Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead Matlaske • Plumstead • Saxthorpe with Corpusty

November 2017



Plumstead Church Dave Chilvers

Skipper's Corner

Snippets that Skipper approved by wagging his tail when they were read to him

It has been estimated that 15 per cent of Japanese words used today are borrowed from English. Examples include naifu (knife), fōku (fork) and supūn (spoon), though you would not need any of these to eat a hamu ando cheesu sandoitchi. The word for a western-style suit is sabiro. Why? 'Saville Row', of course. A 'lift' is an errebaytah, and a 'lemon' is a 'remon'.



kipper

Liberace: Perhaps to lend himself an air of ruggedness with which nature had not endowed him, he adopted the name 'Walter Busterkeys' when he embarked on his early career.

Daily Telegraph Obituary, 1987

I have sometimes thought of the final cause of dogs having such short lives, and I am quite satisfied it is in compassion to the human race; for if we suffer so much in losing a dog after an acquaintance of ten or twelve years, what would it be if they were to live double that time?

Sir Walter Scott





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Parish Council Websites or Email Addresses

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Baconsthorpe http://baconsthorpepc.wixsite.com/baconsthorpepc Edgefield http://edgefieldnorfolk.co.uk/theparishcouncil.shtml

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Plumstead http://plumsteadparishcouncil.norfolkparishes.gov.uk
Saxthorpe & Corpusty https://corpustyandsaxthorpeparishcouncil.wordpress.com

Local MP

Rt Hon Norman Lamb MP
Unit 4
The Garden Centre
Nursery Drive
Norwich Road
North Walsham, NR28 0DR
norman@normanlamb.org.uk
http://www.normanlamb.org.uk/
Office hours are Monday - Friday 9am – 5pm
01692 403752 daily between 10am – 1.30pm

Church People

Lay Minister Gill P Lay Minister Judy F	734226 587584	
Church Wardens		
Baconsthorpe	Tessa McCosh	577611
Barningham Winter	Amelia Courtauld	577250
Edgefield	Emma Cletheroe Angela Turner	587049 587292
Hempstead	Ann Udale Su Summers	713656 710702
Matlaske	Thomas Courtauld	577250
Plumstead	Eleanor Faulkner	577868
Saxthorpe	Merlin Waterson Heather Monks	587610 587118

What's On

NOVEMBER

Fri 3	10.30am	Hempstead Coffee & Gossip	Village Hall
Sat 4	6.00pm	Corpusty Procession & Fireworks	The Green
Mon 6	6.30pm	Hempstead New House - Have Your Say	Village Hall
Mon 6	7.30pm	Hempstead Parish Council Meeting	Village Hall
Wed 15	2.00pm	Corpusty LinC Christmas Wreaths	Village Hall
Wed 15	7.30pm	Baconsthorpe Prize Bingo	Village Hall
Wed 15	7.30pm	Matlaske Parish Council Meeting	St Peter's Church
Thurs 16	3.30pm	Corpusty Families Together - The Ten Bridesn	naids Village Hall

DECEMBER

Sun 3	11.00am	Barningham Advent Carols	St Peter's Church
Mon 4	7.00pm	Plumstead Parish Council Meeting	
Tue 5	10.00am	Barningham Wreath Making	Barningham Hall Stables
Fri 8	6.30pm	Edgefield Christmas Festive Evening	Village Hall
Sat 9	7.00pm	Hempstead Christmas Party	Village Hall
Sun 10	4.00pm	Edgefield Carol Service	Church
Thur 14	4.00pm	Corpusty Families Together - The Fir	st Christmas Village Hall
Sat 16	7.00pm	Baconsthorpe Christmas Sing-Along	Village Hall
Sun 17	3.00pm	Baconsthorpe Christmas Event	Village Hall
Sun 17	7.00pm	Matlaske Sing-Along	St Peter's Church

Nature Watch

We lived in Greenwich, London for six years and decided that we needed to move for several reasons. We had been looking for property for a fair while when we came across the lovely Old School of Matlaske, and that inspired us even more to make the move to a more rural environment, as Greenwich for all its good points was simply too crowded and noisy.

