# Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead Matlaske • Plumstead • Saxthorpe with Corpusty

September 2017



Barningham Winter Church Restoration
Norman Allen



# POLICE CONNECT Keeping you informed, keeping your community safe

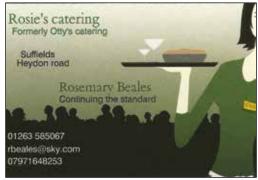
Please share this with as many people as possible and let your family and neighbours know if they don't have access to Social Media.

Officers are reminding Norfolk residents to be vigilant following a further cold caller incident on Wednesday 16 August. The victim has been called by a male purporting to be a "DCI Jack Wells" from Scotland Yard Police and has demanded she withdraw a large amount of cash from banks in Acle and Wroxham. The male then stated that someone would come and meet her afterwards to collect the money. The warning comes after previous calls received by a number of residents in the Norwich, Great Yarmouth, Gorleston and Potter Heigham areas.

Police are urging members of the public to be vigilant when dealing with cold callers and that genuine police officers/staff would never approach residents in this manner or ask them to withdraw money.

Anyone with concerns about such calls should contact Norfolk Police on the non-emergency number 101 or 999 if a crime is in progress. Alternatively, contact Action Fraud on 0300 123 2040.







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### Newsletter Team

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#### Parish Council Chairs

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Edgefield	John Seymour	587504
Hempstead	Paul Sanders	713217
Matlaske & Barningham	Sara Buxton	577207
Plumstead	Alastair Brown	577447
Saxthorpe & Corpusty	Imogen Waterson	587610

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### **District Councilors**

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georgie.perry-warnes@north-norfolk.gov.uk

Matlaske & Barningham

Michael Knowles 825995 mike.knowles@north-norfolk.gov.uk

# Parish Council Websites or Email Addresses

Baconsthorpe http://baconsthorpeparishcouncil.norfolkparishes.gov.uk Edgefield http://edgefieldnorfolk.co.uk/theparishcouncil.shtml

Hempstead hempsteadpc@gmail.com Matlaske & Barningham s.m.buxton@hotmail.co.uk

Plumstead http://plumsteadparishcouncil.norfolkparishes.gov.uk Saxthorpe & Corpusty https://corpustyandsaxthorpeparishcouncil.wordpress.com

**Disclaimer:** The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

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# What's On

# **SEPTEMBER**

Fri 1	3.40pm	Norman Lamb MP Village Tour	Baconsthorpe Old Post Office
Sat 2-3	10.00am	Hempstead Arts	Village Hall
Fri 8	7.00pm	Plumstead Harvest Supper	Hempstead Village Hall
Sat 9	10.00am	Norfolk Churches Trust Bike Ride	All Churches
Sat 9	7.00pm	<b>Baconsthorpe Parish Council Mee</b>	ting Village Hall
Mon 11	7.00pm	Baconsthorpe 40s Evening	Village Hall
Wed 13	7.30pm	Matlaske Parish Council Meeting	St Peter's Church
Sat 16	10.00am	Corpusty Fashion & Textile Show	The Old Workshop Gallery
Mon 18	7.00pm	Plumstead Parish Council Meeting	<u> </u>
Wed 20	2.00pm	Corpusty LinC visit to Ferndale Fa	rm Cheeses Tea @ Quarndon
Thur 21	3.30pm	Corpusty Families Together	Village Hall
Thur 21	7.00pm	Baconsthorpe Village Hall Commi	ttee Meeting Village Hall
Fri 22	7.30pm	Baconsthorpe Chandler Green	Village Hall
Sat 23	10.00am	Saxthorpe Church Gift Day	St Andrew's Church
Sun 24	11.00am	Saxthorpe Harvest Festival Service	St Andrew's Church
Sun 24	6.00pm	Edgefield Harvest Festival Service	Church

# **OCTOBER**

Fri 6	7.00pm	Matlaske Quiz	Barningham Hall
Fri 13	7.00pm	Hempstead Quiz	Village Hall
Sat 14	7.00pm	Edgefield Village Life	Village Hall
Wed 18	2.00pm	Corpusty LinC Stained Glass Demo	Tea @ Quarndon
Thur 19	3.30pm	Corpusty Families Together	Village Hall
Wed 25	7.00pm	Baconsthorpe Quiz	Village Hall

# Clash Diary

Dec 3	Matlaske Christmas Party
4	Plumstead PC Meeting

5 Barningham Wreath Making

If you are arranging an event please e-mail Corinne Youngs:

577263 / corinne@avyoungs.com to check that there is not already an event being held on the same day. This will help prevent any clashes.

