

Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead
Matlaske • Plumstead • Saxthorpe with Corpusty

June 2019



Edgefest IV - Saturday June 29th
Photograph by Lizzie Harrison

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Next editorial meeting TBC

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www.churchandvillagenews.org.uk

Parish Council Chairs

Baconthorpe	Jonathan Cooper	577527
Edgefield	John Seymour	587504
Hempstead	Paul Sanders	713217
Matlaske & Barningham	Sara Buxton	577207
Plumstead	Nick Fulford	577433
Saxthorpe & Corpusty	Imogen Waterson	587610

Parish Council Websites or Email Addresses

Baconthorpe	http://baconsthorpepc.wixsite.com/baconsthorpepc
Edgefield	http://edgefieldnorfolk.co.uk/the-parish-council.shtml
Hempstead	hempsteadpc@gmail.com
Matlaske & Barningham	http://matlaskeparishcouncil.norfolkparishes.gov.uk
Plumstead	http://plumsteadparishcouncil.norfolkparishes.gov.uk
Saxthorpe & Corpusty	https://corpustyandsaxthorpeparishcouncil.wordpress.com

Local MP

Rt Hon Norman Lamb MP
Unit 4, The Garden Centre
Nursery Drive, Norwich Road
North Walsham, NR28 0DR
norman.lamb.mp@parliament.uk
<http://www.normanlamb.org.uk/>
Office hours are Monday - Friday 9am – 5pm
01692 403752 daily between 10am – 1.30pm

County Councillor

Steffan Aquarone
steffan.aquarone.cllr@norfolk.gov.uk
01603 327827

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Saxthorpe & Corpusty saxthorpecastle@gmail.com	Sophia Hodgson 587510

District Councillors

Corpusty, Edgefield, Saxthorpe

Andrew Brown 587250 / 07745 907774
andrew.brown@north-norfolk.gov.uk

Baconthorpe, Hempstead, Matlaske & Barningham, Plumstead

Dr Pierre Bütikofer 838306
Pierre.Butikofer@north-norfolk.gov.uk

Church People

Rector Revd Canon David Longe	577252
Assistant Priest PTO Revd Brian Faulkner	577868
Lay Minister Gill Peat	734226
Lay Minister Judy Rosser	587584
Church Wardens	
Baconthorpe	Tessa McCosh 577611
	Harry Steel 07711 890360
Barningham Winter	Amelia Courtauld 577250
Edgefield	Emma Cletheroe 587049
	Angela Turner 587292
Hempstead	Ann Udale 713656
	Su Summers 710702
Matlaske	Thomas Courtauld 577250
Plumstead	Eleanor Faulkner 577868
Saxthorpe	Judith Banks 587319
	Cathy Stern 587014

What's On

JUNE

Fri 14	6.00pm	Plumstead Late Fête	Church Farmhouse
Sat 22	11.00am	Edgefield Open Gardens - until 6pm	Around the Village
Sat 23	11.00am	Edgefield Open Gardens - until 6pm	Around the Village
Sat 29	10.00am	Corpusty Exhibition of Icons	St Peter's Church
Sat 29	2.30pm	Corpusty Church Patronal Festival Service	St Peter's Church
Sat 29	6.00pm	Edgefield - Edgefest 4	Village Hall

JULY

Wed 10	10.00am	Matlaske Coffee Morning	
Wed 10	10.00am	Matlaske Coffee Morning	
Sun 14	12.00noon	Hempstead EACH Nook Appeal Lunch	Village Hall
Sun 21	5.00pm	Matlaske Evensong & BBQ	St Peter's Church & Matlaske Rectory
Sat 27	2.00pm	Matlaske Fête	Entrance to Barningham Hall