Greenwich now seems an age away, but in its lovely park we saw many wild animals and birds. A great number of parakeets have made the park their home, and as well as these sometimes noisy birds, we saw foxes on our streets, deer in the park, geese flying in formation right over our house, and other wildlife which seemed to be much tamer than the wildlife of Matlaske – including squirrels, which we could feed by hand. I suppose wildlife in London just becomes used to living so close to people, but we appreciate the more wild side here in Matlaske.

We have many birds in our garden which we never saw in Greenwich, and we love spotting the sparrow hawks, red kites, owls, kestrels, buzzards and many others that make us reach for the binoculars or camera. Wildlife here has much more room to move around in and is not so accommodating to humans, which is not a bad thing and with acres of farmland and more places to hide and shelter, they can watch us from a distance.

We love the peace and quiet here with no constant traffic, and without the many distractions of Greenwich we can appreciate the beautiful scenery of North Norfolk and all the creatures that live in it. We are very happy with our move and look forward to discovering a lot more of the wildlife that lives all around us.

Paul & Robert

Regular Village Hall Events

BACONSTHORPE

Tuesday during term time	10.00am - 12noon	Diocesan Play Van - 07918 027092
Tuesday	7.30pm - 9.30pm	Carpet Bowls - 711320
Last Friday	6.00pm - 11.00pm	Pop-Up Pub

CORPUSTY

Second and fourth Monday	2.00pm - 4.00pm	Bure Valley Quilters & Stitchers
Second Tuesday	12.30pm - 3.00pm	Citizens Advice Bureau Outreach
Tuesdays during term time	5.45pm - 7.15pm	Brownies
Second Tuesday	10.00am - 12noon	North Norfolk Knitters
		Rita Taylor 587507 K2togp1@btinternet.com
First and third Thursday	10.00am - 12noon	Art Group Non-members £10 a session
		Professional artist in attendance every 3rd week
Friday during term time	9.30am - 11.30am	Toddler Group

EDGEFIELD

Third Monday	7.00pm	Parish Council Meeting
First Tuesday	2.00pm	Tuesday Club
Second Wednesday	2.00pm	Ladies Club
Last Thursday	10.30am	Coffee Morning

HEMPSTEAD

First Monday alternate months	7.30pm
Tuesday	10.00am
Third Wednesday (not Dec)	7.30pm

Parish Council Meeting (next is 6 Nov) Charcoal Drawing £4 - Mike Thody 711282 Film Club

Mobile Library Van

23 Nov / 21 Dec / 18 Jan

	,	J	
Matlaske	12.30	NR11 7AQ	Old Post Office
Plumstead	1.15	NR11 7LG	Walnut Farm
Baconsthorpe	2.45	NR25 6LJ	Council Bungalows
_	4.10	NR25 6LG	Old Post Office
Hempstead	3.20	NR25 6LE	Hare & Hounds
•	3.40	NR25 6TL	Telephone kiosk
9 Nov / 7 De	ec / 4]	Jan	
Saxthorpe	11.50	NR11 7BL	Old Post Office
Corpusty	12.10	NR11 6QP	School
	12.40	NR11 7BU	Great Farm Cott's
	2.00	NR11 6QJ	Adams Lane
	2.15	NR11 6QL	3 Council Houses
	2.30	NR11 6QL	16 Council Houses
Edgefield	3.15	NR24 2AX	The Street
-	3.40	NR24 2AL	The Memorial

Post Offices

Baconsthorpe Village Hall

Tuesdays	1.00 pm - 4.00 pm
Fridays	10.00 am - 1.00 pm

All services

Corpusty Stores 587202

Monday-Saturday 9.00am – 12.00noon

All services including Euros

Holt Library 712202 9 Church Street, Holt NR25 6BB

Mon Wed Sat 9.30am-1.00pm

Fri 9.30am-6.00pm

Disclaimer: The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

Reflection from Father Phil Blamire

I'm delighted to be invited to write for this current issue of your Village Magazine at the start of my ministry amongst you as the new Rural Dean of Holt. This comes with my prayers and blessing for the appointment (soon) of your new Rector in the new Matlaske Group of Parishes.

Before I became Rector of the Weybourne Group of Parishes in January 2007, I was, for 34 years, a secondary school teacher specialising in English and Theatre Studies. I and my family moved to Norfolk in 1984 when I became first Deputy Head of a High School.