# Regular Village Hall Events

# **BACONSTHORPE**

Tuesday during term time	10.00am - 12noon	<b>Diocesan Play Van</b> - 07918 027092
Tuesday	7.30pm - 9.30pm	Carpet Bowls - 711320
First Thursday	12noon	Soup & Cake
Last Friday	6.00pm - 11.00pm	Pop-Up Pub

#### **CORPUSTY**

	00242	
Second and fourth Monday	2.00pm - 4.00pm	Bure Valley Quilters & Stitchers
Tuesdays during term time	5.45pm - 7.15pm	Brownies
Second Tuesday	10.00am - 12noon	North Norfolk Knitters
		Rita Taylor 587507 K2togp1@btinternet.com
First and third Thursday	10.00am - 12noon	Art Group Non-members £10 a session
		Professional artist in attendance every 3rd week
Friday during term time	9.30am - 11.30am	Toddler Group

# **EDGEFIELD**

Third Monday	7.00pm	Parish Council Meeting
First Tuesday	2.00pm	Tuesday Club
Second Wednesday	2.00pm	Ladies Club
Last Thursday	10.30am	Coffee Morning - Jeff Witts 587661

# **HEMPSTEAD**

Tuesday	10.00am	<b>Charcoal Drawing</b> £4 - Mike Thody 711282
Third Wednesday (not Dec)	7.30pm	Film Club

# Mobile Library Van

28 Sep / 26 Oct / 23 Nov / 21 Dec / 18 Jan					
Matlaske	12.30	NR11 7AQ	Old Post Office		
Plumstead	1.15	NR11 7LG	Walnut Farm		
Baconsthorpe	2.45	NR25 6LJ	Council Bungalows		
•	4.10	NR25 6LG	Old Post Office		
Hempstead	3.20	NR25 6LE	Hare & Hounds		
-	3.40	NR25 6TL	Telephone kiosk		
14 Sep / 12 C	ct / 9	Nov / 7 De	ec / 4 Jan		
Saxthorpe	11.50	NR11 7BL	Old Post Office		
Corpusty	12.10	NR11 6QP	School		
	12.40	NR11 7BU	Great Farm Cott's		
	2.00	NR11 6QJ	Adams Lane		
	2.15	NR11 6QL	3 Council Houses		
	2.30	NR11 6QL	16 Council Houses		
Edgefield	3.15	NR24 2AX	The Street		
~	3.40	NR24 2AL	The Memorial		

# Post Offices

Baconsthorpe	Village Hall
Tuesdays	$1.00 \mathrm{pm} - 4.00 \mathrm{p}$

Fridays 10.00am – 1.00pm

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# Reflection

The months have slipped by and now we are greeting the month of September, heralding the 'season of mists and mellow fruitfulness', the entry into autumn and thoughts of harvest. Hopefully, we will have enjoyed a time of relaxation during August, taking a step back from our usual activities.

September is a lovely month, showing the countryside in glorious autumn colours as the seasons change. September too, is a new beginning for many. For the young a new school year begins. For some, their first days at school. Others will be changing classes and teachers; the older 'teens beginning college or university. A time of new beginnings, new challenges. But not just for the young! For many of us adults, September seems to bring a new eagerness to learn new skills. To become more adept at the ones we already have, and to perhaps join a new group. Through all these new activities we expand our knowledge and meet new people. New beginnings bring new opportunities to our lives.

Our church lives will have much to encounter in the next months. Harvest, Remembrance, All Souls, Advent and Christmas. With the fresh eagerness of September, perhaps now is also a time to consider a new look at our spiritual life. A new exploration of our faith. Psalm 51 v10 says 'Create in me a clean (new) heart, O God, and renew a steadfast spirit within me'. September can be a special time of union with our Creator God as we experience the autumnal beauty of his creation and share with nature the bounty of the hedgerows. Perhaps this special union with our God will inspire our thirst for more!