Clash Diary

Aug 4	Hempstead Fête	Oct 6	Benefice Jerusalem Talk
Aug 17	Baconsthorpe Fête	Nov 11	Baconsthorpe PC meeting
Aug 31	Hempstead Arts	Dec 7	Hempstead Christmas Party
Sep 1	Hempstead Arts	Dec 7	Edgefield Festive Event
Sep 2	Plumstead PC Meeting	Dec 8	Matlaske Christmas Party
Sep 16	Baconsthorpe PC meeting	Dec 9	Plumstead PC Meeting
Oct 4	Matlaske Quiz	Dec 15	Baconsthorpe Christmas Party
Oct 5	Edgefield Bingo	Dec 21	Matlaske Sing-Along

If you are arranging an event please check with Corinne Youngs that there is not already an event being held that day.

577263 / corinne@avyoungs.com

Further Afield

Angels, Monsters, Life & Art in Mediaeval North Norfolk

A Closer Look At Carvings In Local Mediaeval Churches

A talk by Sarah Cassell - Associate Tutor in Art History, UEA

Thursday 6 June 7.30pm All Saints Church, Briston Entry FREE

The Briston Mystery Play

A Modern Twist on a Medieval Drama

Thurs 27, Fri 28, Sat 29 June 7.30 pm All Saints Church, Briston Interval Bar

Tickets: £6 on door, or £5/£3 (under 25s & on benefits) in advance from

H V Graves Butchers or Charlie Dearden 07932334563/casma5346@icloud.com

Regular Village Hall Events

BACONSTHORPE

Tuesday during term time	10.00am - 12noon	Church Mice Play Group
Tuesday	7.30pm - 9.30pm	Carpet Bowls - 711320
Last Friday	6.00pm - 11.00pm	Pop-Up Pub

CORPUSTY

Second and fourth Monday	2.00pm - 4.00pm	Bure Valley Quilters & Stitchers
Tuesdays during term time	5.45pm - 7.15pm	Brownies
Second Tuesday	10.00am - 12noon	North Norfolk Knitters Rita Taylor 587507 k2togp1@btinternet.com
First and third Thursday	10.00am - 12noon	Art Group Rita Taylor 587507 k2togp1@btinternet.com
Friday during term time	9.30am - 11.30am	Toddler Group

EDGEFIELD

Third Monday	7.00pm	Parish Council Meeting
First Tuesday	2.30pm	Tuesday Club
Second Wednesday	2.00pm	Ladies Club
Last Thursday	10.30am	Coffee Morning

HEMPSTEAD

First Monday alternate months	7.30pm	Parish Council Meeting
Tuesday	10.00am	Charcoal Drawing £4 - Mike Thody 711282
First Wednesday - bi-monthly	7.30pm	Play Reading Group
Third Wednesday	7.30pm	Film Club
First Friday	10.30am	Coffee & Gossip

Mobile Library Van

6 June / 4 July / 1 Aug / 29 Aug

Matlaske	11.40	NR11 7AQ	Old Post Office
Plumstead	12.25	NR11 7LG	Walnut Farm
Hempstead	3.40	NR25 6TL	Telephone kiosk
Baconsthorpe	4.05	NR25 6LE	Hare & Hounds
	4.20	NR25 6LG	Old Post Office
	4.40	NR25 6LJ	Council Bungalows

13 June / 11 July / 8 Aug / 5 Sep

Saxthorpe	4.10	NR11 7BL	Old Post Office
Corpusty	2.45	NR11 6QP	School
	3.40	NR11 7BU	Great Farm Cott's
	4.30	NR11 6QJ	Adams Lane
	4.50	NR11 6QL	16 Council Houses
Edgefield	1.55	NR24 2AL	The Memorial
	2.15	NR24 2AX	The Street

Please note that route times have changed and one of the stops in Corpusty has been stopped.

