

# Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead  
Matlaske • Plumstead • Saxthorpe with Corpusty

August 2023



**Hollyhocks in Plumstead**

Photograph by Mike Ray-Jones

## Newsletter Team

**Editor** Michael McMahon  
mjmc25@gmail.com

**Copy Date** third Wednesday of the month  
16 August / 20 September

**Design, Advertising + Treasurer**  
Karen Hall 577547  
karen@karenhall.co.uk

**Distribution** Heather De 577271

**Print** Barnwell Print Ltd, Aylsham 732767

**Postal Subscriptions**  
£15 per year Corinne Youngs 577263

To download previous editions visit:  
[www.churchandvillagegenews.org.uk](http://www.churchandvillagegenews.org.uk)

## Parish Council Chairs

Baconsthorpe	Jonathan Cooper	577527
Edgefield	Mark Cook	587735
Hempstead	Paul Sanders	713217
Matlaske & Barningham	Sara Buxton	577207
Plumstead	Brian Faulkner	577868
Saxthorpe & Corpusty	Imogen Waterson	587610

## Parish Council Websites

Baconsthorpe  
<http://baconsthorpepc.wixsite.com/baconsthorpepc>  
Edgefield  
<https://edgefieldparishcouncil.norfolkparishes.gov.uk>  
Hempstead  
<https://hempsteadpc.wixsite.com/hempsteadpc>  
Matlaske & Barningham  
<http://matlaskeparishcouncil.norfolkparishes.gov.uk>  
Plumstead  
<https://plumsteadpc.wixsite.com/plumsteadpc>  
Saxthorpe & Corpusty  
<https://corpustyandsaxthorpeparishcouncil.wordpress.com>

## Village Websites

[www.baconsthorpe.org](http://www.baconsthorpe.org)  
[www.hempstead-norfolk.co.uk](http://www.hempstead-norfolk.co.uk)  
[www.plumstead.org.uk](http://www.plumstead.org.uk)



**WORLD LAND TRUST™**  
By using Carbon Balanced Paper through the World Land Trust on this publication we have offset 53kg of Carbon & preserved 10sqm of critically threatened tropical forests.

**Carbon Balanced Paper.** One of the most sustainable forms of communication that will reduce your carbon foot print and promote CSR. [www.carbonbalancedpaper.com](http://www.carbonbalancedpaper.com)

## Village Correspondents

<b>Baconsthorpe</b> hazel.merlin1@gmail.com	<b>Hazel Martin</b> 07879 414577
<b>Barningham Winter</b> s.m.buxton@hotmail.co.uk	<b>Sara Buxton</b> 577207
<b>Edgefield</b> richardpeaver@gmail.com	<b>Richard Peaver</b> 587486
<b>Hempstead</b> jneville@hempstead-norfolk.co.uk	<b>Jonathan Neville</b> 07836 675369
<b>Matlaske</b> duncan.wood@cantab.net	<b>Duncan Wood</b> 570293
<b>Plumstead</b> harrietwormald@hotmail.com	<b>Harriet Rossi</b> 577239
<b>Saxthorpe with Corpusty</b> birchalljc@aol.com	<b>John Birchall</b> 584290

## District Councillors

Corpusty, Edgefield, Saxthorpe  
Andrew Brown 07970 298695  
[andrew.brown@north-norfolk.gov.uk](mailto:andrew.brown@north-norfolk.gov.uk)  
Baconsthorpe, Hempstead, Matlaske & Barningham, Plumstead  
Dr Pierre Bütikofer 838306  
[Pierre.Butikofer@north-norfolk.gov.uk](mailto:Pierre.Butikofer@north-norfolk.gov.uk)

## Church People

**Rector** Reverend Canon David Longe 577252  
**Assistant Curate** Reverend Judy Rosser 587584  
**Authorised Worship Assistant** Prof Alain Wolf 577292  
**Church Wardens**  
Baconsthorpe Hazel Martin 07879 414577  
Harry Steel 07711 890360  
B Winter Amelia Courtauld 577250  
Rebecca Hill 07960 739593  
Edgefield Emma Cletheroe 587049  
Angela Turner 587292  
Hempstead Airlie Inglis 577440  
Matlaske Thomas Courtauld 577250  
Duncan Wood 570293  
Plumstead Eleanor Faulkner 577868  
Sax with Corp Lesley Last 587782  
Jill Perry-Warnes 584 221

**Safeguarding Officers**  
Catherine McMahon  
01263 577357 / [cmcmahon161@gmail.com](mailto:cmcmahon161@gmail.com)  
Lawrence Williams  
01263 577292 / [trustlawrence@hotmail.com](mailto:trustlawrence@hotmail.com)

Safeguarding concerns please contact the Police on 999 or Diocese of Norwich Safeguarding Team [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org) or 01603 882345

## What's On

### AUGUST

Fri 4 10.30am	<b>Coffee &amp; Catch Up</b>	Ash Tree Farm
Sat 5	<b>All villages Classic Car Run</b>	
Sun 6	<b>Hempstead Fete</b>	
Mon 14 11.30am	<b>Councillor Callum Ringer Matlaske visit</b>	
Sun 20 5pm	<b>Drama Youth Group</b>	Saxthorpe Church
Aug 25	<b>Pop-up pub</b>	Baconsthorpe
Every Friday 5.30 – 6.30	<b>Pond Life Friday at Plumstead Village Pond</b>	

### Clash Diary - to add event contact Corinne Youngs 577263/ [corinne@avyoungs.com](mailto:corinne@avyoungs.com)

Sept 2/3 Hempstead Arts  
Sept 4 Corpusty Sausage Sizzle  
Sept 9 Churches Bike Ride  
Sept 23 – 30 Plumstead Michaelmas Fair  
Sept 30 Edgefield Retro Disco

Oct 6 Saxthorpe Harvest Supper  
Oct 6 Matlaske Quiz  
Oct 7/8 Edgefield Craft Fair  
Oct 14 Baconsthorpe Murder Mystery  
Oct 21 Edgefield The Samphires