September: a time for new beginnings. One lady for whom this will be true, is Judy Rosser as she is licensed as a Lay Minister in Norwich Cathedral on September 2<sup>nd</sup>. We wish her every blessing, and may God bless too, our own 'new beginnings' this September.

Gill Peat, Lay Minister



The Street, Matlaske

# **Church Services for September**

		*	
3 <sup>rd</sup> Per	ntecost 13		
9.15 10.45	Holy Communion $CWTL$ Holy Communion	Edgefield Plumstead	
10 <sup>th</sup> Per	ntecost 14		
9.15 10.45 11.00	Holy Communion <i>CW</i> Holy Communion <i>BCP</i> Morning Prayer	Baconsthorpe North Barningham Saxthorpe	
17 <sup>th</sup> Per	ntecost 15		
9.15 10.45	Holy Communion <i>CW TL</i> Holy Communion <i>BCP</i>	Hempstead Matlaske	
24th Per	ntecost 16		
10.45 18.00	Benefice Harvest Evensong & Harvest Supper	Saxthorpe Edgefield	
1st Pentecost 17			
9.15 10.45 11.00	Holy Communion <i>BCP</i> Holy Communion <i>CW TL</i> Morning Prayer	Baconsthorpe Edgefield Plumstead	

CW = Common Worship

BCP = Book of Common Prayer TL = Traditional Language

Holy Communion Services Wednesdays 9am Saxthorpe 6th & 20th /Little Barningham 13th & 27th

734226

# **Church People**

Lay Minister Gill Peat

AWA Judy Rosser (Lay Minister in Training)			
Church Wardens			
Baconsthorpe	Tessa McCosh	577611	
Barningham Winter	Amelia Courtauld	577250	
Edgefield	Emma Cletheroe	587049	
	Angela Turner	587292	
Hempstead	Ann Udale	713656	
	Su Summers	710702	
Matlaske	Thomas Courtauld	577250	
Plumstead	Eleanor Faulkner	577868	
Saxthorpe	Merlin Waterson	587610	

Heather Monks

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briston.vicarage@gmail.com

churchwardens in the first instance

587118

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# Baconsthorpe

# Congratulations

To Jim and Cheryl Stuart from Stonefield Road who got engaged 18 ½ years ago, bought the wedding rings 10 years ago and were married on 1st August at Lochgoilhead in Scotland! Best wishes to you both for a very happy future together.



577263

#### Welcome

To Harry and Delphine Steel, who with William, Alexander and Constance, have moved into Baconsthorpe Manor. Welcome to the village and we wish you every happiness in your new home.

# Coffee & Gossip

The coffee and gossip had its annual summer outing to Baconsthorpe. As a result I was able to give the Cromer Hospital Dialysis Ward £100 – thank you so much for your generous support.

#### Church Bike Ride

This takes place on Saturday 9th September and this year in particular, following the theft of lead valued at around £100,000 from the church roof, the church needs your support. With this in mind please bike, walk, or drive round some of our beautiful local churches or simply 'man' the church for an hour and raise some desperately needed cash for St Mary's Baconsthorpe.

# Pop-up Pub

The next Pop-Up Pub will be Friday 29th September - supper will be Fish & Chips from Mac's Plaice.

#### Parish Council

The next parish council meeting will be on Monday 11th September at 7pm in the Village Hall.

## Village Hall News & Dates for your Diary

Well, we hope you like the Village Hall make-over. Apologies for the inconvenience caused however we trust you will agree, it was worth it. Sincere thanks to all the volunteers who made it possible - with special thanks to a certain trio - you know who you are! Thank you to Jonathan Cooper for the loan of equipment which enabled the moving of ovens, dishwashers, fridges et al. The Village Hall would also like to thank Emma Youngs - not just for her painting skills, but for the very generous donation of £600 from monies raised at the Fête plus £82.03p towards a Christmas Party/Event. Great selection of jumble donated - thank you - will report back after the sale.

40s EVENING - Saturday 9th September 7-10.00pm. Two course dinner -£10 per person. 40s dress optional. Booking essential on 01263 577315 Admission by ticket only. Bring your own drinks. Prizes and a raffle.

CHANDLER GREEN - Friday 22<sup>nd</sup> September at 7.30pm. £7 pre-booked or £8 on the door. Refreshments available.

