

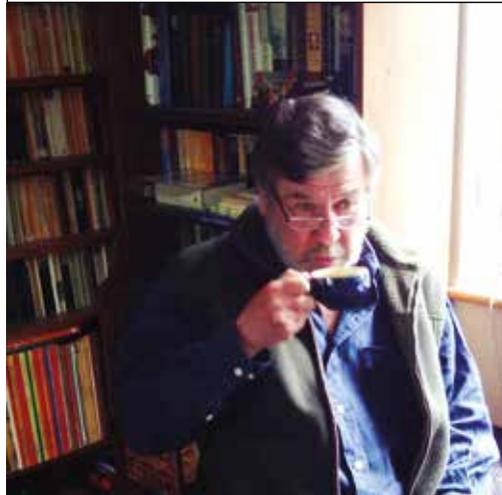
Church & Village News

June 2015



Richard & Ann Baglin's beautiful garden in Plumstead
which will be open on Sunday 14th June
as part of Plumstead Open Gardens

Meet the Neighbours



couples and families. Food to feed 2,357 people for three days was issued. One in three were children. At Christmas the kindness of local people enabled around 260 disadvantaged families to receive seasonal treats and all food bank clients were given chocolate eggs at Easter.

It is a scandal that we need food banks and he is surprised at the range of people who end up needing help, McMahon says. They include middle-class people as well as those who exist close to poverty much of the time. Causes of crisis include redundancy, the slow processing of benefit changes for the sick and unemployed, family breakdown, debt, bereavement and homelessness. Only two per cent of clients have been over 65. A significant number need help for mental illness.

Last autumn McMahon was a prime mover in establishing a homeless shelter in the Canaan Christian Centre in Sheringham. In the six months that it was open, thirteen street homeless people were housed and all but one found permanent accommodation. Two had been living in cars; others had been living in tents. Four ex-residents have now got jobs as well as homes. The shelter re-opens in October and will run for at least the following twelve months.

Brian MacArthur

Whenever I meet Michael McMahon I feel ashamed at my lack of Christian spirit. For he does the good deeds today that most of us put off for another day. McMahon and his wife Catherine, Head of St Michael's School in Aylsham, have lived in Plumstead Green since 1987. He came to Norfolk in 1985 to teach English at Gresham's. For years now he has been a freelance journalist, often for *The Spectator*, and an author – the film rights have just been optioned for his book about the extraordinary story of May Savidge who moved her mediaeval hall house, beam by beam and brick by brick, from Hertfordshire to Wells-next-the-Sea.

But it is McMahon's voluntary work that is perhaps more remarkable. After being a visitor at Norwich Prison for 13 years, he was invited to join the chaplaincy team and eventually became the Roman Catholic Chaplain.

More recently McMahon was a founding Trustee of the Cromer & District Food Bank, which now has distribution centres in Sheringham, Holt, Aylsham and North Walsham. In the year to March 2014, the food bank received more than a thousand requests for food from some 630 individuals,

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What's On

JUNE

Wed 3	7.00pm	Hempstead Play Reading Group	Village Hall
Fri 5	10.30am	Hempstead Coffee & Gossip	Village Hall
Sun 7	12.00noon	Itteringham Open Gardens Day	
Sun 7	4.00pm	Itteringham Auction of Promises	Village Hall
Sun 14	11.00am	Plumstead Open Gardens	
Wed 17	6.30pm	Corpusty LinC Summer Buffet	Brian & Heather Monk's
Thur 18	3.30pm	Corpusty Families Together	Village Hall
Sat 20	2.00pm	Edgefield Open Gardens Weekend	
Sun 21	2.00pm	Edgefield Open Gardens Weekend	
Sun 21	3.00pm	Baconsthorpe Mid-Summer Fête & Hog Roast	Village Hall
Sat 27	2.00pm	Itteringham Cream Tea	Village Hall
Sat 27	7.00pm	Little Barningham Chips & Quiz	Village Hall
Sun 28	3.00pm	North Barningham Patronal Festival	St Peter's Church

