

Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead • Itteringham • Little Barningham
Matlaske • Plumstead • Saxthorpe with Corpusty • Wickmere with Wolterton

September 2015



Bales at Barningham

Photographed by Judith Banks

Nature Notes



mushroom, a deliciously edible species*, with a broad, flattened cap resembling the sunshades carried by Victorian ladies.

Reasonably common on well-drained soil, Parasols, like other fungi, spend most of their yearly cycle as a tangled mat of threads under the surface. This mycelium, as it is called, feeds on organic waste, sometimes spreading over several hectares, as the food source becomes exhausted.



Sue Appleby

Fans of Disney Pixar films will be familiar with Wall-E, a lonely robotic machine, left cleaning an Earth choked to death under mountains of rubbish, long after its human creators have evacuated. Whilst

essentially a children's story, its message is challenging and perhaps even prophetic, for whilst we relentlessly advance in our understanding of the universe, it seems we are pretty rubbish when it comes to cleaning up our rubbish! Here, it seems, far simpler organisms than ourselves are streets ahead.

Whilst perhaps not the most endearing of organisms, fungi, with which we share half our DNA, play an integral role in the Earth's existence, working unnoticed behind the scenes to break down organic waste and return nutrients to the soil. Only as summer veers towards autumn do these champion recyclers take centre stage, displaying intricate and sometimes boldly coloured fruiting bodies. One particular example I found recently was the nutty smelling Parasol

Indeed the largest mycelium found, though not that of a Parasol, extended to an area nearly seventeen times larger than the pitch at Wembley Stadium, weighed over 100 tonnes and was at least 1,500 years old!

Held high above the ground by its fibrous stalk, the Parasol's fruiting cap is at first red brown and egg shaped, before flattening into a pale, broad plate, sometimes measuring up to 40cm in diameter. Concentric circles of brown snakeskin-like scales, earn it the nickname, "Snake's hat," whilst on the underside, closely packed pink tinged gills radiate outwards. These are the essence of what the mushroom is all about, for from these, millions of spores will be released into the air, microscopic seeds tough enough to wait considerable lengths of time before germinating should conditions be unfavourable.

So whilst we continue to reach for the stars, ever straining for improvement and development, let's not forget the humble hard-working fungi, without which the fantasy of Wall-E could quickly and easily become our reality!-

*ONLY eat Parasols when correctly identified, and never raw!

What's On

SEPTEMBER

Fri 4		Norman Lamb's Annual Villages Visit - see page 21	
Sat 5	10.00am	Hempstead Arts - until 5pm	Village Hall
Sun 6	10.00am	Hempstead Arts - until 5pm	Village Hall
Mon 7	7.00pm	Plumstead PC Meeting	TBC
Thur 10	7.30pm	Baconsthorpe Village Hall Meeting	Village Hall
Fri 11	10.30am	Hempstead Coffee & Gossip	Village Hall
Sat 12		All Villages - NCT Sponsored Bike Ride	
Wed 16	2.00pm	Corpusty LinC - Jerusalem Rev Marion Harrison	Village Hall
Sun 20	3.00pm	Plumstead Tea & Cakes	Acorn and Oak Tree Cottages
Sun 20	6.00pm	Edgefield Harvest Festival	Church
Wed 23	10.00am	Corpusty Macmillan Coffee Morning	Village Hall
Fri 25	6.00pm	Baconsthorpe Pop-Up Bar & Baked Potatoes	Village Hall
Wed 30	8.00pm	Itteringham - Future of the Shop	Village Hall

OCTOBER

Fri 2	7.00pm	Hempstead Fun Quiz & Meal	Village Hall
Sat 3	6.30pm	Edgefield - A Touch of Class	Village Hall
Sun 4	12.00noon	Baringham Harvest Lunch	Barningham Hall
Fri 9	7.00pm	Matlaske Quiz	Barningham Hall Stables
Fri 9	7.30pm	Edgefield Film Night - Cherry Blossom	Village Hall
Fri 9	7.30pm	Baconsthorpe 50s & 60s Night	Village Hall
Wed 14	10.30pm	Matlaske PCC Meeting	Hall Farm Cottage
Mon 19	7.30pm	Baconsthorpe Parish Council Meeting	Village Hall
Wed 21	7.30pm	Matlaske Parish Council Meeting	St Peter's Church
Fri 30	6.00pm	Baconsthorpe Pop-Up Bar & Baked Potatoes	Village Hall