Remembrance

'God is our refuge and strength; a very present help in trouble' Psalm 46.1

There's a lot to remember at this time of year. First with the evening of All Hallows ('Hallowe'en'). Hijacked today by pumpkins and scary masks, the original festival has its roots in Celtic religion and was about honouring the holy – a time in preparation for the great festival of All Saints (November 1st). From its earliest days, the Church has recognised the huge importance to its foundation of those men and women of faith whose lives have excited others to holiness. In them was the light of Christ – a source of power for good. Through our baptism we become members one of another in Christ, members of a company of saints – belonging together – transcending death.

The next day we remember the souls of the departed: All Souls' Day. This gives us the opportunity to remember before God those whom we have known who gave us life, or whose influence greatly enriched our being; to thank God for the memories we have of them and to commend them to Him whose love and compassion sustains us through the times of grief and loss.

And since 1919, we keep the second Sunday of November as Remembrance Sunday. On this day our memories are sharpened as we confront issues of war and peace, of loss and sacrifice, of reconciliation.

Arguably one of the greatest soldier-poets to emerge from the First World War was Wilfred Owen. His long experience of trench warfare and a chance meeting with another soldier-poet Siegfried Sassoon in a military hospital for officers in Edinburgh, inspired him to write some of the most powerful verse in English Literature and not just of that conflict but of any in history. His poetry created stark and uncompromising images of that terrible conflict - a protest at the waste of human life and the savagery of war.

In Owen's poem *Strange Meeting,* the narrator dreams of meeting, after death, a man who shares his love of life and his horror of war. At the end of the poem the stranger he meets is revealed. It is himself: in killing your enemy you were killing yourself. The heroism, duty, courage and resolve were one thing. The terrible reality and the irreparable loss of humanity due to war itself was quite another matter.

Wilfred Owen, awarded the MC for bravery, was killed leading his men on November 4^{th} 1918, a week before the armistice. His poetry was collected and published in 1920 by his friend Sassoon.

Age shall not weary them, nor the years condemn, at the going down of the sun and in the morning we will remember them...

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	TITEC	h \e	PVICEC	tor	Novem	DAT
			IVICES	TOLI	101CIII	$\mathbf{u}\mathbf{c}\mathbf{r}$

5 th Pentecost 22				
9.15 10.45 10.45 17.00	Holy Communion <i>CW</i> Morning Prayer Holy Communion Choral Evensong (Patronal Festival)	Saxthorpe Baconsthorpe Plumstead Hempstead		
12 th Pe	ntecost 23			
9.15 10.45 10.45 10.45	Holy Communion <i>CW TL</i> Holy Communion <i>BCP</i> Remembrance Remembrance	Hempstead Barningham Winter Edgefield Village Hall Saxthorpe		
19 th Pe	entecost 24			
9.15 10.45 11.00	Holy Communion <i>BCP</i> Holy Communion <i>CW TL</i> Morning Prayer	Baconsthorpe Edgefield Plumstead		
26 th La	st Sunday after Pentecost (Christ the K	ing)		
9.15 10.45	Holy Communion <i>BCP</i> Holy Communion <i>CW</i>	Barningham Winter Saxthorpe		
3 rd Fi	rst Sunday of Advent			
9.15 11.00	Benefice Holy Communion Advent Carols	Matlaske North Barningham		
СИ	V = Common Worship $BCP =$ Book of Common Prayer	TL = Traditional Language		

Holy Communion Services Wednesdays 9am Saxthorpe 1^{st} & 15^{th} /Little Barningham 8^{th} & 22^{nd}

Whilst we have no incumbent, anyone with queries about baptisms, weddings and funerals should contact the Rural Dean:

Fr Phil Blamire 588268 blamire 376@btinternet.com

For other matters speak to your churchwardens in the first instance

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Baconsthorpe

200 Club

£25 Sally Robinson, £10 Alison Cook, £5 Ann Gibbs, Nichola Hems May we extend our very best wishes to Annie and Vernon on their recent wedding.

Pop-up Pub

The next Pop-Up Pub will be Friday 24th November - supper will be curry.

Village Hall News

Once again, Chandler Green, a triumph - at one point I actually thought Elvis had entered the room! Many, many thanks John and Mike ...until the next time.