Post Offices

Baconsthorpe Village Hall

Tuesdays	1.00pm - 4.00pm
Fridays	10.00am - 1.00pm
All services	

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Holt Library

9 Church Street, Holt NR25 6BB	712202
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Fri 9.30am-6.00pm	

Disclaimer: The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

Letter from the Rector - Revd Canon David Longe

577252 / 07881 950294 / djhlonge@gmail.com

Dear All

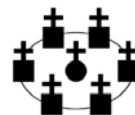
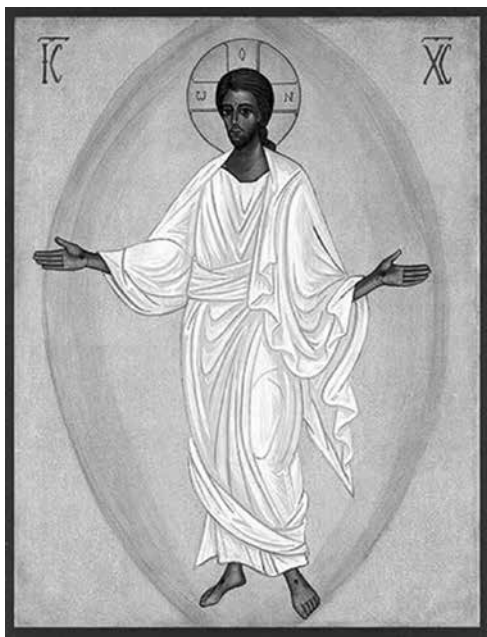
What makes a saint? We can quite easily say "so and so is a saint", often attributing to them qualities such as kindness, gentleness, generosity, patience. Within the church a life of holiness is revered: a life rooted in disciplined prayer radiating the love of God. Somehow, we do know when we are in the presence of someone who is saintly, as they seem to radiate this love, which touches us and others deeply. Mother Theresa is an obvious example, as she inspired millions with her work among the poor. Yet many saints are not publicly known, their work is humble, quiet, and Godly. Perhaps a quality of a saint is indeed humility.

Writing this in mid-May, I was struck by the death of someone who for many was considered a saint, and was certainly an inspiration. Jean Vanier, a Roman Catholic born in Geneva in 1928, founded L'Arche. L'Arche came about following a visit to the French town of Tosly Breuil, a centre for adults with intellectual disability. Vanier was inspired, and felt called, by God, to live with the poor as a family in the name of Jesus, and not just 'do good'. On visiting another community in France, he found 80 men with learning difficulties in an institute fit for only 40 people. With two of these residents he found a dilapidated house and formed L'Arche (the Ark), that became the home to countless 'fragile individuals' who may have been otherwise placed in an institution. Slowly his vision spread and L'Arche communities were set up by Anglicans and even a disciple of Ghandi visited Vanier and an inter-faith L'Arche was formed in Bangalore. For Vanier L'Arche was a place where people with a disability found for a 'real encounter' as they were valued, cherished and loved.

If you are in one of our churches during these weeks following Easter you will see a pink and purple candle lit; this candle was made by the L'Arche Community in South London. Its presence is a reminder that the light of Christ revealed in the mystery of the resurrection of Jesus at Easter is not for the few, but for the many. It points to a powerful image that whoever we are, wherever we may be, and whatever we may be encountering, we are equally loved, cherished and welcomed by God.

With my prayers and best wishes this Easter season,

David



The Benefice of Matlaske Church Services for June

2 nd Easter VII		
9.30	Eucharist	Baconsthorpe
11.00	Matins	Matlaske
9 th Pentecost (Whitsun)		
10.00	Eucharist	Barningham Winter
16 th Trinity Sunday		
9.30	Eucharist	Edgefield
11.00	Matins	Plumstead
23 rd 1 st Sunday after Trinity		
9.30	Eucharist	Hempstead
11.00	Matins	Baconsthorpe
29 th Saturday		
2.30	Evensong	Corpusty
30 th St Peter's Day		
9.30	Eucharist	Saxthorpe
3.00	Evensong with choir	North Barningham
7 th July Trinity III		
9.30	Eucharist	Barningham Winter
11.00	Eucharist	Edgefield