QUIZ NIGHT- Wednesday 25th October at 7.30pm. Once again booking essential. To reserve a table please call Emma on 07884 432412.

MEMORY JOG - Next Village Hall Committee Meeting is on Thursday 21st September at 7pm. Susan Belbin

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# Barningham Winter



Thank you to everyone who helped out at the Matlaske and Barningham fête. Huge congratulations to Julian Castle-Smith of North Barningham for winning the Mary Hook cup for being the 'best producer' in the produce event. A great achievement, and what an enjoyable afternoon was had by everyone.



Sara Buxton 577207

The work at St Mary's Church is still underway and we look forward to when it is all finished and the little church will, once the scaffolding is down, stand prettily in the park. Thanks to Mrs Chuffy de-Bunsen and Mrs Amelia Courtauld for all the hours they have been putting in to make this project run smoothly.

Harvest is nearly all gathered in between the showers (thank goodness!) but still be aware of all the big tractors and trailers on our small roads. Thank you to all those that show patience to the drivers of these machines – it is often very difficult to reverse the big trailers to the nearest passing place, so your consideration is much appreciated.

# Edgefield

#### **Church News**

It was great to see the church so busy for Charlie Pointen's baptism. There were some incredibly good and quiet children with us, though Charlie made sure he dispatched any lurking devils while at the font! Everyone stayed on after for coffee, etc, and it was a very happy occasion.



Richard Peaver 587486

On 9<sup>th</sup> September, there is the annual Norfolk Churches Trust Cycle Ride, from 9am to 5pm. Do join in, and raise money for the Trust and our church. Alison

Mawson has all the necessary paperwork (she and Iain will be riding again) and she would be grateful to hear from anyone who will sit in the church for an hour during the day to sign the forms of those visiting our church on their ride. Her tel no is 587236.

In days gone by, the farmers in the hilly parts of Portugal had circular white pigeon cotes, amongst their beautifully terraced vineyards. This was so they could use the pigeon guano (droppings) as valuable manure on their vines. The area was too steep for cattle or sheep to provide manure. Now, is there anyone in Edgefield game to try this splendid resource? We shall shortly have some excellent pigeon guano from our old church tower, and it's all going for free! Do let me know if so tel 587292.

Our Harvest Festival will be on  $24^{th}$  September, at 6pm, followed by Harvest Supper in the church. All offers of vegetables, flowers, food and help, will be gratefully received! Do come and join this happy evening.

Angela Turner

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# Village Hall News

Edgefest 2 was a huge success, despite the inclement weather. 130 people heard Briston band Honky Tonk Rock play the night away and the dance floor was packed from beginning to end. We already have Edgefest 3 pencilled in for 30<sup>th</sup> June 2018, so watch this space. Our next event is "Village Life" at 6.30pm on Saturday 14<sup>th</sup> October. We will be showing films and photos from the collection of the late Joan Redding. Last year's event was very popular and we expect this year's will be too.

Iim Frost

# Hempstead

#### 200 Club

£50 M Thody, £25 Rose Carver, £10 P Quin, £5 N Tyabji, A Matthews, P Joseph



Congratulations to Daniel and Kayleigh Sanders on their beautiful wedding day back in July. Friends and family enjoyed the happy occasion with marriage at All Saints church followed by celebrations at Thursford Pavilion.



711769

Coffee & Gossip Friday  $8^{th}$  September from 10.30am.

# Hempstead Arts 2017

This is on September 2<sup>nd</sup> and 3<sup>rd</sup>, in the Village Hall, 10am to 5pm with free entry. Lots of lovely artwork from Norfolk artists (including artists from our group of villages), and a Pot Luck draw for donated items. Please

come for coffee, lunch or tea, or even all three - we shall be so glad to see you! Not to be missed...

# Don't Forget - Norfolk Churches Trust Cycle/Walk/Drive

On Saturday 9<sup>th</sup> September we need as many cyclists as possible to be riding, and as many others as possible to be sponsoring! Driving or walking are other options. Hempstead is such a generous village, and when the bottom is getting saddle sore, it's the list of sponsors on our check-in sheet which keeps us cyclists going. Sponsor forms available from Yvette Gibson or download from www.norfolkchurchestrust.org.uk/bike-ride/taking-part/

# Norman Lamb MP Village Tour

If you have any issues you would like to bring up with your MP, spend a few minutes talking to him on Friday 1st September at 3.40pm outside the Old Post Office in Baconsthorpe. He always does his best to help.