Continuing on with the general refurbishment of the Hall - the 100 plus, upholstered upright chairs have now been cleaned professionally. A new blind, to match the others recently installed has been fitted to the window in the entrance lobby.

Dates for your Diary

PRIZE BINGO Wednesday 15th November at 7.30pm. Refreshments available.

CHRISTMAS IS COMING AND BACONSTHORPE VILLAGE HALL WOULD LIKE TO INVITE YOU TO A FESTIVE WEEKEND:

SATURDAY 16th DECEMBER A CHRISTMAS SING-ALONG 7pm - 10pm Mulled wine, familiar songs and lots of fun.

SUNDAY 17th DECEMBER A CHRISTMAS EVENT 3pm - 6pm Food, games and a very special visitor! For all ages. EVERYONE IS WELCOME AND ADMISSION IS FREE

Susan Belbin

Barningham Winter

On 5th December also in the Stables there is going to be a wreath making morning under the guidance of Mrs Tessa Papworth. Please do join us. The cost if £20.00 which includes coffee and mince pies and then soup for lunch. All the material for making the wreath are provided. Tickets are limited so BOOK EARLY!! Contact amelia@barninghamestate.co.uk



Sara Buxton

Last week, St Mary's hosted an atmospheric and moving candlelit recital by the guitarist James Boyd and the tenor Joshua Ellicott. Many of you will know James as one of the newest residents in Matlaske but you may not realise that he is a very well respected and wonderful musician. We were very lucky that he offered to take the time to perform for us. It was a great spur to get the church clean and bright and looking wonderful for an audience that came from across county. It is the first event in our HLF outreach programme aimed at opening the church to as wider public as we can. Look out for other events. Building work continues but we are open for worship and visits again.

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FAKENHAM • HOLT • HUNSTANTON • SHERINGHAM • KING'S LYNN • WELLS

Do join us on December 3rd at 11am for Advent Carols at the redundant Church of St Peter, North Barningham! Over the years, this service has become an annual celebration and we very much hope that people from all over the Benefice will come and share in it. Refreshments will be offered at the end of the proceedings.

Please wear your warmest clothing as the cold strikes hard through the old pamment floor and the draught howls through the cracks of a building in which there is neither heating nor electric light, but only flickering candles. Notwithstanding these hardships, a very warm welcome awaits you all. The Rev Michael Cartwright will take the service.

Edgefield

Church News

It was lovely to see so many at our Harvest Festival. Carol Pennington took a lovely cheerful service, and we had a good harvest supper afterwards. Many, many thanks for all who gave fruit and vegetables, those who made delicious puddings, and Joyce and Bebe, who did a great job decorating the church so beautifully.



Richard Peaver 587486

We have had good news from Norfolk Churches Trust. They have given us a small grant for the old church tower and this will ensure that we can put the interior in good order. They are impressed with all the recent work and enthusiasm of our team!

Our Remembrance Service will be on 12th November. Meet at the Village Hall at 10.45am. Look forward to seeing you there.

Angela Turner

Village Hall News

Our Village Life evening was a great success. With many old memories brought back to life thanks to the films made by the late Joan Reading, as well as old photographs of Edgefield folk. On that note, if anyone has any pictures of Edgefield yesteryear, be it people or buildings, we would love to see them, because we hope to compile a pictorial mural for the Village Hall, to leave a lasting record for future generations.

Our next event is our Christmas Festive evening, which this year will be at 6.30pm on Friday 8th December. Tickets £6 from any committee member.

Iim Frost

Edgefield Fuel Fund

The Christmas distribution of fuel money will be made again this year to all those who qualify as follows:

- (a) each recipient, male or female, will have reached the age of 60 years;
- (b) only those persons who have been resident in the parish for the past five years will be eligible to receive the payment of £25 per household;
- (c) application must be made in person, or by the person authorised to draw the pension, during the times stated below;
- (d) no payments will be made outside the stated hours;
- (e) the distribution will be made in the Village Hall on Saturday 9th December 2017 between 11.00am and 12 noon.

NB The Trustees will not personally distribute the payment to those who do not attend the Village Hall, unless expressly asked to so do.

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NEW COURSES in Jan18 perfect for Christmas presents!