## Post Offices

**Baconsthorpe Mobile Post Office Van**  
Wednesdays 9.40am – 10.40am Village Hall  
**Corpusty Stores** 587726  
Monday-Friday 9.00am – 12.00noon  
**Itteringham Shop** 587325  
Monday + Thursday 9.00am-1.00pm

## Local MP

Duncan Baker MP  
Tudor House, Grammar School Lane  
North Walsham, NR28 9JH  
[duncan@duncanbaker.org.uk](mailto:duncan@duncanbaker.org.uk) [www.duncanbaker.org.uk](http://www.duncanbaker.org.uk)  
Monday - Friday 9am – 5pm 01692 557140

## County Councillor

Steffan Aquarone  
[steffan.aquarone.cllr@norfolk.gov.uk](mailto:steffan.aquarone.cllr@norfolk.gov.uk) / 01603 327827

Disclaimer: The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

## Mobile Library Van

### 3 August / 31 August / 28 Sept / 26 Oct

Matlaske	12:40	NR11 7AQ	Old Post Office
Plumstead	13:00	NR11 7LG	Walnut Farm
Baconsthorpe	14:30	NR25 6LJ	Council Bungalows
	14:55	NR25 6LE	Hare & Hounds
Hempstead	15:05	NR25 6TL	Telephone kiosk
Edgefield	15:45	NR24 2AL	The Memorial
	16:10	NR24 2AX	The Street
Corpusty	16:35	NR11 7BU	Great Farm Cotts

Times and dates sourced from Norfolk County website: <https://bit.ly/2AJdSGA> Tel: 01603 222303

## Holt Library

9 Church Street, Holt NR25 6BB 712202  
Tues 10am-7pm / Wed 2pm-7pm  
Fri 10am-7pm / Sat 1pm-4pm

## Sanders Bus Timetables

<https://sanderscoaches.com/timetables>

## Letter from the Authorised Worship Assistant – Professor Alain Wolf

Dear All

As I start to write this, I am about to set off, like many of you, on my summer travels. After those few months of serving in the Benefice, it seems appropriate to say thank you to all those who make my time in this place such a delight. Among other things, I have been the victim in a Murder Mystery play, I have led a Lent course with very convivial parishioners, and I have expatiated on Lazarus being raised from the dead after seeing my partner jump out from beneath the altar swathed in loo paper from head to toe...

Before leaving, I would like to reflect briefly on this cycle of arrivals and departures that punctuates our lives. Arrivals are often joyful affairs: Jesus told us parables about what happens when that which was lost is found again. But things can go awry. I remember how as a student I used to come back home full of the knowledge I had acquired at university where I studied Philosophy. One day, I met one of my relatives who was toiling with a digger, flattening the rocky ground where his future house was to stand. I turned away from the pile of rocks and looked pensively at the Mont Ventoux, that Provençal giant of a mountain, and said, uninvited: 'Of course, if you stop perceiving the dreary rocks, they just cease to exist.' Needless to say, that comment, which I got wholesale and unassimilated from the philosopher Bishop Berkeley, was not well-received. 'Is that the kind of rubbish they teach you at those universities?' was the absolutely justified reply I got for my effort. At that moment, I experienced what countless other students must feel upon returning home, 'reverse culture shock'.

Leaving is not much easier. Jesus was aware of that when he remarked: 'You heard me say to you, 'I am going away and I am coming to you. If you loved me you would rejoice that I am going to the Father because the Father is greater than I'. The disciples, so attached had they become to his presence after the resurrection, must have wanted him to stay on. But they did not lose him. The Holy Spirit drew them into the fire of divine love, the fire which at Pentecost reverses that insufferable Babel curse of mutual unintelligibility and gives the disciples courage to communicate the good news across languages and cultures.

And so, when we leave, when we are 'sorrowful, yet always rejoicing', Jesus wants us to know that God does not relent in seeking out what is temporarily absent. When we get lost on our many journeys this summer, God is always there, seeking us out. For in the words of C.S. Lewis, 'the hardness of God is kinder than the softness of men and his compassion is our liberation.' May God seek us out this summer in our arrivals and our departures.



Alain



## The Benefice of Matlaske Church Services for August

<b>30<sup>th</sup> July</b>		
<b>Trinity VIII</b>		
8.30am	Eucharist	Matlaske Hempstead
10.30am	Eucharist	
<b>6<sup>th</sup></b>		
<b>Trinity IX</b>		
10.30am	Eucharist	Edgefield Baconsthorpe
5.00pm	Evensong	
<b>13<sup>th</sup></b>		
<b>Trinity X</b>		
10.30am	Eucharist	Matlaske Hempstead
5pm	Evensong	
<b>20<sup>th</sup></b>		
<b>Trinity XI</b>		
10.30am	Eucharist	Plumstead Saxthorpe
5pm	Play by Youth Drama Group	
<b>27<sup>th</sup></b>		
<b>Trinity XII</b>		
10.30am	Eucharist	Saxthorpe Barningham Winter
5pm	Evensong	
<b>3<sup>rd</sup> Sept</b>		
<b>Trinity XIII</b>		
10.30am	Eucharist	Baconsthorpe Hempstead
5pm,	Evensong	
<b>10<sup>th</sup></b>		
<b>Trinity XIV</b>		
8:30	Eucharist	Matlaske
10:30	Eucharist	Barningham Winter

**Mondays 10.30am - Coffee - Plumstead**

**Wednesdays 10am - Coffee, Cake & Chat - St Andrew's Saxthorpe**

The John Perry-Warnes Educational Fund exists to help those in education who reside in the Matlaske Benefice (the parishes of Baconsthorpe, Barningham Winter, Edgefield, Hempstead, Matlaske, Plumstead, and Saxthorpe with Corpusty). If you would like to apply for this fund, please submit an application, stating why the funds are required along with the cost of each item, and a description of your educational situation. Please can all submissions be emailed to [rector@matlaske.org.uk](mailto:rector@matlaske.org.uk), or posted to The Rectory, The Street, Matlaske, Norfolk NR11 7AQ by 1<sup>st</sup> September 2023

### HELP WITH ENERGY AND HOUSEHOLD COSTS

If you know anyone who need help with their energy costs please contact  
Revd David Longe: 01263 577252  
[rector@matlaske.org.uk](mailto:rector@matlaske.org.uk)

Cromer Food Bank can help with both food provisions and with household bills including pre-paid meters and meters paid on receipt of bills, gas, coal, oil and wood.