# Hempstead Fête 2017

The sun shone and the crowds came, and a very happy

relaxed and 'buzzy' afternoon was had by all. It was the culmination of a lot of work beforehand: a working party was conjured at short notice on the playing field to cut back the very overgrown

Hempstead Village Hall's

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Society

hedge so there was more usable room on the field, and on the Friday up went the tents. Helpers aged from 6 to?, emerged to work out the puzzle of all those poles, and miraculously, despite a bit of wind, all went home happy that everything fitted together. On Sunday morning, if you were passing, you would have seen trailer loads of tables, chairs, games, bric-a-brac and books leaving the village hall to be unloaded and distributed on the field. And so to the moment when everything was ready, there was a crowd at the gate, and at 2 o'clock we were ready and open. Have we seen so many dogs at the dog show before? We don't think so! And every one of them well behaved on the field until it was their turn to shine in the show which gave us such entertainment! Thank you, Corinne Youngs, with Tessa McCosh, for masterminding such fun. We are told the fête proceeds, which are divided equally between the Village Hall and the Church, amounted to £3,330, which must be a bit of a record. As always, the raffle contributes a third of the takings and we are grateful, once more, for the efforts of Robin Carver and all contributors of prizes. The stars of the show? Well, it seems to the 'village' that the stars are every single person who contributed in some way and are part of the enormous team that made it happen and so successfully. Hempstead is a very special place.

SS, YG and LB

Also: I have a selection of pretty plates etc upon which we received cakes for the teas at the fête. If you are missing one, please contact Su (710702). Thank you!

# **Dog Show Results**

Judges' Favourite: There were 28 entries making it very difficult to select a favourite but finally we decided on 1st: Lily, a border collie, 2nd: Buster, a cairn, and 3rd: George, a dachshund. Agility Test: With eight entries the 1st prize went to Bella, a cockerdoodle, 2nd to Lily the border collie and 3<sup>rd</sup> to George the dachshund. Well done to Lily and George who won prizes in both events! Corinne Youngs

# Matlaske

# 100 Club

£25 Jeremy Norman, £10 John Coulton, £5 Dottie Parker

### Matlaske Fête

Yet again the sun shone kindly on Matlaske for the annual fête and those attending commented that the new attractions added to the enjoyment of the afternoon. Marion Shepherd Once again in this delightful setting a fun time was had by all repaying the hard work put in by the volunteer stall holders, caterers and entertainers.

# 577521

#### 112 Number

Did you know that if you need to phone the emergency services from your mobile but don't have a signal you stand a better chance of getting through by dialling 112. This number will search all networks for a signal and prioritise the call if the network is busy. It can also be dialled from a locked mobile so there is no need to enter your PIN. These calls are free of charge.

## Plumstead

I heard a naturalist on the radio this week saying that we had reached the end of summer. In slight shock, I then noticed that the young swallows, who have not only been mistaking my front door for the barn door where they were hatched and flying around my kitchen, but also were lining up on the telegraph poles.



Mary Lintot 577718

A sure sign of Autumn around the corner. No doubt by the time you read this harvest will be almost completed and so... a reminder:

# Harvest Supper - Friday September 8<sup>th</sup> 7pm - Hempstead Village Hall

This is in aid of Church Funds. There will be a short film of harvest in the mid  $20^{\text{th}}$  Century - a far cry from today's mechanised affair. A short quiz with farming connections and a prize for the winning group. No need to come as a team - just come along and enjoy the evening. Of course, a delicious supper will be served! Tickets £7.50. Please be sure to ring Eleanor Faulkner 01263 577868 to book a place.

Eileen Gibbons and family wish to thank family, friends and neighbours for all the cards, letters, flowers, help and support after the loss of Mervyn. We were so grateful to you all. Michael Cartwright took a lovely service and we were delighted how many of you came. Thank you!

The Wildflower Meadow has been wonderful this year. There were a couple of orchids spotted which is very good news. The meadow will soon be cut, the grass and wildflowers removed for feed. The sheep will then come in to graze the grass over the Autumn and Winter and the cycle starts again. I wonder what delights there will be next year.