INTRODUCTION TO PILATES

The Studio, Kelling - SATURDAY 10.30-11.30 13 Jan for 4 weeks at £40. Learn all the Pilates basics. All abilities.

PILATES STRONG

The Studio, Kelling - SATURDAY 11.45-12.45 13 Jan for 4 weeks at £40. Focus on Classical mat work Pilates. Designed to improve technique and challenge. Not suitable for beginners or anyone with injuries.

PILATES FOR BONE HEALTH

Edgefield - WEDNESDAY 9.30-10.30

10 Jan for 4 weeks. Book before 31 Dec to receive a special rate! Designed for over 60's, suitable for those with Osteoporosis, however all ages are welcome!

For all other class details or to book one of the above courses, Call or email Jayne: 07495 053 319 jayne@fullmotionpilates.co.uk or visit www.fullmotionpilates.co.uk



Hempstead

200 Club

£50 R Carver, £25 N Sanders, £10 C Matthews, £5 P Loach, D Martin, D Matthew

Michael Harris, of Chapel Lane, has recently passed away. We send our sympathy to his family.



Sharon Hannah 711769

New Houses in Hempstead?

Say what you think at the village hall on Mon 6 November 6.30-7.30pm. If you can't attend write to Paul Sanders, Chair of Parish Council, Westward Ho, The Street -hempsteadpc@gmail.com

All Saints Church Patronal Festival Evensong November 5th

All Saints' Church Hempstead celebrates its Patronal Festival - a time when we honour the Saints of the past after which we are named, and celebrate the place of our church in the community. Choral Evensong at 5pm with the Benefice Choir, led by Judy Rosser, our Lay Minister. Tea and cake afterwards. Everyone welcome.

Coffee & Gossip Friday 3rd November from 10.30am.

Play reading group finishes this season on Nov 8th at 7pm with supper and Fawlty Towers.

Christmas Party - Saturday 9th December, 7pm

Please join us for a pre-Christmas celebration - there will be food and live music from the Back to the 60s Band. There is no charge for the evening, but an idea of numbers would be useful to assist with catering, so please ring Liz Buxton 714082 and let her know if you will be attending. Please bring wrapped raffle prizes on the night, and your own drink. Everyone from Hempstead is very welcome.

Fun Quiz

Inappropriately naming themselves 'The Berks', the winning team finished only one point ahead of a talented team from Baconsthorpe and Itteringham. An enjoyable evening for all, with delicious food prepared by Hempstead volunteers, and wine, chocolates and an attractive cup for the victors. A big thank you to all who attended, gave up their valuable time in preparation and clearing up.



Norfolk Churches Trust Sponsored Ride

Hempstead excelled once again. Our combined efforts raised well over £3,000. Half will go directly to our church, and the other half to the NCT on which so many of our churches depend for help with repairs and preservation. Thank you to all our generous supporters, and thank you to the 18 people who took to the road and made this possible: Rose and Robin Carver, Kobe Graver and Tom Massingham, the Hannah family, Charles Inglis, Su and Ian Summers and the Weir family.

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YG

Selbrigg Pond



Sometime on 7th October, the safety line (lifesaving equipment) was cut and the handle removed. I hope that the person responsible never faces the situation where they need lifesaving and the safety equipment has been vandalised. It has subsequently been repaired and returned. If you have information regarding this please contact the police on 101.

We have also just had the fourth fishing hook incident (see the sad looking picture, taken by Richard Farrow of Baconsthorpe). Having pierced both lower and upper beak the bird was unable to feed and

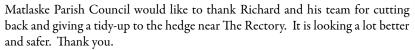
was in a very sorry state. My thanks to Jason Gardener, also of Baconsthorpe, who removed it from the cygnet. As I have mentioned before, after five such incidents fishing will be suspended for the remainder of the season. Francis Feilden

Matlaske

100 Club

£25 Richard Rowe, £10 Jim Shepherd, £5 Chantel McCann

Thanks





Marion Shepherd 577521

Quiz Night

Another fun evening was had by all. Thank you to those who supported: the funds raised have helped to pay for the Christmas party on 3rd December.

Christmas Party

The invitations have now been delivered. Please let us have your reply before the 15th November, so that we have time to organise and sort out the catering.