The Matlaske Benefice Support Fund can also help with the above and other issues that household may face.

## Baconsthorpe

### 200 Club

£50 S Wilson, £25 H Martin, £10 M Cooper, £5 M Honeyman, £5 R Quillen, £5 H Steel

### Church News

Update on St Mary's bells – you may recall in the June newsletter that I reported an imminent visit from Ellacombe Bells to assess the cost of returning the church bells to their former glory. The gentleman duly arrived – all the way from Dorset! However, in his opinion the Victorian ladder leading to the clock tower needed to be far more robust before he could ascend! We await developments.

### Thank you

Community spirit is alive and well in Stonefield Road. Matthew from No 5 took time to decorate the Stonefield sign very tastefully with plants and even attached two hanging baskets. Norman Allen spotted his work on one of his walks and kindly sent me the photograph. How sad that Matthew's kind gesture was rewarded by someone stealing the hanging baskets.

On the subject of saying thank you (something my mother constantly drummed into me) I thought this was a good opportunity to thank those in the village who deliver this newsletter to your homes every month; to thank the generous people who supply the village stall with preserves and plants (the stall provides funds which are so important to the church) and to thank the few people who provide flowers for the church.

### Good News

I am pleased to be able to report to all concerned readers that the two golden Guernsey goats – Sugar and Spice – who went missing on Saturday July 10th are safe and well back home. The owner believed that they were frightened by the fireworks display nearby. If such an event is planned in the future, we would all be grateful for a warning.

### Murder Mystery

I am pleased to report that the cast for the murder mystery play 'Who Killed the Director?' is now fully cast. The play will take place on the evening of October 14th in Baconsthorpe village hall. The cost is again £13 per person which covers the food and the entertainment for the evening. Our last murder mystery play which was in March, was hugely enjoyed by everyone. In fact, two tables have already been booked for the evening in October. So do contact Lee – [villagehall@baconsthorpe.org](mailto:villagehall@baconsthorpe.org) if you want to reserve a table.



Hazel Martin  
07879 414577



## Drama Youth Group

Another very enjoyable session with the drama group took place Saturday July 15th at Baconsthorpe village hall. This is an absolutely delightful group of young people – very enthusiastic, talented and polite. The Good Samaritan has been cast and hope fully the lines are now being learned ready to be performed at Saxthorpe church on August 20th at 5pm. The short play will be followed by refreshments.

## Village Hall News

Many thanks to all of you who helped at and attended the Fete on 22 July. It was a great day and we are grateful for all the support from those gave their time, energy, and donations.

The Pop-Up Pub is on Friday 25 August. Chicken and chips is on the menu.

We have a lovely new bench in the garden at the Hall, which has been kindly donated in memory of John Cooper, who served on the Village Hall Committee for many years.

We still have numbers available for the 200 Club, where you could win £50 each month for a £1 a month subscription. Details of how to subscribe are on the Baconsthorpe website or call Piers on 07493 227591.

## Barningham Winter

We send our congratulations to David Radley who at the Royal Norfolk Show received his award for his 43 years of service to the Barningham Estate as their gamekeeper. Well done to you, David.

Our councillor Callum Ringer of the Gresham Ward has opened a new district councillor Facebook page. It will contain information and news about things happening around the ward and district. He will be visiting Matlaske on Monday 14th August between 11.30am and 12 noon if you want to meet him or if you would like to contact him his email address is [callum.ringer@north-norfolk.gov.uk](mailto:callum.ringer@north-norfolk.gov.uk) or his phone number is 07824381519.

North County Council are re-consulting on the closure of the tip on the A148 and its relocation across the road. Councillor Callum Ringer thinks that the NBCC should prioritise using its funds toward the Holway Road roundabout and extending the existing site rather than a costly relocation.

## Norfolk Open Churches Classic Car Run 5th August

The cars are stopping for a picnic lunch at Barningham and will probably start to arrive at about 12 -12.30 onwards.

## Edgefield

### Church News

I cannot remember doing any work in the churchyard this time last year. Everything was dried up and burnt to a frazzle, was it not? But perhaps I am totally wrong. This year the rain defeated us, and the forecast is not helpful. As soon as we have some dry weather, do please let me know you will



Sara Buxton  
577207



Richard Peaver  
587486

come and help, and I will try and gather more people together. There is a lot of long grass around the graves that badly needs cutting.

On 5th August we have a Classic Car Run passing through the village and stopping off at our churchyard. There should be a great number of interesting cars to come and see from 10.30am until about noon. The annual Norfolk Churches Bike Ride will be on Saturday, 9th September, and it would be lovely if more people from Edgefield took part. Alison Mawson will have the details and necessary forms.

With the gardens and fields so much happier this year with the rain, I hope you all have a lovely summer and the farmers have a splendid harvest.

Angela Turner

### The late Brian Slaughter

Carole Slaughter and family would like to thank family, neighbours and friends for the kind messages of sympathy and donations received for 'About with Friends' following the sad loss of Brian.

### Village Hall News

Edgefest 6 has been and gone and despite the high winds a great night was had by all. We sold 200 tickets (a sell-out), raised £350 for the East Anglian Air Ambulance and it was lovely to see so many from our village including several of our new arrivals. Welcome all. Our next event will be a 70s/80s/90s disco on Saturday, 30th September. Tickets £10 (to include a buffet). Tickets from Jim on 07946 854901 or James.frost59@hotmail.co.uk. Be there or be square!

Jim Frost

### Coffee & Catchup

4th August 10:30 to noon: This month we will meet at Ash Tree Farm, Baconsthorpe courtesy of Corrine Youngs.