We say goodbye to the Bundock family Jonathan, Jiff, Josephine and Delilah who will eventually be living in Reepham once their building works are completed. Also to the Norris family Jonathan, SnaNaomi, Esther and Ada who have moved abroad. We wish them all well in their new homes and ventures.

Many congratulations to Benjie Stimpson who secured his place at Pembroke College Oxford to read Biology with 2A\*s and an A.

# Saxthorpe with Corpusty

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Sincere condolences are sent to the family of the late Mrs Hill of Little London, who has died at 94.

Children in our community, namely some of those living in Wickmere, Barningham, Edgefield, Plumstead or Matlaske, will return to school without the familiar face of their head teacher. Tina Casburn, who lives in Corpusty, has retired after almost 39 years in the teaching profession. Tina completed her final 12 years as head teacher of Aldborough School following a career that has been varied



Judith Banks 587319



but always in Norfolk. During an afternoon which paid special tribute to the passion, energy and commitment Tina had given the school community, Tina was able to thank the support and loyalty of the parents, governors, staff and children. From first hand, it can be said that the atmosphere at Aldborough School under Tina was one of a happy, progressive, and gently but firmly disciplined family unit. The children were very respectful and the staff very friendly and those attributes have come in part, from a dedicated Tina, receiving emails of staff illness or non-attendance at school at 6.30am!

I am sure she won't miss those, although she may miss the wonderful children and the enthusiastic staff. We wish Tina Casburn a happy and relaxing retirement. Mrs Alison Read from Bristol takes up the headship at Aldborough from September

The Old Station Café has proved a success again this year, by encouraging local residents and visitors to partake of some delicious refreshments, stop for a mardle, and raise funds. A wider

spread of advertisements enticed more to visit this summer holiday venture for two local charities, ADD- Norfolk and Maternal Mental Health, than last year. The Charles Clarke Classic Car Rally cheque, for £1800, was handed over to Andrea Bell on Sunday July 30th, at the Old Station Café (see photo). Again, music and children's activities provided great entertainment. Owing to a number of reasons, a smaller group of LinC members than usual very much enjoyed a buffet supper by kind invitation of Brian and



Heather Monks. The first course was consumed in the garden, but it was thought wise to have the puddings indoors because of a fall in the temperature.

Fun, games, surprises, sketches and much more were participated in by some twenty-three children and fourteen adult and junior helpers at 'Mega Makers Holiday Club', run in the Village Hall in the first week of the school holidays. The theme, to explain that God's love is big enough for everyone was brought to life by a Mega Machine made by Michael Daniels, of Little Barningham. The machine was fully mechanical with working parts, flashing lights, clonking gears, smoke and calibrated displays. Dough balls put in at one end came out as a loaf! Activities, all risk-assessed, included making bread and eating it the next day; feeding a partner ice cream, while being blindfolded; learning or practising throwing a yoyo; making the tallest tower out of spaghetti and marshmallows; wrapping an egg with various things and then dropping it from a tall ladder, (three out of four were unbroken); and much more. Heartfelt thanks go to the team of helpers whose enthusiasm and energy seemed to be never ending. A display of some of the fun will be in St Andrew's Church, Saxthorpe.

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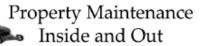
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### **Times Past**

# Edgefield in the 1850s

The parish seemed to be a complete kingdom – itself surrounded by its own ring fence. So self-contained was the parish that many things of daily use were made in the parish – a mill ground the flour, shoemakers made boots, carpenters made implements, blacksmiths did the iron work, a farm produced meat, milk, eggs, etc, women's needles and knitting made most of the clothes, and in one house a weaving loom had only just ceased to work. In a word, handicraft – in all its forms for out-of-door and indoor things – was at its best; only such things as could not be made in the parish were bought.

The labourers' cottages in those days will scarcely bear talking about. Little hovels, doors 5 1/2 ft high, windows not worth the name, stairs often only a ladder almost upright in a recess by the side of the fireplace, and frequently but one or two rooms above. I've seen 50 of these disappear – some taken down, and some merged into its fellow to make one house. What clergyman could see all this without being sore at heart? Thank God, many a good squire was not content till he had proper cottages on his estate.