Mobile Library Van

Every fourth Thursday

3 Sep	1 Oct	22 Nov	10 Sep	8 Oct	5 Nov
Itteringham	11.00 NR11 7AP The Common		Saxthorpe	11.50 NR11 7BL Old Post Office	
	11.15 NR11 7AY The Rectory		Corpusty	12.10 NR11 6QP School	
Lt Barningham	12.05 NR11 7AG The Street			12.40 NR11 7BU Great Farm Cott's	
Matlaske	12.30 NR11 7AQ Old Post Office			2.00 NR11 6QJ Adams Lane	
Plumstead	1.15 NR11 7LG Walnut Farm			2.15 NR11 6QL 3 Council Houses	
Baconsthorpe	2.45 NR25 6LJ Council Bungalows			2.30 NR11 6QL 16 Council Houses	
	4.10 NR25 6LG Old Post Office		Edgefield	3.15 NR24 2AX The Street	
Hempstead	3.20 NR25 6LE Hare & Hounds			3.40 NR24 2AL The Memorial	
	3.40 NR25 6TL Telephone kiosk		Wickmere	2 Sept 12.45pm Wolterton Hall	
				1.15pm Village Sign	

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Regular Events

Baconsthorpe Village Hall

7.30pm	Line Dancing - 711320	Mondays
10.00am	Diocesan Play Van - 07918 027092	Tuesdays during term time
7.30pm	Carpet Bowls - 711320	Tuesdays during term time

Corpusty Village Hall

2.00pm - 4.00pm	Bure Valley Quilters & Stitchers	2nd and 4th Mondays
2.00pm - 4.00pm	Short Mat Bowls	Tuesdays
10.00am - 12noon	Norfolk Knitters	2nd Tuesday

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crochet teacher. Cost is £7 for a 4 week term or £2 per week
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10.00am - 12noon	Art Group	Thursdays
3.30pm - 5.30pm	Families Together	3rd Thursdays
9.30am - 11.30am	Toddler Group	Fridays during term time

Edgefield Village Hall

10.30am	Coffee Morning - Jeff Wits 587661	Last Thursday each month
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Hempstead Village Hall

10.00am	Charcoal Drawing - Mike Thody 711282	Tuesdays
The fee of £4 includes coffee, biscuits and paper		

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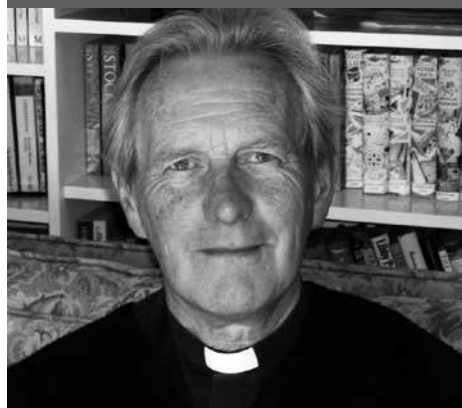
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Curate's Corner



Brian Faulkner - Curate

It will be quite a journey: Heathrow to Brisbane via Hong Kong, then north to Port Moresby, the capital of Papua New Guinea. Journeying to a vast country of extreme poverty and deep heritage, where a land of hundreds of languages embraces a rich tapestry of peoples and stories.

Eleanor and I are travelling as pilgrims and visitors to this special place, as part of an Anglican initiative that links the Diocese of Norwich, the Diocese of Rockhampton

Australia, and Waiapu New Zealand to the vibrant and flourishing Anglican church in Papua New Guinea.

Twenty-two visitors travelling as a group drawn from these three countries with the aim of experiencing something of the life of our wider Christian family in church, school, hospital and community, in this seldom visited part of our world.

We will be there to meet people, to affirm links already established, and to develop links of our own. Not, I'm glad to say, in a haphazard manner, but by splitting up into smaller groups to enable us to travel widely and freely across this huge and beautiful land. Culminating in a coming together in one place on a day of national celebration, as the church in Papua New Guinea remembers with joy and sorrow the story of its 20th century martyrs killed for their faith in the tragedy of war.

Yes a holiday, but far more than a holiday, that we hope to share with you.

Brian Faulkner

Children's Puzzles & Quizzes

Word and number games for children (and others!)

1. How many birthdays does the average person have?
2. Mum baked ten cakes. All but one were eaten. How many were left?
3. I have two coins in my pocket that total 55p. One of them is NOT a 5p. What are the two coins?

Alphabet challenge: can you think of an animal, fish or bird for each letter of the alphabet? Here are a few to start you off: A - ant B - bee C - cat... and yes, you guessed it, D - dog. But not all the letters are as easy as that! See how many you score out of 26. I can't think of any that begin with U, but I do know there is a creature called an X-ray fish, so you can have that one for free, too!