Eucharist Services

Saxthorpe 9am Wednesday 5th / 19th / 3rd July

Matlaske 10.30am Thursday - 27th June

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Baconsthorpe

Pop-up Pub - Friday 28th June - summer salad on the menu

Plant Sale

The plant sale in the Old Rectory made £1,500, a truly amazing amount for the church. This was the fifteenth plant sale organised by Tessa McCosh and in that time she has raised a total of £16,843. While Tessa will be the first to say it is only made possible by a lot of help from her friends in fact the major amount of work and responsibility falls on Tessa. She works tirelessly potting up plants throughout the year to ensure there is a fine selection of things to buy. She toils until her garden is weed free and looking its best so everyone can enjoy a stroll through it. Her kitchen and dining room have to be cleared to accommodate the bric-a-brac stall and coffees. This was the last Plant Sale in its present form and we cannot say a big enough thank you to Tessa for making all this possible.



Corinne Youngs
577263

Village Wine & Cheese Get Together

It was lovely to see so many people at this event. As a result, many new ideas were put forward for events in the village, too many to be finalised at this stage. So do keep watching this space. A couple of suggestions were a book club, a film night and more quizzes which we're looking to get off the ground.

Country Mice Play Group

The playgroup is looking for helpers in particular to read stories and do craft work with the children. If you are interested in helping please phone me on 577263.

Church Spring Clean & Churchyard Tidy



The request for help met with the most wonderful response. The churchyard and church were full of polishers, cleaners, trimmers, grave scrubbers, rakers and more. As a result, the church and church yard look absolutely wonderful and we cannot thank you all enough. We then enjoyed a barbeque in the sun.

Thank you so much to those members of the Parish who were able to turn out on Saturday to tidy up the churchyard and spring clean the inside of the church. Everyone worked

incredibly hard and their efforts are there for all to see. The church and its surroundings look magnificent. Our challenge now is to keep it this way! A thousand thank-yous - Baconsthorpe PCC.

An off shoot of this day is a plan to make a record of all the graves in the churchyard and their positions. If you interested in this project please contact Corinne on 577363.

Village Hall News

Another quiet but enjoyable month for the hall. We joined forces with the Parish Council and the Church to produce a very successful Cheese & Wine evening - detailed above. Hope springs eternal for the future of our hall.

Dates For Your Diary

Committee Meeting - Thursday 6th June - 7pm / Village Hall AGM Thursday 18th July at 7pm
Jumble Sale Friday 9th August at 7pm / Summer Fête Saturday 17th August at 2pm

Susan Belbin



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Barningham Winter

Patronal Service at St Peter, North Barningham on Sunday June 30th at 3pm

Come and join us for the Service! This will be the forty-eighth consecutive celebration of Petertide to be held in the church, in accordance with the promise made by Derek Palgrave to the Churches Conservation Trust, that, if they took the church under their protective wing, he would hold an annual service on the nearest Sunday to St Peter's Day within the church. Come, celebrate with us at Evensong. All of us at North Barningham look forward to seeing you there.



Sara Buxton

577207

Edgefield

Church News

Our main church money-raising event for this year is coming up, and we do so hope you can all come and enjoy the lovely gardens and support our efforts, AND bring your families and friends along. We shall shortly have raffle tickets to sell, and it would be splendid if any of you could take them to work and events where you could possibly sell some before the weekend? Would you like to help sell them on the day, here in the village?



Richard Peaver

587486

We have six gardens open this year, and the two lovely wildflower meadows. We are open from 11am to 6pm on Saturday 22nd and Sunday 23rd June, and there will be refreshments in the village hall, all day. The Plant Stall will be at The Old Rectory, and the Book Stall at the church. Tickets will be on sale in the village hall and £5 will cover both days. Children free. (Sorry, no dogs in the gardens.)