Between landlord and tenant, as a rule, there was perfect understanding. Tenants went on from year to year, without any lease in some cases, from father to son for generations on both sides. It was the case I know on the Marcon estates. This mutual trust was seldom abused; and old men now tell me how well the land was tilled, for the farmer knew he would not be turned out. Col Marcon told me that when farming was prosperous he never raised his rents.

Rev Canon W H Marcon, The Reminiscences of a Norfolk Parson Canon Marcon became rector of Edgefield in 1875. His father had been rector before him.

# Norfolk Churches Trust Bike Ride September 9th

The Bike Ride is a very important fund-raising event for the Norfolk Churches Trust: last year it raised £100,261. The Trust gives grants for repairs, maintenance, conservation and the installation of increasingly necessary alarms. The recent spate of lead thefts has put additional strain on the Trust's limited resources, and this year, funds are more urgently needed than ever.

Participating in the Bike Ride is a great way to help preserve our beautiful historic churches, but it is also an enormously fun day out. Remember to take a camera and send in your pictures – Brown and Co. are sponsoring the event, and there is £100 prize for various categories of picture and the chance to have it printed in the EDP. There are also other awards to be won, including the Prince of Wales certificate for the person who raises the most money, and the Wall of Fame for those who manage to visit the most churches by foot or on bicycle. Visit http://norfolkchurchestrust.org.uk/bike-ride/ for more details.

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# Recipe of the Month

# Paprika Chicken

4 chicken portions

2 red onions chopped

1 clove garlic crushed

1tbsp paprika

1/4 L chicken stock

150ml low fat natural yoghurt

2 tsp olive oil

plain flour

black pepper

Coat chicken with flour, heat oil in pan, add chicken and cook until golden all over then remove from pan.

Add onions and garlic to pan and sauté for five mins, stir in paprika and half of the stock, stir until well mixed.

Return chicken to pan, bring to boil, cover and simmer for 20 mins.

Add remaining stock and simmer uncovered for 10 mins.

Remove chicken and keep warm, add yoghurt and heat through (if not thickened enough add a little cornflour).

Season. Plate up chicken and pour over the sauce.

Serve with veg and potatoes.

Marion Shepherd

# From the Editor

The Church & Village News is paid for by its advertising revenue, and we are hugely grateful to Clive Rammell for his excellent work as our advertising manager - particularly as it is now many months since he moved from Hempstead to Norwich.

We need a volunteer to replace him. If anyone has three or four hours a month to spare and would like to join our friendly and cheerful team, do please email me: mjmcm25@gmail.com. The job isn't complicated – it involves generating a half-dozen invoices a month, chasing up the occasional late payer, and occasionally seeking new advertising business - but it is vital to our survival!

# The Village Gardener

Photograph courtesy of www.pixabay.com

#### To Plant a Garden is to Believe in Tomorrow

September: the time to make the most of the last remaining warmth of the year. The days may be getting shorter, but they can still be glorious. Now is the time to pick autumn fruiting raspberries, dig up your remaining potatoes before the slugs start to do damage, and store them in hessian or paper sacks in a dark place making sure they are able to breathe, not forgetting one bad potato will destroy the whole lot. As we think of autumn, for those of us who partake in pumpkin growing, start removing leaves to help the pumpkins ripen. Keep feeding and watering French and runner beans little and often to get the maximum crop from them. This is a good time to pot up some mint and parsley for the kitchen window sill to use throughout the winter. This is also a time to cut summer raspberry canes; the fruited (brown) canes can be removed leaving the green canes for next year's crop. Tie these green stems into the support wires or fencing.

Hedge cutting can really kick in now. This is a great time as the hedge will now hold its shape and form throughout the winter without putting on any new growth. Be brave; be positive in renovating your hedge if it has got too big or wide for the space. When doing this, I find it best to step back and check every so often on levels and form. A good hedge can create the perfect backdrop to any border as gardens need form and shape. In recent times, yew clippings (taxus baccata) have been collected for cancer research and are used to make the drugs used in certain types of chemotherapy. It's truly amazing that a toxic waste product can have such a positive impact. Even more so, that the companies seeking yew clippings for cancer treatment pay you to pick them up.

Lastly, take the time this month to plan, order and plant spring bulbs and your efforts will be rewarded in the spring as the first smiles of colour appear.

Mick McCarter





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