See page 19 for answers

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Church Services for September

Midweek Communion: Itteringham

6th September - Trinity 14

Isaiah 35:4-7a / James 2:1-10,14-17 / Mark 7:24-end

8.00	Holy Communion <i>CW</i>	Little Barningham
9.15	Holy Communion <i>BCP</i>	Baconsthorpe
11.00	Family Service	Wickmere

13th September - Trinity 15

Isaiah 50:4-9a / James 3:1-12 / Mark 8:27-end

9.00	Holy Communion <i>BCP</i>	Itteringham
9.15	Holy Communion <i>BCP</i>	North Barningham
11.00	Morning Praise	Saxthorpe
11.00	Holy Communion <i>TL</i>	Edgefield

20th September - Trinity 16

Jeremiah 11:18-20 / James 3:13-4:3,7-8a / Mark 9:30-37

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion <i>BCP</i>	Plumstead
10.45	Matins	Baconsthorpe
11.00	Morning Prayer	Little Barningham
6.00	Harvest Festival	Edgefield

27th September - Trinity 17

Numbers 11:4-6,10-16,24-29 / James 5:13-end / Mark 9:38-end

9.00	Family Service	Edgefield
9.15	Holy Communion <i>BCP</i>	Hempstead
10.40	Matins	Plumstead
11.00	Morning Prayer <i>BCP</i>	Itteringham
11.00	Holy Communion <i>CW</i>	Saxthorpe

4th October - Trinity 18

Joel 2:21-27 / 1 Timothy 6:6-10 / Matthew 6:25-33 / Harvest Festival

9.00	Holy Communion <i>CW</i>	Little Barningham
11.00	Harvest Festival	Barningham Winter
11.00	Family Harvest Festival	Wickmere

CW = Common Worship *BCP* = Book of Common Prayer *TL* = Traditional Language



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Alice Martineau

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Baconsthorpe

Fri 4		Norman Lamb's Village Tour - see page 21
Thur 10	7.30pm	Village Hall Meeting
Sat 12		NCT Sponsored Bike Ride
Fri 25	6.00pm	Pop-Up Bar & Baked Potatoes - Village Hall



Ro Hardingham
577262

200 Club

£25 Joy Thurtell, £10 Jon Cooper, £5 Pat Abbs and John Cooper

Welcome to Matthew and Caroline Hulme and their children Annaliese and Charlie, along with their four dogs, who have all come to live in Pitt Farm House. We hope they will enjoy living in our lovely village.

Congratulations to Rosie McNally Gibbs on her excellent A level results, securing her a place at Durham University to study Criminology. Also to Mary-Ann George who had excellent results, too. Mary-Ann is taking a gap year before heading off to university to study Psychology. Well done indeed to both these young ladies.

A beautiful sunny morning saw a large gathering of folk enjoying the sunshine, in the lovely surroundings of Ash Tree Farm garden. This month's proceeds of £107 was given to Cromer Hospital Renal Dialysis Unit. Thank you, Corinne, for your hospitality. We were spoiled.

The next meeting of the Parish Council is on Monday October 19th at 7.30pm in the Village Hall - all welcome to attend.

On Friday the 9th October at 7.30pm we have a band coming to play 50s and 60s music. Tickets will be on sale shortly.

Barningham Winter


Fri 4		Norman Lamb's Village Tour - see page 21
Sat 12		NCT Sponsored Bike Ride

A harvest lunch will be held on 4th October at Barningham Hall after a harvest thanksgiving in the church. Please put this date in your diary and there will be more details about this event in next month's magazine.

Both St Mary's church Barningham Winter and St Peter's church North Barningham will be open for the Sponsored Bicycle Ride on 12th September.

A huge well done to all the clever young people of Barningham for their achievements. Daisy Fiddian of Upwood Farm, North Barningham did very well in her International Baccalaureate and easily got into her first choice of university. So is off to Bristol to study French with Spanish in September. Charlie Fiddian got a 2.1 in a Masters in Engineering after a four-year course at

Plymouth. Guy Parker of Barningham Rectory got a 2.1 in Classical Studies at Edinburgh, and is now going to Sandhurst. His younger brother, Edmund, finished his A levels at Gresham's, and is going to study photography in London. Well done, too, to Rose Parker, who gained excellent marks in her GCSEs and now starts her A level studies at Tudor Hall School. Thomas Seaman of Dairy Farm, Barningham gained a first from Nottingham University in Ancient History and is off to work at Bonhams in London and good luck to his younger brother George who is going to study agriculture at Newcastle University. The world is their oyster and we wish them all lots of luck in the future.



Sara Buxton
577207

Edgefield

Fri 4 **Norman Lamb's Village Tour** - see page 21
 Sat 12 **NCT Sponsored Bike Ride**
 Sun 20 6.00pm **Harvest Festival**



Richard Peaver
587486

Church News

The first Group Service for the whole new Benefice was in Edgefield. It was great to have a good turnout and an excellent small choir. The singing was outstanding, though the hymn where the congregation had been given the wrong number had an amusing and very confused start! Let's hope we get more and more people from all over the benefice at these services. We had a cheerful and noisy coffee session afterwards.