### Crafty Creations

will not be holding any workshops in August but will be back on stream again in September - if anyone has any requests for a particular craft session, do contact Lesley 07446 777660 lesley.lennox@project21.ltd.uk or Moira 07973 712829 grasshopper@fast-mail.net



Fox cub and hedgehog meeting in Hempstead

Jonathan Neville

## Hempstead

Hempstead Fete preparations are ongoing, ready for Sunday 6th August. We still need volunteers - cake makers, help with running some of the games and folk to help set up and dismantle. Of course, anything you have fit for the bric-a-brac stall, including books or suitable prizes would be most welcome. Fete news and updates will always be on the Notice Board page of the website [www.hempstead-norfolk.co.uk](http://www.hempstead-norfolk.co.uk) If you have any thoughts or queries do contact Jonathan Neville 07836 675369 [jneville@hempstead-norfolk.co.uk](mailto:jneville@hempstead-norfolk.co.uk) or Lesley Lennox 07446 777660 [lesley.lennox@project21.ltd.uk](mailto:lesley.lennox@project21.ltd.uk). Many thanks to all the volunteers who turned up to help clean the outside of the Village Hall - it looks much smarter now!



Jonathan Neville  
07836 675369

### Hempstead Arts weekend

is on 2nd & 3rd September.

### Hempstead 200 Club

£50 Richard Mack; £25 Shelby Sanders; £10 Mitch Fitton; £5 N Sanders, Francis Feilden, Guy Matthews

## Plumstead

### Church Repairs

Good news – a further grant of £5000 has been awarded, this time from the Norfolk Churches Trust, towards the repairs to the church building, and £1000 has been received from the Paul Bassham Trust to pay for the new tower ladders and other minor repairs. We now await responses from two other grant making bodies.



Harriet Rossi  
577239

### Michaelmas Fair

This year our village's floral celebration will take place over Michaelmas. As you will know, Plumstead church is dedicated to St Michael and All Angels and it seems right to celebrate this fact this year. We will be decorating on Friday 22nd September and would welcome contributions from your autumn gardens and hedgerows. For a week, 23rd to 30th September, there will be stalls of books, plants, crafts, seasonal produce, and children's toys, all for sale in aid of the restoration.

Most importantly, a throng of Angels is needed! Adults and children are invited to create angels, from any medium e.g. clay, card, wool, for display in this event. Please bring them to the church on or before Saturday 23rd September.

## Matlaske

Our councillor Callum Ringer of the Gresham Ward will be visiting Matlaske on Monday 14th August between 11.30am and 12 noon and if you would like to meet him or contact him his email address is [callum.ringer@north-norfolk.gov.uk](mailto:callum.ringer@north-norfolk.gov.uk) and his phone number is 07824381519.



Duncan Wood  
570293

### 100 CLUB

£25 Wendy Kendle £10 Jack Donoghue £5 Felicity Rushmer

## Saxthorpe with Corpusty

### Classic cars at St Andrew's

Once upon a time drivers had to know how their bonnet catches worked - and over 100 who do will be bringing their classic cars to St Andrew's, Saxthorpe on Saturday August 5th. The church is a stop on the annual Norfolk Open Churches Classic Car Run, so come along between 10.15 and 11.30 to admire them. Cake stall and refreshments on offer, of course!



John Birchall  
584290

### Drama group show

On Sunday 20th August (5pm) the benefice Youth Drama Group will present their interpretation of the parable of the Good Samaritan at St Andrew's Church. The production is particularly aimed at families, so come along and see how our young actors present one of the best-known Bible stories.

### Delays to Norwich Road houses

Plans for 38 houses south of Norwich Road, Corpusty, remain on hold because of 'nutrient neutrality' rules introduced last year to protect water quality in streams and rivers, including the Bure. The Parish Council is anxious for an update on this from Broadland Housing Association, and is concerned that affordable housing should not suffer as a result of higher costs. (See North Norfolk DC's website for further information, application PF/21/1990.)

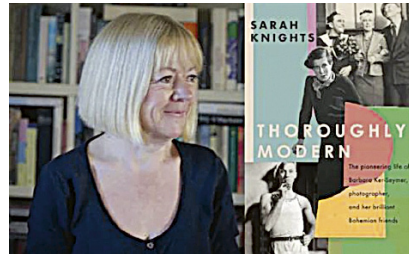
### National praise for home-grown biography

A lifetime fizzing with fun, unconventional views and outstanding talent has been chronicled by Sarah Knights in her second biography - much of it written in her small office at home in Corpusty.

Just published by Little, Brown Book Group, *Thoroughly Modern* tells the story of pioneering 1930s photographer Barbara Ker-Seymer and her extraordinary circle of friends. It is Sarah's second biography, with *The Times* describing it as "Thoroughly entertaining... Knights expertly evokes this hedonistic period."

"I'm delighted with the reviews, and naturally, relieved!" said Sarah.

Her fascination with Barbara Ker-Seymer grew from her first book, *Bloomsbury's Outsider*, an award-nominated biography of novelist David Garnett. One of Barbara's affairs was with the novelist, many years her senior. It was clear that to Sarah that Ker-Seymer was an extraordinary



woman, not only a ground-breaking photographer, she also had pioneering attitudes, hating racism and homophobia.

Yet neither book would have appeared if Sarah had not been absorbed by biography as a reader. A friend suggested the UEA's Life Writing courses, and after completing a Master's, Sarah researched the life of David Garnett for her PhD.

Years of research also lie behind *Thoroughly Modern*. After combing archives in London, Sarah would make copies and retreat to Corpusty to write. When lockdown kept her at home she had enough material to keep busy. The book is now widely available, including Amazon, although Sarah urges readers to support local bookshops if they can.

So what next?

"Still scratching my head about that one!" she said. "I'm sure an idea will spring to mind, but meanwhile it's nice to have a break . . ."

### Uplifting Belles!

Marsham Belles brought the cheerful sound of hand bells to one of the regular Wednesday Coffee Cake & Chat gatherings at St Andrew's. The well-known tunes were warmly received by an audience of more than 30 people, and some even had a go themselves (pictured).



### Winner Bean!

Five-year-old Jack from Corpusty Primary School, a winner in the benefice bean-growing competition.



Kestrel, Hempstead  
Photograph by Jonathan Neville

OVER 600 CHURCHES AND CHAPELS OPEN TO VISIT NEAR YOU!