JULY

Sat 4	12.30pm	Plumstead Picnic by the Pond	
Sun 5	3.00pm	Corpusty Tea at Three Garden Party	Wheatsheaf House
Sat 11	2.00pm	Edgefield Village Fête	Edgefield Green
Sun 19	12.00noon	Hempstead Venda Project Charity Lunch	Village Hall
Sun 19	3.00pm	Holt Sheringham Singers Concert	St Andrew's Church
Tue 21	7.00pm	Corpusty Parish Council	Village Hall
Sat 25	2.30pm	Matlaske Village Fête	Barningham Hall

AUGUST

Sat 15	10.00am	Corpusty Craft Fair	Village Hall
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General News

Parish Council Contributions

At the beginning of the year the Treasurer of the 7 Churches Group and the Treasurer of the Barningham Winter Group wrote to all their respective Parish Councils asking for a donation to the Church & Village Newsletter.

I am delighted to be able to report that to date donations have been received from

Baconsthorpe, Hempstead, Plumstead and Matlaske with Barningham Winter. I would like to thank these parish councils for their generous donations and support and look forward to hearing from the other five parish councils.

Corinne Youngs
 Newsletter Treasurer

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Regular Events

Baconsthorpe Village Hall

7.30pm **Line Dancing** - 711320 Mondays
10.00am **Diocesan Play Van** - 07918 027092 Tuesdays during term time
7.30pm **Carpet Bowls** - 711320 Tuesdays during term time

Corpusty Village Hall

2.00pm - 4.00pm **Bure Valley Quilters & Stitchers** 1st and 3rd Mondays
2.00pm - 4.00pm **Short Mat Bowls** Tuesdays
10.00am - 12noon **Norfolk Knitters** 2nd Tuesday

Tea, coffee and biscuits are provided. There is yarn to play with
as well as lots of magazines and patterns for inspiration. All levels
of ability are catered for with an experienced knitting and crochet
teacher. Cost is £7 for a 4 week term or £2 per week
Contact Rita Taylor 01263 587507 K2togp1@btinternet.com

10.00am - 12noon **Art Group** Thursdays

Edgefield Village Hall

10.30am **Coffee Morning** - Jeff Witts 587661 Last Thursday each month

Hempstead Village Hall

10.00am **Charcoal Drawing** - Mike Thody 711282 Tuesdays
The fee of £4 includes coffee, biscuits and paper

Libraries

Mobile Library Van Every fourth Thursday

11 Jun 9 Jul 6 Aug

Itteringham	11.00	NR11 7AP	The Common
	11.15	NR11 7AY	The Rectory
Lt Barningham	12.05	NR11 7AG	The Street
Matlaske	12.30	NR11 7AQ	Old Post Office
Plumstead	1.15	NR11 7LG	Walnut Farm
Baconsthorpe	2.45	NR25 6LJ	Council Bungalows
	4.10	NR25 6LG	Old Post Office
Hempstead	3.20	NR25 6LE	Hare & Hounds
	3.40	NR25 6TL	Telephone kiosk

25 Jun 23 Jul 13 Aug

Saxthorpe	11.50	NR11 7BL	Old Post Office
Corpusty	12.10	NR11 6QP	School
	12.40	NR11 7BU	Great Farm Cott's
	2.00	NR11 6QJ	Adams Lane
	2.15	NR11 6QL	3 Council Houses
	2.30	NR11 6QL	16 Council Houses
Edgefield	3.15	NR24 2AX	The Street
	3.40	NR24 2AL	The Memorial
Wickmere	10 June	12.45pm	Wolterton Hall
		1.15pm	Village Sign

Holt Library

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Fri 9.30am - 6.00pm

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Reflection from the Rectory



Marion Harrison

June already!
Where has
the year gone?
It seems that
only yesterday
the cold
wind blew
through bare

treat everyone with respect, care, absence of
judgment, encouragement and friendliness,
ministering to the needs of others in the
spirit of Christ. But it's not just about the
people who come to our doors, hospitality is
also about being available and how we treat
others in our day-to-day dealings, on the
phone, over the internet, out in the street.