It was brilliant to have FOUR men and their trimmers for our Community Sunday session. Three and a half hours of hard work made the churchyard look so good. Thank you to Iain, Jeffrey, Jeff and Richard, and to Catherine for raking up. I yanked up a great heap of brambles from the beech hedge.

Alison Mawson has kindly agreed to organise the Bike Ride on Sept. 12th. Do join in and raise money for our church. To obtain the form, ring Alison on 587236.

Stephen and Louise have very kindly donated a beautiful stone vase in memory of their mother, Pam Riches, whom we miss so much. It was made by the same firm as the vase behind the lectern.

Our Harvest Festival and Supper is on 20th September at 6 p.m. All offers of food for the supper, and flowers and produce for the church, will be gratefully received. To all newcomers, this is a free (simple) supper, and excellent chance to meet everyone.

Angela Turner

Village Hall News

Two dates for your diary in October. On 3rd October at 6.30pm we are presenting a show called *A Touch of Class* performed by a trio called Something Happened. The show combines music and comedy and a bangers and mash supper will be on offer as well as a licensed bar. Tickets are £10 and can be purchased by contacting 587110. On 9th October at 7.30pm we will be showing our latest film - *Cherry Blossom*, a film about a widower who journeys to Japan, a country his late wife always wanted to visit. Do come along and join us.

Jim Frost

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Hempstead

Fri 4 **Norman Lamb's Village Tour** - see page 21
 Sat/Sun 5/6 **Hempstead Arts** - Village Hall
 Fri 11 10.30am **Coffee & Gossip** - Village Hall
 Sat 12 **NCT Sponsored Bike Ride**



Sharon Hannah
711769

200 Club

£25 A Matthews, £10 K Hurrel, £5 J Sanders, J Hurrel, K Power

Congratulations to Katie Scarfe on graduating from the UEA and starting a new job as a science teacher. Good luck, Katie!

Our annual fête day this year turned out to be an amazing event, when a gloriously sunny afternoon was the backdrop to a well attended occasion of fun and merriment on the playing field and in the church. Much praise to so many local contributors and hard-working volunteers, and a special thank you to Peter Quin for co-ordinating the entire event! Corinne Youngs' "dog show" was a truly hilarious highlight. Funds received were a record for modern times: £2,905 in total. Robin Carver's remarkable grand draw raffle was once again our biggest fund raiser. The takings are shared as always between the village hall and our All Saints Church. The day will live on in memory for many of us for a long time to come and a big thank you to the members of the public who attended in such good numbers. See you all again next year!

Tim Scarff

I am sad to have missed this year's fête, as I was in Cornwall with family and friends camping, but am glad to hear of its success.

This month a friend who works for the RSPB spent quite a lot of time dragonfly spotting down by our pond, where he saw a Norfolk Hawker (which is quite a rare sight) and a Ruddy Darter. My friend Peter and I both saw it and hope to forward this sighting on to the county recorder.

Special events not to be missed: Hempstead Arts 5th and 6th September, affordable art for all! Everyone welcome; drinks and food available, lucky dip raffle.

Also, Fun Quiz & Meal in the Hempstead Village Hall, 7pm Friday 2nd October: come on your own, with a partner or team (teams of up to five members can be allocated on the night). £6 per person, which includes hot dishes (including vegetarian) which will be served before the quiz begins at around 7.30pm. Bring your own drinks. To secure a place call Tony Collier 713004.

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Itteringham

Fri 4

Sat 12

Norman Lamb's Village Tour - see page 21

NCT Sponsored Bike Ride



Eric Goodman

587278

Firstly, our regrets and sympathy to Diane Skinner whose sister has died after a long illness. She lived in Suffolk.

A heap of thanks to Ray Covell and Herbert Tooley for clearing of St Mary's gutters.

Scooby Doo was much in evidence. There were eleven impeccably disciplined children. (Marion Harrison has a masterful approach, on these occasions particularly.) The church was full, and the service was a happy affair. Guest of honour was Katherine Margaret Goodlife supported by her parents Thomas and Clare. After the christening, a tea-time Pimms in the Village Hall seemed to be most welcome. The day was Monday 10th August.

It was a month for babies. There were two one-year-old birthday parties at Robin Farmhouse. Lottie (Goodman-Jones) on Friday 14th and Wynne (Duddlestone) on Sunday 16th, closest friends since birth. The sun shone on the many guests draped about the garden, and squads of children dashed around in excited abandon.