40th ANNIVERSARY

Sponsored by savills

Many historic churches, chapels and meeting houses are fighting to survive. Roofs leak, lead roofs are stolen, ancient timbers rot and medieval stonework crumbles.

Now you can help by joining a sponsored bike ride or walk discovering beautiful churches, which also raises money for their repair and preservation.

**BIKE, WALK, DRIVE... IN THE NORFOLK COUNTRYSIDE**

WIN £1,000 FOR YOUR CHURCH\*

A fun day out for all, stopping off at as many Churches and Chapels as you can!

Pump up your tyres, dust off your walking boots, pack a picnic and plan a route from your own door to visit as many of the finest beautiful churches in Norfolk as you can. \*While you can only visit up to 10 churches in Norfolk as you can, you can win up to £1,000 for your church by sponsoring the parish with the most improved amount of money raised. Simply get sponsored for each building you visit or make a donation - this can mean it, [norfolkchurchestrust.org.uk/bike-ride](http://norfolkchurchestrust.org.uk/bike-ride)

THE NORFOLK CHURCHES TRUST

Saturday 9th September 2023  
9.00 am - 5.00 pm

## The Village Gardener - To Plant a Garden is to Believe in Tomorrow



August in the garden can be a month of contradictions: on the one hand you can have an abundant harvest and glorious show of flowers, on the other hand your garden can start to look somewhat jaded after the long spring and summer months. But help is on hand if your garden needs a bit of a lift! The other thing to remember is that August is very much a transitional month where we have one foot in summer the other stepping into autumn, and it's better to embrace that than be in denial! So, if your garden like ours is looking a bit spent in August, then the trick is to sharpen up the edges to help give it a lift, so give your hedging a trim and give your lawn edges a good cut too, both these will help pull the garden together. The other trick is to persevere with your dead heading to help keep your borders looking their best, it really does make a huge difference. Pots and planters will not only need daily watering but would also benefit from a good liquid seaweed fertilizer to get the most out of them.

So, looking forward to autumn in your kitchen garden it's worth working out which herbs you'd like to have on hand for your cooking. At this time of year, mint can look a bit sorry for itself, but fortunately mint responds quite well to radical revitalization. If like us you grow it in a pot (or in our case a metal bucket . . . pre drilled plenty of drainage) then you tip the whole plant out, chop it in half with a spade (I did say it was radical!) and re-plant the best-looking half. This rather drastic action seems to trigger the plant into putting on a lot more fresh growth, which is exactly what you want from mint. I have grown a lot of our herbs this year in galvanised buckets, which I have been really happy with. I have stuck with one type of herb per bucket and they have all really flourished. Whereas terracotta looks lovely, the smaller pots tend to dry out too quickly, but the buckets have worked really well and they look charming! I will still grow what I call my fresh green herbs in the raised beds like flat leaf parsley and dill and coriander and those three are very much on my list for re doing in August so I've got them for the autumn winter months. There will also be a concerted campaign to ensure there is a good sowing of autumn winter lettuce leaves too, to ensure there is some fresh leaves for the months to come.

All this forward thinking means we must take care to not forget to look after what we have now in the kitchen garden, and here that is primarily the tomatoes in the greenhouse, as we are now in the race to get as many ripened as possible, the best way to do that is to strip the lower leaves from the plants, this helps the tomatoes ripen (literally because the leaves are no longer shading the fruit) As the weeks pass you can keep stripping off the leaves until you mainly have just ripening fruit. Do keep an eye out for blight too, ventilation is key for (hopefully!) keeping that at bay. I have stuck with my resolve on not growing potatoes in our garden and last year (touches wood) was the first

year our tomatoes didn't get blight, which was just a joy. It is a sad price to pay but fortunately we do have a few really good honesty stalls out our way who sell freshly dug new potatoes . . . Thank goodness!

This month's question is from Joan White who wrote in saying she struggles to keep her large planted terracotta pots looking good in late summer, as I alluded to earlier any plant displays you have in pots do require you to go the extra mile this time of year. First up are some tips for when you plant up the pots next year and a confession! If you are planting in terracotta pots... whilst they are beautiful you will lose more water from them (evaporation from the porous terracotta) so a good tip is to line them with old compost bags to slow this process down. I would also think carefully about what compost you use in spring. Don't choose one you know dries out quickly, you need a good quality compost that retains moisture well. Now to the confession! We have moved (nearly) completely away from terracotta pots here to galvanised, which is much more our look but I also feel they are much easier to look after. We had lost too many clay pots to frosts and whilst it is preferable to 'bring' under cover any vulnerable terracotta pots before the frosts, logistically that just doesn't work here.

Now to how to look after them well now, the trick is to remember that even if you've used a good quality compost, most of the 'food' so to speak will have been used up by this point in the season. This is where watering with a good quality seaweed feed once a week is essential and when we get to September I would up that feed again just to get a last good 'show' from your pots. Hope that helps! Do keep the questions coming in! Email us at [redmaple@btinternet](mailto:redmaple@btinternet) as ever the most interesting question will be published next month.

Michelle and Mick McCarter

## NATURE WATCH - The Harnser (*Ardea cinerea*)

Arthur Pentney



"Thin as a Harnser" is an old Norfolk expression, and there are pubs at Stalham and Cley called 'The Harnser.' Unless you are a local this name is probably lost on you, for 'Harnser' is our own Norfolk name for what most people would call a grey heron.

This bird with its long, spindly legs, long neck and long beak could never be considered an attractive creature, but it does have a certain charm. Its usual haunt is water, and its favourite food is fish, so the Broads area is where you are most likely to see one. However, they are known to come into our locality looking for gardens with a fish pond

and so to partake of any expensive carp found within. They are not fussy eaters either, as their diet can also include small mammals, amphibians, and even baby ducks!

If you should spot a Harnser, it will probably standing next to water and absolutely motionless, just like a statue, but then immediately prepared to pounce on any unsuspecting prey.

My favourite view is to see them up in the air. They have an impressive six-foot wingspan, and with feet stretched right out behind and with a fairly slow, languorous flight, they do make an impressive sight as they make off for their heronry at the top of some tall tree.

Long may they stay in Norfolk, these old Harnsers of ours!