Angela Turner

Village Hall News

A reminder this month that Edgefest 4 is getting ever closer and tickets are already selling fast, so to ensure you enjoy what is always a great evening contact either Jim Frost on 587110 or Dawn Hulbert on 587379 to secure your tickets (at £10 each) for Saturday 29th June from 7.00pm.

Jim Frost

Large greenhouse FREE to take away from Baconsthorpe call Lillian Lambert 577476

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Hempstead

200 Club

£50 W Summers, £25 P Loach, £10 D Sanders, £5 D Lister, J Matthews, A Tyabji

Play Reading Group - Wednesday 5th June - 7.00pm Village Hall

The Play Reading Group meets 7pm for 7.30pm.

Coffee & Gossip - Friday 7th June - 10.30am Village Hall

Please join us for good coffee, cake and chat.

Hempstead Fête - Sunday 4th August

Our village fête is under threat. We have a lot of willing helpers on the day but we need people who are prepared to commit themselves in advance to help plan and share in the responsibility for the organisation of the event. If that commitment and help is not forthcoming it is difficult to envisage how the fête can continue. This would be a great shame. It is a valued community event and it gives pleasure to so many people. If you think you can help save the day please contact either Su Summers 710702 / su@linaria.co.uk or Yvette Gibson 712460 / yvettegibson@pondhills.co.uk

Charity Lunch - Sunday 14th July - 12noon in aid of EACH Nook Appeal

A representative from EACH will be with us to talk about the project. This will be preceded by a service in the church to which you are warmly invited if you wish to come. Otherwise we will be pleased to see you at 12noon in the village hall. You will get a good meal in return for a generous donation to EACH. More details from Su 710702 (su@linaria.co.uk)



Sharon Hannah
711769

Matlaske

100 Club

£25 Jo Wylde, £10 Florence Hunt, £5 Tina Baynes

Quiz Night



Another great turnout for the first quiz of the year. Thank you to Thomas and Amelia for the use of The Old Stables. Thank you also to those that donated prizes for the raffle.



Marion Shepherd
577521

Fête

Our annual fête is approaching fast. Are you able to donate to any of the stalls? We would love to have books/Cds/DVDs (contact Paul on 577883) good quality bric-a-brac for Granny's Attic (contact Cherry on 577827), Tombola prizes (contact Sara on 577207) Raffle prizes (contact Marion on 577521) Wine for Wine and Water (contact Tina on 577521), Cakes for the cake stall and tea tent (contact Amelia on 577250). Please contact the stallholders if you are able to donate. All donations will be greatly appreciated. We still need volunteers to help put up the tents on Friday 26th July, please contact Steve on 577736 or Thomas on 577250 if you can help.

Get Well

We wish Jeremy Norman a speedy recovery after an accident at home which resulted in a stay in hospital.

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Plumstead

Benefice Coffee Morning



On a warm and sunny spring day, in Eileen Gibbon's pretty front garden, about twenty-five people came to share coffee and cake in aid of Christian Aid. With a raffle, sales of cakes and bric-a-brac and with several donations, £245 was raised. This will go to help reduce the very high number of maternal deaths in countries like Sierra Leone. Thank you to all those who came and supported this event.



Mary Lintott
577718

Parish Council

Please remember that the current Holt Chronicle can be picked up from the church. It is a wonderful read and gives all sorts of information and stories about our wonderful local town. Sadly, it would be discontinued if little interest is shown.

I know that I mention this frequently, but by June the Wildflower Meadow should be looking fantastic. Do go and visit it and if you find anything of interest let the Parish Council know. They put a great deal of effort and money into maintaining it and the pond (it's wonderful that the pondweed has disappeared!). Earlier in the season there was a significant amount of frog and toad spawn. There does not seem to be much evidence now. Maybe the heron has been at work. It would be useful if anyone has evidence of tadpoles, tiny frogs and toads that they let the PC know. Next year it might be necessary to take some precautionary measures!