Out with the Lycra. On with the helmet. Saturday 12th September is the Norfolk Churches Bike Ride and Walk. The total raised last time was in the thousands. Funds go partly to Norfolk Churches Trust and remainder to chapels and churches chosen by the participants. "Oil dem wheels, Martha. We is gonna pedal like Hoy!" Sponsors required.

It has come around. The Harvest Festival Service will be Sunday 18th October. The date for the Harvest Supper in the Village Hall is yet to be confirmed. Tickets (£14) from Ray Covell, Skinner and Skinner, Village shop and others. You are warmly invited. Book soon in case of sell-out. Always a very good night out. Not to be missed!

An early date for your diaries - Beetle Drive - Village Hall - Saturday 14th November.

It was July 1865. Edward Whymper engaged, not entirely willingly, in a race against a Signor Carrer (Italian) and his team to the summit of the Matterhorn. There was success and tragedy. Both teams reached the top but four of Edward's lot were lost on the North Face. On this 150th anniversary year of that first ascent, Serge and Saul Busby will leave here on 4th September to attempt a similar conquest. The two dangers are fickle weather and too many climbers. Good way and fine conditions! S. and S. report in the October issue.



Your Village Shop is a vital social link for this small place. Give your support at the public meeting to be held on September 30th, Village Hall, 7.00 p.m. Your views are important. A loss of the activity of this tiny hub would be a deathly quiet in our midst.

Little Barningham

Fri 4 **Norman Lamb's Village Tour** - see page 21
 Sat 12 **NCT Sponsored Bike Ride**
 Sat 12 4.30pm **BBQ**



Jasmine Daniels, granddaughter of Mike and Pam Daniels, is definitely not content to rest on her laurels: a Duke of Edinburgh Gold Award, Grade eight for piano, and now the

proud possessor of all A's and A-star exam results. With these achievements she has gained entrance to Imperial College to study engineering. I think she deserves an accolade. VERY WELL DONE! We all wish you a happy and successful academic life over the next few years.

Due to unforeseeable circumstances the fête on the 23rd August had to be cancelled. We hope the next event, the barbecue on the 12th September at Laurel Farm at 4.30pm will be the usual success. Come and enjoy the burgers, sausages, buns, salads and desserts and – of course – the good company.

Congratulations to the working party who worked so hard to clear the rough grass and weeded areas around the church. This together with the grassed



Derek Wintle
570097



area so well kept by Barry Dennis, made OUR church a little gem for all to appreciate.

Next month I hope to include more information on Memories of Times Past re Little Barningham. If you have any pictures or information of how the village looked please give me a ring on 570097.

There used to be a television programme called *Have Gun, Will Travel*. Have God? Will we travel to the next all-benefice service at Matlaske? .

Matlaske

Fri 4 **Norman Lamb's Village Tour** - see page 21
 Sat 12 **NCT Sponsored Bike Ride**

100 Club

£25 D Linkhorn, £10 M Wiseman, £5 J Bartoft

Mrs Mary Hook would like to thank everyone for their cards and letters of sympathy on her recent bereavement.

Donny March would like to thank everyone for their cards and best wishes for his 90th birthday. He celebrated with a surprise party given by his wife, daughter and son-in-law.

Congratulations to Veronica on the birth of identical twin great grandsons.

After a morning of steady rain the sun finally came out in the afternoon for the Matlaske Fête. Thank you to all who came

and supported us, and a special 'thank you' to all the helpers and to Marion Shepherd who counted up all the pennies and 5p pieces at the end of the day! Thanks, too, to Thomas and Amelia Courtauld for hosting the event as usual in Barningham Park. Once again, Mrs Hook's attractive garden made a perfect setting for a cup of tea and a piece of home-made cake, and George Cushing provided an uplifting musical background. The final total came to £1,103.88, which will



Florence Hunt
577363

help pay for the repairs to the north roof of the church of St Peter, Matlaske, which is expected to cost £70,000.

Lost at Matlaske Fête from the cake stall, a melamine plate (35cm x 15cm) that had 10 plain buns on it, with butter cream icing. Telephone Freda, 577511.

Items reported at PC 12th August: gritting bin run over; recycling credits Jan-March 2015: £49.46; glass put in wastepaper bin; highway grants available - could be used for flashing lights. A date for your diary: the Christmas party will be held on Sunday 6th December. Invitations will be out in October.

Plumstead

Fri 4 **Norman Lamb's Village Tour** - see page 21
 Mon 7 7.00pm **Parish Council Meeting**
 Sat 12 **NCT Sponsored Bike Ride**
 Sun 20 3.00pm **Tea & Cakes** - Acorn and Oak Tree Cottages

A belated Happy Birthday to Frank Hebron - a man of a certain age....!