Another aspect of this ministry is to get
to know someone, to befriend them and
be by their side in times of stress and need
as well as in good times. This begins with
learning someone's name. This brings me to
the choosing of a name for our new Benefice.
There has been a good response to our
invitation to suggest a new name and the list
has been shortened to three for you to choose
from. These are:

- The Tithe Benefice
- The Upper Bure Group
- The Barninghams

Please vote for your favourite by e-mailing the
editor Richard Lynam:
richardlynam@btinternet.com

trees and today they are clothed in green
and our gardens are a riot of colour. This
is the gardening season and many of our
villages are opening their gardens and
welcoming in the friend and stranger to
walk, ponder, think colour and to find the
odd surprise if not a cup of tea and some
cake! This welcoming-in is very Biblical.
We read that Abraham entertained Angels
and at one point in his story, God himself.
The ministry of hospitality was developed
by St Benedict. He insisted his monks treat
all visitors to the Monastery as honoured
guests regardless of their status or need. And
that is still very much part of the ministry of
hospitality today. To welcome people in, to

Why not start a Community Weekend?

An innovation that Rev Marion Harrison introduced when she arrived as Priest in Charge of the Seven Churches Benefice was the Community Weekend. Because of limited clergy availability, it is not possible to provide services every week in all of our churches. The Community Weekend was the answer and this takes the place of one service a month in each church. From the outset it was designed to gather communities together regardless of whether they attend church or not.

To learn more about Community Weekends, please contact Rev Marion:
587977 / marion681@btinternet.com

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Church Services for June

Midweek Communion: Itteringham

7th Trinity 1

Gen 3:8-15 / 2 Cor 4:13-5:1 / Mark 3:20-end

8.00	Holy Communion	Saxthorpe
9.00	Holy Communion	Little Barningham
9.15	Holy Communion <i>BCP</i>	Matlaske
10.45	Matins	Baconsthorpe
11.00	Family Service	Wickmere
	Community Weekend	Edgefield

14th Trinity 2

Ezekiel 17:22-end / 2 Cor 5:6-10,14-17 / Mark 4:26-34

9.00	Holy Communion <i>BCP</i>	Itteringham
9.15	Holy Communion <i>BCP</i>	Barningham Winter
10.45	Matins with Baptism	Hempstead
11.00	Holy Communion <i>CW</i>	Edgefield
11.00	Morning Praise	Saxthorpe
	Community Weekend	Little Barningham

21st Trinity 3

Job 38:1-11 / 2 Cor 6:1-13 / Mark 4:35-end

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion <i>BCP</i>	Plumstead
9.30	Holy Communion <i>CW</i>	Edgefield
10.45	Matins	Matlaske
11.00	Morning Prayer	Little Barningham
6.30	Songs of Praise	Edgefield
	Community Weekend	Saxthorpe

28th Trinity 4

Wisdom of Solomon 1:13-15, 2:23-24 / Cor 8:7-end / Mark 5:21-end

8.00	Holy Communion <i>BCP</i>	Little Barningham
9.00	Family Service	Edgefield
9.15	Holy Communion <i>BCP</i>	Baconsthorpe
11.00	Holy Communion	Saxthorpe
11.00	Morning Prayer <i>BCP</i>	Itteringham
3.00	Patronal Service	North Barningham

CW = Common Worship *BCP* = Book of Common Prayer

Baconsthorpe

Sun 21 3.00pm **Mid-Summer Fête & Hog Roast** Village Hall

200 Club

£25 J Cooper, £10 S Wells, £ 5 Mrs Rowe and P Fuller

Plant Swap, Sale & Coffee Morning

The eleventh plant sale took place at The Old Rectory on 28th April. A bright but blustery morning and the crowds rolled in and raised £1272 for St Mary's church. This brings the total raised from this event over the eleven years to £10,546. Thanks must go to Tessa & David McCosh. It is an enormous amount of work putting on this morning, from raising and nurturing plants to be sold, making sure the garden itself is immaculate and generally getting the show on the road - again thank you David and Tessa.