Plumstead's Late Fête Friday 14th June 6 - 8 pm Church Farmhouse

Plans for the Late Fête are going well and we have had offers of help for which thank you. However, we would love items for the tombola, the cake stall, the plant stall (anything that you have potted up which can be sold), books and of course the inevitable bric-a-brac. I am sure that many of us have all sorts of things hidden away that can be passed on! Please contact Eleanor Faulkner 577868 or Mary/John Lintott 577718.

Please be aware that recently at least 3 members of our village had items stolen during the night by thieves. If you feel you can take extra security measures now might be a good moment to do so.

Saxthorpe with Corpusty

St Andrew's Church News

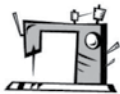
The Rector, Revd Canon David Longe, church wardens (elect) and the members of the Parochial Church Council (PCC) would like to thank Heather Monks (25 years in office), and Merlin Waterson (15 years) for their total commitment to the duties of Church Warden of St Andrew's Church, Saxthorpe. Their selfless giving of time, energy, insight, ideas and compassion to the people of not only Saxthorpe and Corpusty, but to the wider villages of the Benefice, has been exemplary. The same must be said of Anne Humphry, who for 25 years has been PCC Secretary,



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dealing with a myriad of documents from the Diocese of Norwich and beyond. Truly words are not enough to mark the retirement of these three stalwarts of Saxthorpe Church, but suffice it to say THANK YOU VERY MUCH FROM ALL WHOM YOU HAVE HELPED.

The new Church Wardens elected at the Annual Parochial Church Meeting are Judith Banks 587319 and Cathy Stern 567014.

On Easter Sunday David Longe consecrated the two new pews in the chancel. The first in memory of Simon Monks with thanks for his short life. The second pew was dedicated to the marriages of Julian and Sarah and Ben and Alice Waterson.

New District Councillor



Our new District Councillor is Andrew Brown, who organised our spring village litter pick. Andrew is the one on the right of the photograph. Andrew has asked me to pass on the following message: I am excited to be elected as your new councillor for the Stody Ward on the District Council which in part serves the Corpusty, Saxthorpe and Edgefield areas of the diocese. Thank you for all your valued support and please contact me on 587250 or 07745 907774 if you need any help with your council services.



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Parish Council

The newly elected Parish Council met for the first time on May 21st. We welcomed a new Councillor, Andrew Brown, but sadly said goodbye to our deputy Chairman, Graham Sinclair. He has served the Parish Council with enormous wisdom and diligence over several years and we will miss his input enormously. His knowledge of planning law has helped us make many informed decisions. Recently he gave a lot of time to sorting out various land ownership issues concerning the old village hall and land around the Community Centre. He also gave invaluable advice over the writing of the Neighbourhood Plan which is now an official part of the local planning process. Thank you, Graham, for all your time and effort.

St Peter's Church, Corpusty

After the wonderful exterior renovation of St Peter's Church Corpusty, there is a determination to improve its use this summer and ultimately refurbish the interior.

With the permission and sponsorship of The Norfolk Churches Trust there will be an Exhibition of Icons at the church from 28th June until 5th July. The exhibition is free and will open daily between 10.00am and 4.00pm. There will be a small charge to cover drinks at the opening reception of the exhibition on Friday evening 28th June at 6.30pm.

The annual Patronal Feast Service on the afternoon of Saturday 29th June at 2.30 pm is also an ideal time to see this wonderful work. It is planned that this service will be preceded by a picnic in the grounds, commencing at 1pm. For more details see the NCT website www.norfolkchurchestrust.org.uk