Plumstead

Parish Council

Last month I was a little short of space, so this month I have expanded on the details of the website. The Parish Council has its own website where information can be found on such matters as: Agendas/Minutes of Parish Council meetings; forthcoming village events; updates from the police on crime; local issues that affect Plumstead village, eg road closures, power cuts, planning issues and much more. If you wish to have a say in what happens in the village please contact Alastair Brown - the Parish Council Chairman 577447.



Mary Lintott

In February 2016 there was an appeal by the Parish Council for Volunteers to set up a Speed Watch Scheme. No-one came forward despite concerns about the speed at which vehicles were travelling through the village. This concern continues so, as you may well have noticed and perhaps even wondered about, the Parish Council were recently kindly loaned a SAM2 by Edgefield Parish

Council. This has been monitoring speed in Cherry Tree Road and Church St for the last six weeks and the results are expected shortly. Those of us who drive without paying attention to the speed limit may well be interested in the results! A SAM2 just for your information DOES NOT register the registration number of your car! It is a simply a vehicle activated sign that displays the speed a of an approaching vehicle. If the vehicle exceeds the speed limit a SLOW DOWN message is shown, once the limit is exceeded by 10 mph the speed is no longer shown but the slow down message remains.

The Wildlife Meadow has finally been cut and baled and before too long, Roy and Mary's Hebridean sheep will be grazing the grass to keep it short over the winter period. This is crucial in the cycle of the Meadow in order to ensure that the rank grasses do not overwhelm the wildflowers. We hope there will be a wonderful show next year. Those involved with its up-keep are doing their very best to make sure this happens. Thank you to one and all.

Church Matters

I am sure you are all aware of the work being carried out on the church. The gutters have been repaired and repainted - a very tasteful dark grey. This week they have been working on the ridge. I was surprised to look out of my window to find the guys up there at 7.30am when the wind was blowing with some considerable force - rather them than me! However, during their sojourn up on the scaffolding they discovered that the adventurous bats who live in the upper echelons of the Church roof had bitten through the roofing felt in order to reach their roosting spots. Not good news for keeping things watertight, so they have created special holes to enable these beautiful creatures to access their homes. Modern necessity working with nature. Perfect!

We Say Goodbye to Doreen & Frank

Who have been stalwarts of our village for so many years. Doreen has designed fliers, stood behind the bric-a-brac stall, organised events and endlessly mowed around the pond and green. Frank, a talented builder and joiner, has helped numerous villagers and the village too. Not forgetting their music..! Thank you to you both - we shall miss you. Come and see us all soon. Good luck with your house in Fakenham.

In the words of the song "So long, it's been good to know you!" Just think, no more thumpingly loud rock music! Best wishes to you all, Doreen & Frank

Saxthorpe with Corpusty

It is with sadness that we record the death of Jean Broughton. Jean lived in Saxthorpe all her life. She looked after her father, after her mother died and also her younger brother, Russell, who lives in the village. During the war the family took in evacuees from London and they remained friends until just a few years ago. Jean was hard working, starting her working life as a carer at the Beckham Judith Banks Workhouse, cycling there in all weathers. Jean had two children and continued to work, initially at Ivy Farm, then at Cawston Winery and finally for a local family.



587319

Jean was very caring, often making cakes for charity events. She was devoted to her grandchildren and great grandchildren, and loved her garden.

It is also with sadness that we report that 'Cass' Collins, a former long-standing Corpusty resident has died. Her husband died last year. Our condolences and best wishes are extended to Cass's family and friends. 15

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Carol and Andrew Brown, hailing originally from West Yorkshire, but more recently from near Dereham, have moved into Saxthorpe. We trust they will enjoy living in this beautiful part of North Norfolk, and we offer them a warm welcome.

On a sunny September afternoon, some LinC members and one visitor enjoyed a very interesting tour and talk by Arthur Betts, on the artisan cheeses produced by Ferndale Farm, Little Barningham. What started out in 2003 as a hobby by Elinor Betts, the cheese enterprise has really taken off. The milk, sourced locally from a herd in Binham, goes through many processes: warmed slowly in a large vat, then a starter culture is added, after which and another period of time, rennet is added. The curd is cut into squares after it has become semi-solid and put through a press and different ingredients added to make the varieties. Temperature and humidity are closely controlled in the curing room and some cheeses are left for about five months, while others mature for up to two years. The main cheese is Norfolk Dapple, the Vintage Norfolk Dapple has a stronger flavour and the Smoked Dapple would be enjoyed by all. The softer cheese is the Norfolk Tawny and seasonal cheeses are added to the range for Christmas. The afternoon was rounded off with a presentation of a leaving gift for Liz and David Potter.