Christening

On 3rd May, Oliver & Sarah Husar brought their twin daughter's Lola & Keira to be christened at St Mary's Church. Whilst big sister Amber looked on, the twins thoroughly enjoyed all the attention and made not a whimper at the 'big' moment. After the service a celebration party for family and friends, was held in the Village Hall.

A celebrity in our midst

North Norfolk singer - songwriter Paul Thompson is embarking on an epic journey to Edinburgh during summer 2015, in a milk float that utilizes solar panels to power stage lighting and music gear. Travelling up to 30 miles per day at the grand speed of 10 mph, Paul's journey will take him from his home in Baconsthorpe to the Outer Hebrides and through the Highlands of Scotland to the Edinburgh Fringe Festival, where he will be performing for the final twelve days. Since turning professional ten years ago, Paul has toured Europe, the USA and New Zealand. Proceeds from this latest tour will be used to

set up a community project, bringing music to rural parts of Norfolk. To find out more about Paul and his music visit: www.paulsmusic.co.uk

Cemetery Gates

Many thanks to Richard Gee for once again creosoting the cemetery gates and posts.

Mid-Summer Fête & Hog Roast



These are just a few of the wonderful pigs that have been collected for the Pig Tombola. All sorts of stalls and games have been planned for the 21st. There will be a children's fancy dress competition, face painting, BBQ for children and plenty of pig prizes and surprises.



There's still time to get involved and help make the first Baconsthorpe Fête for many years a huge success and an annual event. Please contact Corinne Youngs 577263 for details.



Ro Hardingham
577262

Barningham Winter

Sun 28 3.00pm **Patronal Festival** St Peter's Church

Spring Clean

Spring-cleaning for the Annual Patronal Festival at St Peter's, North Barningham, is harder work than ever this year because of the huge spattering of bird-droppings on every surface (particularly the altar table and the pews) left by a great-tit who became trapped in the church in the late summer of 2014.

Initially it sang to its friends outside and would try to break through the east window. It drank from a flower vase on one of the sills and pounced on any little insect that it saw. Some kind soul put out food for it on the altar table. This seemed a step too far. My husband and I, who look after this redundant church, hung a peanut-holder in a less conspicuous place, and put out a large, shallow dish of water on top of the cupboard beneath the west window, where the bird was able to bathe as well as drink. Whenever we checked, there was always a splashy puddle there.

After a while the great-tit became less active and more silent; was it becoming withdrawn? It certainly came to life for the Advent Carol Service in early December. The music and singing, but most of all the candle-light, entranced it. It kept swooping down to the altar to catch the insects attracted by the flickering flame and was in serious danger of setting itself alight. The congregation paid

more attention to it than to the lessons. Alas! There were no more services after that, and the poor little bird became increasingly miserable, sitting in the highest recesses of the window and no longer responding to our voices.

One day, towards the end of Lent, it was gone. No sign of a small corpse anywhere: Did it squeeze itself under the door? Did it manage to fly into the bell-tower and from thence make its escape? We will never know. But one thing is certain: it has left an indelible impression behind it.

Consider the welfare of these happy but inquisitive little song-birds (and perhaps that of the church cleaners too). Please close the bird-screen behind you on both the way in and on the way out of the church! Many thanks.

The Patronal Festival at St Peter's church, North Barningham will take place as usual on the last Sunday in June, the 28th at 3pm. All are most welcome to attend this special service.

If you want some delicious local Dexter beef that have been grazing on Barningham Park please contact Mrs Amelia Courtauld on 01263 577250. Mince, stewing steak and steaks are available. Quantities are limited so be quick with your order!



Sara Buxton
577207

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Events

July 4th Garden Party with Concert

August 8th The Tempest – Open Air Theatre

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Sept 6th Charity Day – Hall Open

www.manningtongardens.co.uk

Edgefield

Sat 20 & Sun 21 2.00pm **Open Gardens Weekend**

At the annual Vestry Meeting in April, Emma Cletheroe kindly agreed to take on the role of Church-Warden, in place of Lorna Ross, who has been given the title of *Honorary ChurchWarden* in recognition of her many years of untiring and devoted service to the church and the parish. It is good to know that Lorna will continue to serve on the Parochial Church Council. There was no requirement this year to re-elect PCC members, so the existing PCC will remain as before. At the APCM, which followed the Vestry Meeting, the Deanery Synod representative and all sidesmen were re-elected.