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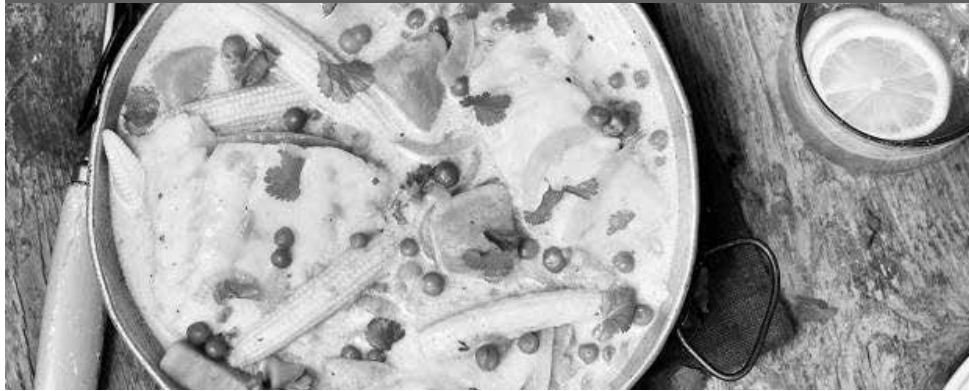
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Recipe of the Month



Sweet Potato & Cod Thai Curry

In a hurry but fancy a curry? Then use these frozen ingredients

- 2 tbsp oil
- 100g frozen chopped onions
- 1tsp frozen chopped ginger
- 2tbsp frozen Thai herbs
- 4 cook-from-frozen cod fillets
- 200g frozen sweet potato chunks
- 1 vegetable stock cube dissolved in 200ml water
- 130g baby sweetcorn, halved
- 100g frozen peas
- 400ml tin coconut milk
- 1tbsp fish sauce
- Juice of 1 lime
- chopped coriander or parsley to serve

Heat oil in pan and cook onions over medium heat for 5mins

Add ginger and Thai herbs and cook for further 2mins

Add cod, sweet potato chunks and stock to pan, stir, bring to boil and simmer for 10mins

Add baby corn, peas, coconut milk and fish sauce, stir well and bring back to a simmer

Cover, reduce heat to barely simmering, and cook for 15mins

Check that cod is cooked and sweet potato is tender

Stir in lime juice, serve with rice and sprinkle coriander/parsley on top

Marion Shepherd


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The Village Gardener

To Plant a Garden is to Believe in Tomorrow



At last we are (I hope) in early summer! Beautiful June, another favourite month of mine. Now that frost poses no risk, it's a good time to plant out runner bean plants along with any outdoor tomato plants. Other veg that need attention in the garden are potatoes, ensure they are mounded up to ensure a good crop. Courgette plants need planting out too; you could try setting them in a little raised moat so they get a good soak when you water them. Finally, it's warm enough to grow pak choi and Chinese cabbages and edamame beans: oriental veg is the latest craze to hit our veg patch, an exciting new development! It's also the first year we have grown lemongrass from seed, too (a success so far). However, I would be interested in hearing from anyone that has got ginger rhizome to sprout, as so far ours has proved reluctant! Finally, do remember to peg down new strawberry runners in pots to keep your supply of strawberry plants vital. Remember, strawberries are less productive after three years, so it's helpful to be organised and keep a continual supply of plants rolling.

Derby Day traditionally is the day to cut your box trees, which means they will be smart for the summer. Any earlier and you risk frost damage. A good tip is to spray them with water before cutting them, and never cut in full sun as this will scorch them (spraying them with water will also help prevent damage from scorching). Also make sure your clippers are really sharp. A sharp cut means less surface area damage. Make sure you give the box a good feed afterwards to help them recover. Whilst I am always pro composting, never compost box clippings as they can spread box blight, a sadness you do not want in your garden. If, however, you have been unlucky enough to have had box blight, then an alternative I have heard good reports about is *Euonymus Japonicus*, a similar looking plant to box and it (hurrah!) is not susceptible to blight.

Finally, this month's question which was sent in by Ian Matthews, who asks what causes the tiny little holes in his salad rocket leaves? Well Ian, they are caused by flea beetles and the best way to stop that happening is to keep the plants covered in fleece.

Do keep the questions coming in! Email me at redmapple@btinternet as ever the most interesting question will be published next month.

Mick McCarter