On Thursday 13th August, the Angels & Dragons family activity took place in Plumstead. The church rang with the sound of 14 children as they hunted for angels, in the roof, on the walls, in pictures and stained glass. Eighteen were found, which is not surprising as the church is dedicated to St Michael and All Angels! Cut-outs of angels were made and more hunting took place in the churchyard where sixty dragon stickers had been hidden. Children and parents joined together to sing two joyous songs of praise, in rounds, in a brief service at the end of the afternoon.

The wildflower meadow is now almost past its best and in accordance with good



management it will be cut and cleared very shortly. We are extremely grateful to Joe Hanks, who lives at Tudor Cottage, Church Street and who works for the Norfolk Wildlife Trust, for his generous offer to carry this task out without charge. Thereafter the meadow will be grazed by Roy Keesley's sheep until the end of the Autumn.

On Sunday 20th September instead of a coffee morning cakes and a chat over a cup of tea will take place in the driveways of Acorn and Oak Tree Cottages from 3.00pm - 4.30 pm - do come and join us - there will be a flyer coming through your door in due course to remind you.

Are you having a birthday party or are you celebrating an anniversary? Or just want to have a party? We can help ... PEG has recently acquired some new tables and along with chairs, mugs, glasses, marquee and a few other items we are now offering them for hire within the village at a very small charge. The cost will depend on how much you are borrowing. For further information and to make a booking, please contact Steve Price - 577236 or steveprice30@hotmail.com

Pre-Christmas Event - Friday December 18th - details to be announced.

Finally, just a reminder to you all. Please do let me know if you have any celebrations or stories you would like to share.



Mary Lintott
577718



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Saxthorpe with Corpusty

Fri 4

Sat 12

Wed 16 2.00pm

Wed 23 10.00am

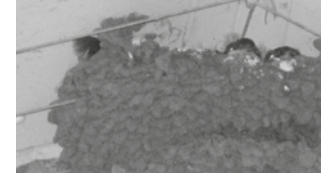
Norman Lamb's Village Tour - see page 21

NCT Sponsored Bike Ride

LinC 'Jerusalem' by Rev Marion Harrison

Macmillan Coffee Morning

Against all the odds, a pair of house martins has built a nest and successfully reared a brood of hungry chicks. The odds are wires,



purposefully placed in rows under the eaves of a home, to deter such nests. The

open beaks of the brood can be seen in the accompanying photo. The accumulation of waste products created by the parents as they carefully keep their nest clean, has to be side-stepped by humans walking underneath.

What an exciting afternoon was enjoyed by many including: parents (13) and children (16) in Plumstead Church. Looking at different parts of the building, making an angel, finding 19 angels in stained-glass windows, pictures, roof carvings, and then hunting for dragons in the churchyard. Wow! Thanks to Rev'd Brian Faulkner and his wife, Eleanor, the occasion brought together families from Plumstead, Melton Constable, Matlaske, Corpusty, Saxthorpe, Holt, Fakenham - and France! We enjoyed refreshments to complete the happy, engaging, inclusive, educational and fun time.

The Art & Craft Fair at St Andrew's Church, Saxthorpe was well attended and was a showcase for some very skillful hands.

Knitted goods, quilts, buttons, pendants, bas-relief figures and much more were in evidence. A

visiting bell-ringing team from far and wide including Lincolnshire and Yorkshire added to the



occasion. It was great to see St Andrew's church being used as a community building, as in days gone by, before the village hall or the pub were the meeting places. The space at the back of the church allowed refreshments to be enjoyed along with a 'mardle'. The photos show some of the craft goods and the bell-ringing team. It is often said that Norfolk has 'big skies', see cover photo to illustrate this, along with the harvest, safely gathered in.

Short Mat bowls return to Corpusty Village Hall, 2 - 4pm on Tuesdays. Ring Merlin Waterson (587610) for details of the Norfolk Churches Trust sponsored bike ride on Saturday 12th, or get sponsor forms from the back of St Andrew's Church. Families Together will meet in Corpusty Village Hall, 3.30-5.30 pm on Thursday September 17th. All families with children 5 years to 11 years are welcome. Bure Valley Quilters meet in the Corpusty Village Hall on the second and fourth Mondays of each month. There is a Macmillan Coffee Morning on Wednesday 23rd September, 10 - 12noon, at Corpusty Village Hall with raffle and refreshments.



Judith Banks
587319



M. A. SULLIVAN

FENCING SERVICES

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Breke House, 3 Norwich Road, Corpusty

Wickmere with Wolterton

Fri 4
Sat 12

Norman Lamb's Village Tour - see page 21
NCT Sponsored Bike Ride



Many congratulations to Lesley and John on their wedding on July 25th. They are a lovely couple

who have done and do so much for the village. Sending you both much love.