St Andrew's Church Gift Day, on Saturday 23^{rd} September, was supported by a number of people and a pleasing amount of £400 was donated. Thank you. The Benefice Harvest Service attracted some thirty plus from across the parishes, and the Harvest lunch was enjoyed by some eighteen folk. Thank you to everyone who made this parish weekend such a success. The church looked very festive with floral decorations by the very talented flower arrangers. Thank you very much for your time and talents, which are put to use throughout the year.

Holt Area Caring Society is desperately short of drivers to transport patients to the surgery or dentists in Holt, and hospitals beyond. Now that Sanders have done away with the morning service to Holt, it is even more difficult for some people to get to these appointments. At present there is only one driver from Corpusty and Saxthorpe, so if anyone has time to spare, please call Liz Traynier - co-ordinator, on 711234 for further information. Drivers are reimbursed with mileage, there are no DBS checks.

Kieran Chapman, chairman of Corpusty Firework Society, says there is a desperate need for more volunteers helping on the evening of 4th November, when the Corpusty Procession will set off at 6pm, the fire lit at 8pm, with fireworks soon after. If available to help, please turn up at the tent on The Green at 5.30pm, or phone 587612.

DONG (Danish Oil and Natural Gas) has now had its name changed to Ørsted.

The Duke's Head has been registered as a community asset for the village giving an opportunity for a bid to be made on behalf of the community if funding could have been arranged. This has not progressed very far as shortly after registration a private purchaser who is intending to run the pub as a freehouse has emerged. We hope that this will be good news for the village. Watch this space.

A Note From the Editor

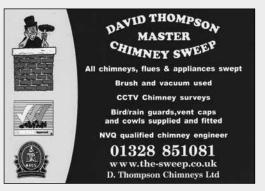
Judith Banks is stepping down as village correspondent for the time being, and I would like to thank her for all her excellent contributions and support.

Sophie Hodgson will be taking over from Judith from the December issue. If you would like anything to be added to the newsletter from December please contact Sophie:

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saxthorpecastle@gmail.com





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Dear Parish/Town Council

I am writing to you on behalf of Norfolk County Council's Total Transport project, which aims to help more Norfolk residents access the transport services they need.

A Letter from Norfolk County Council

As part of the project, we want to find out why people struggle to travel in Norfolk. To do this, we are conducting a 'Deep Dive' study in North Norfolk and parts of Broadland and Breckland, focusing mainly on the area around Holt, Fakenham, Aylsham, and Reepham. We want to look at specific cases where individuals have struggled to get to where they need to go, and identify the travel barriers which prevented them from accessing transport.

We would like to hear from individuals in your parish who have recently struggled with transport, or any local groups who may wish to speak to us about the transport issues their members face. If you are aware of any such individuals or groups who would be happy to speak to us, we would greatly appreciate it if you could put them in touch with us.

They can contact us:

- By phone: 01603 222 293
- By email: dorothy.bryant@norfolk.gov.uk
- By post: Dorothy Bryant, Travel and Transport, Floor Six, County Hall, Martineau Lane, Norwich, NR1 2SG

Alternatively, if they would prefer, we would be happy to contact them ourselves by phone, email, or post.

Thank you for your help.

Dorothy Bryant Project Assistant - Total Transport

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Recipe of the Month

As we have an abundance of apples at the moment, here is a recipe that will at least use one of them!