## Corpusty & Saxthorpe

Proudly Present

### The Great September Sausage Sizzle!



Corpusty Village Green  
Monday 4th September  
4.00 - 6.00 pm

- Cake Stall
- Children's Races
- Tug O' War
- Sack Race
- Vegan options

No Charge! - Donations towards village funds

## Children's Activity Morning Edgefield Church



Last day of school holidays

**Tuesday 5<sup>th</sup> September**  
**10.30-12.00**

## It Pays to Advertise

Free distribution to 900 houses

For details contact:

**Karen Hall**

[karen@karenhall.co.uk](mailto:karen@karenhall.co.uk)

**07900 784237**

## MOLE CONTROL

**Moles . Rats . Rabbits . Squirrels . Mice**

**No poison . No chemicals .**

**Free consultation . No catch no fee .**

**Fast . Efficient . Reliable .**

**07919 022683 / 01263 587298**

[harris.hawk@outlook.com](mailto:harris.hawk@outlook.com)



## Edgefield Village Hall

Available for hire with tables, chairs, fully equipped kitchen, stage, table tennis, audio-visual equipment and free Wi-Fi

Contact [jeffwitts@hotmail.com](mailto:jeffwitts@hotmail.com)

**07778 40012**

[www.facebook.com/EdgefieldVillageHall](http://www.facebook.com/EdgefieldVillageHall)  
Registered Charity No 1116035

## *Bike ride volunteers needed!*

**It's time to get your bike out of the shed, get some three-in-one oil on those Sturmey Archer gears and 'tickle up' the brakes.**

The Norfolk Churches Trust annual sponsored bike ride takes place on Saturday 9th September, so register at [norfolkchurchestrust.org.uk](http://norfolkchurchestrust.org.uk), sign up lots of sponsors and visit as many churches as you can between 9.00 and 5.00.

At St Andrew's there will be a warm welcome for all visitors and Charles Tyndall is looking for helpers to meet and greet at the church during the day.

If you can spare an hour or two, please send an email to [charlestyndall@btinternet.com](mailto:charlestyndall@btinternet.com).

Biscuits or spare fruit from the garden to offer our visitors would also be good.



**norfolk  
flower farm**

SEASONAL BRITISH FLOWERS GROWN  
IN NORTH NORFOLK

available april to november

hand-tied gift bouquets

farm bunches on fridays + saturdays

DIY flower buckets

bridal bouquets & buttonholes

sign up to the newsletter for updates and  
more at [norfolkflowerfarm.com](http://norfolkflowerfarm.com)

- 📍 NORWICH ROAD EDGEFIELD NR24 2RL
- 📧 SOCIALS @NORFOLKFLOWERFARM
- ✉️ ELLIE@NORFOLKFLOWERFARM.COM

## Foot Health Practitioner

**Jane Shortland**

Dip FH MCFHP MAFHP



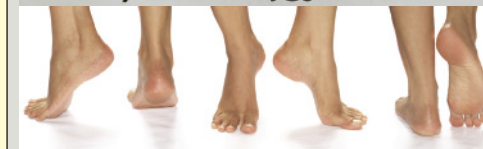
**PROFESSIONAL FOOT CARE IN  
THE COMFORT OF YOUR HOME**

- Thickened nails
- Fungal infections
- Ingrown nails
- Diabetic foot care
- Verruca treatment
- Corns & calluses

Call to book your appointment

**07931 817659**

FULLY INSURED & DBS CERT  
[jane.thefootlady@gmail.com](mailto:jane.thefootlady@gmail.com)







**IVAN'S PEST CONTROL**  
LANTRA + BASIS REGISTERED  
FULLY INSURED  
01263 821304 / 07534 455301  
ivanallenpestcontrol@gmail.com

**BUTCHER ANDREWS**  
Solicitors

**For legal advice you can trust**



Fakenham  
01328 863131  
Holt  
01263 712023  
ba@butcherandrews.co.uk  
www.butcherandrews.co.uk



**Oliver Husar Tree Services**  
Tree and hedge work

oliverhusar@yahoo.co.uk 07825 214234 Qualified  
www.oliverstrees.co.uk 01263 577679 Insured



**MYRTLE & THYME**

Ring Marie to discuss your requirements on 07899 313167

Myrtle & Thyme at The Three Horseshoes  
West End, Briston NR24 2HY

info@myrtleandthyme.com  
myrtleandthyme.com

*Flowers and gifts for every occasion*

**D THOMPSON CHIMNEYS LTD**  
Est. 1995  
MASTER CHIMNEY SWEEP  
NVQ QUALIFIED CHIMNEY ENGINEER



- All Chimneys, flues and appliances swept
- Certificates issued
- CCTV chimney surveys
- Bird/rain guards / Anti down-draft cowls supplied and fitted
- Stove servicing and maintenance

CALL DAVID OR LUCY ON  
**01328 851081**  
www.the-sweep.co.uk




**MANNINGTON ESTATE**  
Gardens • Walks • Events • Café  
Shop • Plants • Weddings • Parties

Gardens open 11-5 Wed-Fri + Sun tearooms until 4  
Children's Nature Days Tues/Thurs in hols  
Outdoor Theatre August 11 - Comedy of Errors  
Charity Day September 3

Please see website for further details and to book  
www.manningtonestate.co.uk



**IYENGAR YOGA CLASSES**  
Stretch, Strengthen, Balance, Relax

Beginners and experienced students welcome.  
Edgefield, Reepham, Norwich and Fakenham  
Classes: live £11 and online £9 (concessions available)  
morning (Monday, Thursday and Friday)  
and evening (Tuesday and Thursday)  
Contact Liz Ward  
07740 105339 / yogalward@gmail.com

**Corpusty & Saxthorpe Village Hall**  
Heydon Road, Corpusty

**Available for Hire**  
Suitable for all types of one-off functions and regular group meetings  
Ample parking, good kitchen facilities, wifi, light and airy halls

For further details and to book contact  
Diane Oliver : oliverd1@mail.com  
07377 327268