May I also apologise to Mia who reached the BIG 2 on July 3rd. Also, send good luck wishes to her big brother Harley, who starts school this September. Where has that time gone?! Well done to Robert and Billy Riches for achieving Grades 7 and 4 respectively in classical guitar, so much talent!

Good luck to Redmond Shaw making the big move to High School. Best wishes to Cameron who starts at Paston College. Best wishes also, to those returning to college or those within the village who are now moving into the working world. Time seems to have flown past from when these young people were photographed at the bus stop on their first day at High School.

At the time of writing we are waiting for the Village Rounders Match on Sunday 30th. As we are a Churchwarden down, Marion has volunteered to stand in. I'm sure she will

be briefed on the 'Wickmere Rules' that are attached to the yearly gathering.

The Churches Bike Ride is on Sept 12th. There are sponsor forms available in the church and also from Paddy for those wishing to walk, cycle or ride.

A reminder for those interested in possibly faster broadband: WiSpire could be the answer. For info, or to register interest here's the address again: <https://wispire.co.uk/registerinterest/>

The first day of electrical re-cycling in the village seemed to go well. There were many items left out for collection. A great idea, especially when you don't get time to take them to charity shops or the tip.



Helen Goulty
570043





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Love Food Hate Waste?

Could you be a local Love Food Hate Waste Champion? Norfolk County Council is calling on people to join a new network of volunteers who can help their friends, family and neighbours make their household budgets go further by cutting down on the amount of food they throw away.

The new Love Food Hate Waste Champions scheme is being set up because estimates show that the country's households bin a staggering 4.2 million tonnes of food that could have been eaten each year, and costing the average family with children £700 a year. That money could instead be freed up to help towards the costs of running their homes, or cars, or even paying for a bargain holiday. And reducing the amount of food we throw away also helps keeps down the county's waste disposal bill for Norfolk council taxpayers.

Volunteers will be given training to give them the know-how, tools and equipment to help them pass on advice to people they know in their communities for making small practical changes to the way they manage the food they buy, and which could bring big benefits to their purses and wallets. It will also give Champions information about the issues around food waste.

Anyone over the age 18 can join the scheme and take part in the training course on 26 September 2015 in Norwich. In return, volunteers will be asked to spend 30 hours of their own time each year, promoting and supporting Love Food Hate Waste.

If you would like more information or are interested in becoming a Love Food Hate Waste Champion, please email lovefoodhatewaste@norfolk.gov.uk or call Norfolk County Council on 0344 800 8020.

Arts News

Hempstead Arts 5th & 6th Sept

Affordable art for all! Everyone welcome; drinks and food available, lucky dip, raffle. Don't miss it!

Calling all Musicians

Are there any musicians in the ten parishes who would like an opportunity to play in a home-grown concert at Plumstead church? This is just at the idea stage at the moment, but it would help to know if there is anyone who would like to take part in such a concert. Please contact Eleanor Faulkner on 577868 or by email.

Norfolk Wildlife Trust, Cley Marshes

Birds of North Norfolk - Photography Exhibition by Frank Woodside 9th – 22nd Sept

Open Art - Meet Local Artists 13th Sept, 11.00am – 3.00pm

Living on a Heap of Stones - Poetry & Photography Exhibition by Bob Ward 23rd Sept – 6th Oct

Creating a Scene - Textiles Workshop 26th Sept 10.30am – 3.30pm Suitable for beginners onwards. Cost: £21 NWT members, others £25. Booking essential - 01263 740008.

Note from the editor: could you be our Arts Correspondent? We are looking for someone to gather information about upcoming local and nearby events and to write reviews of some of them. Please email me (mjmcm25@gmail.com) if you are interested.

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Village Gardeners



Gardening can be very rewarding. To look
at a colourful neat flower bed is always
a pleasure, and the flavour of a meal of
freshly picked vegetables is unbeatable.
Unfortunately there are many things that
can go wrong, and the challenge each year
is to find a way to prevent the same thing
happening again.

This year the cucumbers cropped
prolifically early on, but the leaves have now
developed brown blotches between the veins.
This is caused by bacteria and is called angular
leaf spot. There is no real cure apart from
removing the dead leaves and keeping the
foliage dry. As the disease can persist for two
years I will grow the cucumbers in a different
place next year. Strawberries also suffer from
this disease.

The tomatoes have been excellent, apart
from two plants where the fruit has split. This
is caused by uneven watering.

Challenges from animals eating the plants
mean that our garden is a giant covering of
netting and fleece. Blackbirds have worked
their way through the cherries, strawberries
and raspberries, and are now after the
tomatoes. Mice have eaten the carrots,
beetroot and tomatoes, pigeons and rabbits
must be kept out of the winter greens, and
deer will nibble just about anything!! The
plus side of this was that the radishes were
planted under fleece alongside the carrots and
this prevented the insect which attacks them
making the horrible brown holes. So I will
continue with this to get lovely large clean
radishes.