Apple Bakewell

140g ground almonds

140g butter or margarine

140g golden caster sugar

140g SR flour

2 eggs

1tsp vanilla essence

1 medium cooking apple, thinly sliced

Ground cinnamon

Flaked almonds to sprinkle on the top

Heat oven to gas 4, 350F, 180C

Line the bottom of a 20cm loose bottom tin

Into a food processor place the ground almonds, butter/margarine, sugar, flour, eggs and vanilla essence, and blitz until well combined

Spread half of the mixture in the tin, spread the sliced apple over the top and sprinkle with the ground cinnamon

Place dollops of the remaining mixture over the top and roughly spread it out, then scatter flaked almonds over the top

Bake in oven for 50 minutes. Test with a knife in the centre to ensure cooked (knife should come out clean)

Serve with either custard or cream

Marion Shepherd



The Village Gardener



It's November, so yes, it's leaf time! Best to accept the situation and make a difference...little and often is the best way forward. Pay particular attention to lawns, ponds and flower beds. Lawns suffer the most, as an unwanted covering of leaves will encourage the grass to rot off... possibly not the look you're after come spring. A quick, useful tip is if you have a 6-8ft long piece of chicken wire, use it to make a cylinder in which to store your leaves. You will be amazed how quickly the leaves rot down like that. You can then put them to use in the summer as soil conditioner.

Shrub roses need a prune to help prevent wind rock: left too leggy, they blow about in the wind and are less likely to thrive. The aim is to make them more compact, so they cope better with all that winter throws at them.

A chirpy task this month is to get your tulips in. Plant them at least twice the bulbs' width apart and three times the bulbs' height deep. This gives them the room to be the best version of themselves.

Now for a good tip on fruit tree protection: for the first time last year, I tried grease banding our damson and greengage trees. It's such a simple thing to do and it made a massive difference to the trees' productivity... I can't recommend it highly enough!

Now treat yourself to a bonfire – is there anything better on a crisp, dark November evening?

Mick McCarter

Lamb Watch



We have now received our wool cheque. Wool prices have dropped hugely, and instead of £1/kilo as we had hoped, we received 60p/kilo. "no penny left in the pocket", but luckily the shearing cost was just about covered. This drop in price was due to China now sourcing their wool from South America and Australia instead of the UK.

We have again fly-sprayed all the lambs and ewes, which hopefully should be their last treatment, as the flies start to disappear in late October, as the weather gets colder.

All the lambs have been weaned, so their mothers have a wellearned rest. These ewes will now start to improve in body condition which prepares them for 'tupping' later in October, when the rams join the ewes to prove their 'manhood'! We have also been busy dipping the store lambs to kill off any unwanted parasites.

Louise Catling



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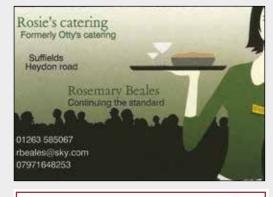
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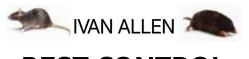
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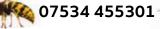
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Meet the Neighbours - David McCosh



David lived remote part of the Scottish countryside. the late 1950s Atlas British Flora being compiled for publication. This was in a time before computers and involved professional and amateur botanists providing plant records every county in the UK. David participated in this plant recording and went off with his pre-printed plant lists to tick off plants in six 10km square plots.

The organiser who compiled the Atlas (a book with a page for every native British plant and maps to show their distribution throughout the UK) had created a network of botanists to document plants across the country. Peeblesshire was not represented and even though David lived just over the border in Lanarkshire he agreed to cover the area – for many years all family picnics took place on the hillsides of Peeblesshire. David has published *Plants of Peeblesshire* – to date the only such directory.

During the plant counts David regularly came across hawkweeds – green plants with yellow, daisy like flowers that are fairly small on the Scottish hills but much larger on the edges of woodland in the South East. There were no readily available books to distinguish the different varieties. This is because hawkweeds do not need a male and female plant to reproduce – an individual plant can produce seeds and the different varieties come from mutations within the seeds.

During this time David could only find one type of hawkweed recorded for Peeblesshire. Knowing there was more than one variety, he contacted a botanist who worked in the herbarium in Cambridge who agreed to identify any hawkweeds that David sent him and they compiled a list of thirty varieties in Peeblesshire.

More recently, with professional botanist Tim Rich, David has co-authored the book *Atlas of British and Irish Hawkweeds*. This atlas documents the 430 known varieties of hawkweeds. As a recognised expert, David regularly receives specimens in the post that require identification – currently there are more specimens requiring identification as there are plans for an updated *Atlas of British and Irish Hawkweeds* to be published shortly.

Emma Youngs