**BACONSTHORPE VILLAGE HALL**  
School Lane, Baconsthorpe, NR25 6LJ

**Available for Hire**  
Wedding Receptions • Christening • Parties • Wakes • Dances  
Events • Regular Groups and Much More  
Fully Equipped to Cater for up to 100 Guests  
• Ample Parking • Bar & Bar Area • Large Garden  
Outdoor Seating

To book or enquire: 07500 047732  
villagehall@baconsthorpe.org  
www.baconsthorpe.org/village-hall

**HEMPSTEAD VILLAGE HALL**

Available for hire  
Facilities include tables & chairs, plates & cutlery for up to 80; stage; overhead projector suitable for films and computer presentations

Contact Richard Roy 01263 715851  
richardjohnroy@gmail.com



**Bure Valley Community Centre**  
Itteringham

For all your function needs:  
Wedding Receptions, Dances, Dinners  
Indoor Sports/Recreation etc.  
For bookings etc call 01263 587659



## FIRST-CLASS SERVICE

HOUSE & GARDEN CLEARANCES  
DELIVERIES & COLLECTIONS  
BUYING & SELLING GOODS  
WASTE DISPOSAL  
REMOVALS

07731 435225  
meliehouseclearance@gmail.com

## Jones the Sweep



Highlands, Southrepps Road,  
Antingham, North Walsham NR28 0NW  
hjones92@yahoo.co.uk  
07799 484012

## HS Legal matters HAYES+STORR SOLICITORS

**in safe hands**  
Hayes + Storr handle a whole range of family, property and business legal matters with care and professionalism.

Call us today: 01263 712835  
www.hayesandstorr.co.uk

## CAST IRON COOKERS



### Service & Repair

Jon Cooper

Dales House, The Street,  
Baconthorpe NR25 6AB

01263 577527 or 07767 494369






## New Local Service Building & Interiors Craftsman

Do you need house renovations?  
25 years experience of high quality work on houses, individual spaces, kitchens storage and interior furniture

Please call Julian Emens  
for a free consultation and estimate

07720 312583  
www.julianemens.com

## HOUSE & GARDEN

-  Grass cutting, strimming, edge cutting and pruning
-  Handy-man repairs internal and external
-  Power washing for patios and garden furniture
-  Re-pointing of stone flags and repairs to masonry
-  Painting, decorating and plaster repairs

Advanced City & Guilds qualified with 35 years experience  
Mature person providing quality work at competitive rates - no VAT

Traditional Values • Free Estimate • Prompt Reply  
References Available • Fully Insured

**Contact John Lawrence Hughes**  
**01263 761114 or 07471 774885**

## Lloyd Durham Funeral Services

Based in High Kelling, near Holt since 1933

A locally-owned, family-run, independent funeral home providing a personal, caring and professional service.

- Pre-Paid Funeral Plans
- Masonry Consultations
- Green Funerals

Hayley Pegg Funeral Director

Tel: 01263 713113

Email: lloyddurham@northnorfolkfuneralservices.co.uk  
11a Avenue Road, High Kelling, Holt NR25 6RD

## M. A. SULLIVAN

FENCING • DECKING  
PERGOLAS • RAISED BEDS

*Free Quotations*

07972 707053

masullivanfencingservices@outlook.com

## WILLIAM COATES PAINTER & DECORATOR



*Interior & Exterior  
Quality Workmanship  
Free Estimates*

01263 584183

07810 013591

coates\_william@hotmail.com

## Jill Hill

Designer and maker of special embroidered garments, accessories and art textiles. Mending and alterations also undertaken.

01263 584155

or call at  
The Old Workshop Gallery  
Corpusty

www.corpustygallery.co.uk



## PHIL BORLEY

*Garden Construction :: Ponds & Patios  
Turf :: General Garden Maintenance  
Paving :: Fencing & Car Ports & Rotavating*

**For the Complete  
Garden Service**

Tel: 01263 587262



## RTB ROOFING and BUILDING LTD

For all roofing needs  
and small building works

07979 696565

01603 754969

richard@rtbroof.com

www.rtbroof.com

# R D Goodge

General Building  
Flint Work  
Roofing

0779 5158447

goodgetd@gmail.com

www.rdgoodgebuilder.co.uk

## R.M.C autos

- Servicing
- General Repairs
- MOT Tests
- Tyre Fitting Service
- Welding
- Recovery
- Car Sales

Norwich Road, Edgefield NR24 2RL

Contact Ross 01263 587970

'Sharp Lines'  
'Quality Finish'



### Kevin Nichols

Painter & Decorator  
Interior & Exterior

01263 861547 07795 077090

## STUART'S TAXI TRAVEL

Sheringham: 01263 824444

Holt: 01263 710088

Freefone: 0800 734 44 44

stuartstaxitravel@btinternet.com

www.stuarts-taxi-and-travel.co.uk

FRIENDLY & RELIABLE  
SHORT or LONG DISTANCE

### YOGA

Alice Martineau

WIVETON  
5.30 & 7pm  
Tuesdays

ITTERINGHAM  
9.30am, 5.30pm & 7pm  
Wednesdays

Soften, strengthen and align the body and mind.  
Everyone is welcome.

mail@alicemartineau.co.uk  
www.alicemartineau.co.uk  
07973 278 895



Which?  
Trusted trader

### PJElectrics:

High Quality Professional Service

Any type of electrical works...  
big or small we can do it all!

Free survey and quotation

Test & Certify to IEE18<sup>th</sup> Edition



Part P Registered

01328 830492

07884 436112

paul@pjelectricsltd.co.uk

www.pjelectricsltd.co.uk

## Ivan Fisher

### FUNERAL HOME

We are the only family owned  
funeral directors in Aylsham  
and offer the highest  
standards of personal care  
and attention.

\* Pre-paid Plans Available \*

\* Private Chapel of Rest \*

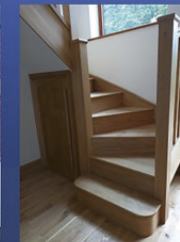
\* Floral Tributes and Memorials \*

\* Home Visits Made \*

Tel: 01263 735161 (24 hrs)

2-4, Norwich Road, Aylsham

www.ivanfisherfunerals.co.uk



B17C SCOTTOW  
ENTERPRISE PARK  
LAMMAS ROAD,  
BADERSFEILD  
NR10 5FB



Roger C Jones  
Purpose Made Joinery  
WWW.JOINERYANDCARPENTRY.COM

WE ALSO DO:

- WINDOWS
- DOORS
- STAIRCASES
- STORAGE SOLUTIONS
- SASH WINDOWS

READY FOR SOME PURPOSE MADE BESPOKE WORKS ?

