the plant sale, and donated to village hall funds. Thanks very much George for your hard work. A memorial bench was commissioned for £200, and Terry and Richard are looking to site a shed alongside the village hall for storage of tables and excess clutter, this had been provisionally priced at £1,000.

Unfortunately on 18<sup>th</sup> May, someone decided to help themselves to 2 boxes of eggs and the money tin from the stall outside the church. Sadly there are those without a shred

of decency about them.

At the meeting it was also recorded that Lesley Ash is stepping down from her position on the committee. She is someone we will all miss. It has to be said that without Lesley's tireless hard work, fearless form filling and grant chasing, and unending willingness to get stuck in, we certainly would not have the village hall we are proud to use now. Thank you very much Lesley, for everything you have done.

The Plant & Craft sale was held on 10<sup>th</sup> May. Thank you to everyone who popped down either to snap-up a bargain or just come for a cuppa and a chat.

Move over Paula Radcliffe, we have Team Wickmere. On Sunday 17<sup>th</sup> May, George Madeley and Tracy Riches took part in the Race for Life. After weeks of training, and the initial doubts of madness and need for oxygen the ladies took only 36 minutes to complete the course. A huge well done - London Marathon here we come??!!

It is Prom time again soon - a new venue is being sought. Hoveton Hall has been mentioned. Good luck to Cameron Bray for this, looking forward to seeing you in your suit for the occasion.



Helen Goulty  
570043

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## Village Gardeners



The days have been quite sunny but the nights have remained cool so plants probably have not grown quite as quickly as you would have liked. Nevertheless perennials will soon be at their best, and unfortunately taller species like delphiniums can be spoilt by strong winds. A few canes and string put around the plants now will give support. Do not over support as this will spoil the natural beauty of the plant.

Camelias should be pruned now so that the plant keeps its shape and if the shrub has got too big then prune to reduce its size.

My tomatoes have produced two or three trusses and to help the fruit set when there are not many insects and bees about, try tapping the stem of the plant gently. Do not start feeding until the first truss of fruit is set, you can then feed once a week in June with a high potash feed. I always put a few strong smelling tagetes plants in the greenhouse to deter the green and white fly. It does help. Also keep the greenhouse free of weeds as these harbour pests.

This is the time to carry on sowing salads but only sow a few at a time, so you are able to eat them while they are still young. If you love runner beans then sowing a few beans in early June should mean a crop to pick until the frosts.

I also plant a row of early variety of potatoes in June to give lovely new potatoes at the end of the summer.

If you grow winter greens then make sure they are planted this month. To prevent club root, mix a little lime in the hole first before planting. You do not have to lime the whole area, just treat the ground where the plants are going to grow.

Sweet peas need to be cut regularly and remove any dead flowers before they form the seed-pod. Feed generously with a liquid feed to maintain flowering as long as possible. Enjoy the colourful garden.

Peter Eglington

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**Editor** Richard Lynam 587899  
Pink Cottage, Norwich Road  
Corpusty NR11 6QD  
richardlynam@btinternet.com

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## Church People



**Priest-in-Charge** Rev Marion Harrison 587977  
Itteringham Rectory, The Street  
Itteringham NR11 7AX  
marion681@btinternet.com

**Honorary Assistant Curate**  
Rev Brian Faulkner 577868  
Oaktree Cottage, Cherry Tree Rd  
Plumstead NR11 7LQ  
briantfaulkner@btinternet.com

**Lay Reader** Gill Peat 734226

**AWA** Richard Lynam 587899

**AWA** Judy Rosser

### Church Wardens

Baconsthorpe	Tessa McCosh	577611
Barningham Winter	Amelia Courtauld	577250
Edgefield	Emma Cletheroe	587279
Hempstead	Ann Udale	713656
	Su Summers	710702
Itteringham	Ray Covell	587659
	Derek Turnbull	587259
Little Barningham	Pamela Daniels	577436
	Michael Daniels	577436
Matlaske	Thomas Courtauld	577250
Plumstead	Eleanor Faulkner	577868
Saxthorpe	Merlin Waterson	587610
	Heather Monks	587118
Wickmere	Tony Hurn	577309
	Scott McKenzie	577332



## Village Correspondents

Baconsthorpe	Ro Hardingham	577262
Barningham Winter	Sara Buxton	577207
Edgefield	Richard Peaver	587486
Hempstead	Sharon Hannah	711769
Itteringham	Eric Goodman	587278
Little Barningham	Derek Wintle	570097
Matlaske	Florence Hunt	577363
Plumstead	Mary Lintott	577718
Saxthorpe & Corpusty	Judith Banks	587319
Wickmere & Wolterton	Helen Goulty	570043



## Parish Council Chairs

Baconsthorpe	Jonathan Cooper	577527
Edgefield	John Seymour	587504
Hempstead	Paul Sanders	713217
Itteringham	Jimmy Fowell	587356
Lt Barningham	Harry Betts	577640
Matlaske & Barningham	Sara Buxton	577207
Plumstead	Alastair Brown	577447
Saxthorpe & Corpusty	Archie Mitchell	587584
Wickmere	Leslie Ash	577566

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## It Pays to Advertise

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## Nature Notes



activities, not always guaranteed. Should the Great British Summer not play ball and halt the parent's feeding frenzy for a few days, all is not lost, for by lowering metabolic rate and temperature, and entering a semiconscious state, the chicks can evade starvation.

Unrelated to the swallows and martins with which we associate them, swifts are actually part of the same order as



Sue Appleby

It's funny how certain smells, tastes and sounds have the power to stir up long forgotten memories. A particular perfume that I wore whilst pregnant two decades ago can still make

me quite queasy, immediately transporting me back to those glorious morning-sickness filled days!

Similarly, but thankfully more pleasantly, the screaming sound of swifts, conjures up images of childhood holidays by the sea and long sun-filled evenings, filling me with a deep contentment, confirming summer is here.

As happy in urban areas as they are out in the countryside, their scythe-shaped silhouettes and screaming chases fill our skies for a few short weeks from May until early August, when, once again, they depart for the warmth of an African winter. Their brief sojourn coincides with the presence of our winged insects, 100 000 of which a single swift can consume each day.

Catching winged insects, is weather dependent, and like many of our own summer

hummingbirds - the Apodiformes - sharing the same ability to rotate their wings for increased manoeuvrability. Literally meaning footless, birds in this order have small toes and short legs so limited in function that for generations many erroneously believed them not to exist at all in swifts.

Whilst seldom seen on the ground, forward and backward facing toes have earned swifts the German name mauersegler or wall glider, for they are proficient in clinging to the vertical surfaces on which they build their nests from saliva mixed with airborne material caught in flight.

Cooping up nesting material is just one of the swift's many flying skills, for they mate, eat, drink and, by shutting down half their brain at a time and using the alert half only, even sleep on the wing. Indeed only ever really landing to rear their young, the average swift clocks up an astounding 3 million miles over the course of its lifetime - the equivalent of circumnavigating the Earth 120 times and surely enough air-miles to rival Sir Richard Branson!