The early potatoes were good but the
second crop was grown on peaty soil. After
the heavy rain we had a month ago the baulks
were full of water, which has caused the
potatoes to rot. I shall find somewhere else to
grow them next year.

The flower garden took a battering from
the high winds in July and spoilt some of the
taller plants. After a visit to Felbrigg Hall
walled garden, we saw how some simple
willow plant supports were used to really
good effect. We shall be trying this next year.
Good luck and enjoy the gardening.

Peter Eglington

Norman Lamb's Annual Village Visits

This is your chance to speak with your MP face to face. No appointment is necessary; just turn
up to discuss any issues that are of particular concern to you.

Friday 4th September

3.40 Baconsthorpe - outside the Post Office (house) by the post box

4.10 Edgefield - outside the Village Hall

6.40 Corpusty - at the Parish Noticeboard on the Village Green



Newsletter Team

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mjmc25@gmail.com

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Priest-in-Charge

Rev Marion Harrison 587977
Itteringham Rectory, The Street
Itteringham NR11 7AX
marion681@btinternet.com

Honorary Assistant Curate

Rev Brian Faulkner 577868
Oaktree Cottage, Cherry Tree Rd
Plumstead NR11 7LQ
briantfaulkner@btinternet.com

Lay Reader Gill Peat 734226
AWA Judy Rosser

Church Wardens

Baconsthorpe	Tessa McCosh	577611
Barningham Winter	Amelia Courtauld	577250
Edgefield	Emma Cletheroe	587279
	Angela Turner	587292
Hempstead	Ann Udale	713656
	Su Summers	710702
Itteringham	Ray Covell	587659
	Derek Turnbull	587259
Little Barningham	Pamela Daniels	577436
	Michael Daniels	577436
Matlaske	Thomas Courtauld	577250
Plumstead	Eleanor Faulkner	577868
Saxthorpe	Merlin Waterson	587610
	Heather Monks	587118
Wickmere	Tony Hurn	577309



Village Correspondents

Baconsthorpe	Ro Hardingham	577262
Barningham Winter	Sara Buxton	577207
Edgefield	Richard Peaver	587486
Hempstead	Sharon Hannah	711769
Itteringham	Eric Goodman	587278
Little Barningham	Derek Wintle	570097
Matlaske	Florence Hunt	577363
Plumstead	Mary Lintott	577718
Saxthorpe & Corpusty	Judith Banks	587319
Wickmere & Wolterton	Helen Goulty	570043



Parish Council Chairs

Baconsthorpe	Jonathan Cooper	577527
Edgefield	John Seymour	587504
Hempstead	Paul Sanders	713217
Itteringham	Jimmy Fowell	587356
Lt Barningham	Harry Betts	577640
Matlaske & Barningham	Sara Buxton	577207
Plumstead	Alastair Brown	577447
Saxthorpe & Corpusty	Imogen Waterson	587610
Wickmere	Leslie Ash	577566

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Meet the Neighbours - Annabel Grey



Google the website of Annabel Grey and you enter a world of captivating beauty. Annabel, who lives in a cottage with a secret garden near the pub in Corpusty and who can often be seen walking her beloved dog through the village, is a textile designer. She designs fabrics for curtains and blinds and colourful oil cloth, as well as upholstery and cushions and a variety of bags and tea towels, among many other items. Everything is made in the UK. The fabrics are digitally printed and the tea towels are screen printed.

Annabel came to Norfolk to work on Voewood when it was being restored. She chose the colours of the rooms and painted some of the curtains and walls, made the mosaics and bought bits of china and furniture. Subsequently she came up with the look and colour scheme at the Wiveton Café and made the shell mosaics around the doors. She also helped with the interiors of the holiday cottages. She is now working on The Dial House in Reepham: eight bedrooms are being added, each with a theme - a Paris

garret, the Indian Raj, for instance - and she is choosing the colours and fabrics for bedspreads and cushions. She spends one day a week at the Verandah shop in Bull Street, Holt, a collective of Norfolk-based designers.

Annabel trained in Manchester and the Royal College of Art. Later she was commissioned to design the murals for two London underground stations - Marble Arch and Finsbury Park. Marble Arch consists of 17 different murals. Each mural is 12 ft x 10ft and is made up of 9 panels of vitreous enamel on steel sheets.

Annabel spent 22 months working in a sign factory in South London. Each colour was hand sprayed by her, etched when dry and then fired before adding the next colour and repeating the process. Each panel required at least 10 separate firings.

At Finsbury Park the theme is a series of large hot air balloons made in mosaic.

It is a pleasure to walk through both stations.

Brian MacArthur