CALL NOW : 07535890960

EMAIL:JOINERY16@GMAIL.COM



# Andrew Dixon

## PAINTER & DECORATOR

*Interior and Exterior*  
*Low Cost - High Standard*

Call Andrew  
01263 860204  
07770 447714



### Upholstery, Curtains and Blinds

- Hand made sofas and chairs
- Traditional & contemporary Re-Upholstery
- Made to measure curtains and blinds
- Vertical, Roller & blackout blinds
- Loose covers
- Curtain track & poles supplied and fitted
- Repairs and alterations

At Williams all of our work is carried out at our West Runton premises as it has been for the last 30 years, no middlemen means greater value for money.

Whether it's a spring repair, new seat foams or a complete lounge suite with co-ordinating curtains you can be guaranteed of first class customer service and attention to detail.

- Ralph Lauren
- Designers Guild
- Zinc
- Romo
- Christian Lacroix
- GP & J Baker
- Clarke & Clarke
- Linwood fabrics & wall coverings
- William Morris fabrics & wall coverings
- Sandersons fabrics, wall coverings & paint



Williams  
INTERIORS

5 Station Road,  
West Runton, Norfolk  
Tel: 01263 837611  
[www.williamsowestrunton.co.uk](http://www.williamsowestrunton.co.uk)

## NORFOLK SEWING MACHINE SERVICE

ALL MAKES REPAIRED  
HIGHLY SKILLED ENGINEERS  
OVER 30 YEARS EXPERIENCE  
FULLY GUARANTEED  
FREE ESTIMATES  
DISCOUNTS FOR SENIOR CITIZENS

01263 584113

## Corpusty Stores & Post Office

Everything you need,  
every time you need it.

Store open 8am-7pm Mon-Sat 9am-6pm Sun  
Post Office open 9am-12noon Mon-Fri

01263 587202  
Norwich Road, Corpusty

### ITTERINGHAM VILLAGE SHOP

Established 1637 Run by Itteringham Community Association  
General Store • Post Office • Café • Off Licence

Groceries • Deli • Whole Foods • Delicious Cakes  
Hand Made Pies • Pet Foods • Wide Range of Gifts & Cards  
Ices • Sweets • Books • Plants

Takeaway Service Available

Shop Open Every Day 9.00am – 4.00pm  
Post Office Monday & Thursday 9.00am – 1.00pm  
Home Deliveries Telephone: 01263 587325  
email: [ItteringhamCommunityShop@outlook.com](mailto:ItteringhamCommunityShop@outlook.com)



BRISTON

## THE THREE HORSESHOES

15 05  
FINE FOOD LOCAL ALES LUXURY LODGINGS

Freshly prepared dishes  
using local produce

Carefully selected  
wines and beers

Five comfortable  
ensuite bedrooms

Beautiful landscaped garden

Heated pavilion for  
events and celebrations

The Three Horseshoes  
West End, Briston, Norfolk NR24 2HY

01263 862312  
[www.bristonhorseshoes.co.uk](http://www.bristonhorseshoes.co.uk)



## CORBETT WOODWORK

Custom Made Woodwork  
[www.corpustygallery.co.uk](http://www.corpustygallery.co.uk)

01263 587111

## GREG ROWE limited

AWARD-WINNING DESIGNERS AND MANUFACTURERS OF KITCHEN TAP APPLIANCES

- Boiling & Filtered Water Taps
- Replacement filter cartridges for all Franke taps
- Fix your dripping tap! Spare parts for over 15 leading kitchen tap brands, including Franke, Perrin & Rowe, Abode and Howden's

GRL DIRECT TapSpares® QETTLE

[WWW.GALRECT.CO.UK](http://WWW.GALRECT.CO.UK) | [WWW.TAPSPARESUK.COM](http://WWW.TAPSPARESUK.COM) | [WWW.QETTLE.COM](http://WWW.QETTLE.COM)

POP IN AND PICK UP THE PARTS YOU NEED. 01403 559259  
OLD WINERY BUSINESS PARK, CHAPEL ST. CAWSTON, NR10 4FE | [WWW.GREGROWE.COM](http://WWW.GREGROWE.COM)

## North Norfolk Tree Services

Fully Insured • Over 30 Years Experience  
Stump Grinding • Woodchip Supplied  
14m Hydraulic Platform Hire + Operator

Call for a FREE no obligation  
quotation and advice

For all your tree surgery needs



Jeremy Cox  
07503 885499  
[nntrees@gmail.com](mailto:nntrees@gmail.com)

### Karl's Lawn Care

For All Your Gardening  
Maintenance All Year Round  
For Your Free Quote  
Contact

**Karl Lawrence**

Tel 01263 587747  
Mobile 07717410232

E Mail  
[karl.lawrence1973lawn@outlook.com](mailto:karl.lawrence1973lawn@outlook.com)

Karl's Lawn Care  
Garden Maintenance  
Service's

## Control Pest Solution

North Norfolk pest control  
based in Little Barningham

Richard Carlston  
07880 533315

[controlpestsolution@gmail.com](mailto:controlpestsolution@gmail.com)  
[www.controlpestsolution.co.uk](http://www.controlpestsolution.co.uk)

GRESSENHALL  
FARM AND  
WORKHOUSE



MUSEUM OF  
NORFOLK LIFE

# A Great Day Out on your Doorstep!

Open every day until 29 October



Free  
admission  
with a Norfolk  
Museums  
Pass

Find out what's on at:

[www.museums.norfolk.gov.uk/gressenhall](http://www.museums.norfolk.gov.uk/gressenhall)

Gressenhall Dereham NR20 4DR



Supported by  
ARTS COUNCIL  
ENGLAND



Made possible with