We all hope that Angela Turner will make a steady and complete recovery from her operation on 11th May and we know that everyone in the village will wish her all the best as she continues to recuperate. Angela has written a separate reminder giving

details of the main church fundraising event of the year, namely the Open Gardens weekend on Saturday and Sunday, 20th and 21st June. We hope that as many people as possible from the village and from further afield, will support this event, which is always very enjoyable, and which concludes with a 'Songs of Praise' type service on the Sunday at 6.30pm.



Richard Peaver
587486

Village Hall News - Jim Frost

On Saturday 11th July, between 2 and 5pm, we will be holding our village fête on the Green. The afternoon will consist of a fun dog show, lots of games, cream teas, dancing, live music from Compass Moon, a fancy dress competition and more besides, so please come and join us for what promises to be a fun-packed and friendly afternoon.

Hempstead

Wed 3 7.30pm **Play Reading Group** Village Hall Su Summers 710702
Fri 5 10.30am **Coffee & Gossip** Village Hall

200 Club

£25 Kneeler Group, £10 I Tyabji, £5 E Buxton, S Sullivan, M Scarff



Sharon Hannah
711769

Thank you to all who supported the church refreshments on the 4th May. £275 was raised altogether so well done everyone involved! It was a lovely occasion, well attended and we all look forward to the next one!

Bamboo cuttings have been fly tipped in the village any information please contact: 07901 917285

Congratulations to Betty Hart who was 90 on the 28th May, Hempstead Village Hall will be flying the flag for you! And we hope you have a wonderful day.

There is to be a charity lunch on the 19th July at 12noon in the Village Hall in aid of the Norfolk Venda Education Project. Hempstead Church supports this in the Venda region of South Africa; it assists 10 schools that are very poor and as there are no charity overheads all the money raised goes straight to the schools. Michele and Ceri from Norfolk Venda will be with us and will update us on progress in the schools. The lunch will follow the church service at 11am, Su Summers on 710702 or su@linaria.co.uk has full details.

Welcome to Gemma Thody, and her daughters Angel and Autumn - we all hope you enjoy living in the village.

Welcome to Uncle Jumbo Sunday! It's about time Hempstead had a character like you in the village, full of fun and larger than life! I remember when I was small and used to visit my great grandparents in the village - there were all sorts of fun characters around and about I haven't noticed these types about of late but it's a pleasure to see your jolly face smiling and laughing so we hope you are with us for a while...

Hempstead Village Hall stall is out again so please put all your excess plants there for sale with name and price. All proceeds go towards the Village Hall and Church, so thank you for your support.

Spotted in the village this month the Cuckoo! Fantastic! I can hear them around and they remind us all of the time of year we are in and to look forward to the warmer months ahead.

Hempstead May Feast

A most enjoyable evening dining had by all. A good turn out tucked into a sumptuous choice of meat and vegetarian dishes, followed by delicious homemade desserts. A special thank you to all who contributed to make the night a roaring success, especially to the catering team for working tirelessly throughout the evening, and Jason for providing the entertainment accompanied by his ukulele. Thanks to all who attended and generously helped the funds of the village hall. Mr T Scarff

Welcome back to Bertie Harmer, we hope he will soon be fit and well again.

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Itteringham

Sun 7 12.30pm **Open Gardens**
Sun 7 4.00pm **Auction of Promises** Village Hall
Sat 27 2.00pm **Cream Tea** Village Hall

It is, of course, a very important number. Party arrangements had already been made but for June Clarke it will simply be a change of venue. After appearing once more at the Spring Fayre she gave her final farewells to this world on Thursday following. She will be remembered for her direct but upbeat view and for her ten years of correspondence in this mag. Those quiz questions caused more than a few headaches! June would soon have been ninety.

Another nonagenarian to leave us is Jesse Baxter, resident of Itteringham for many years. She moved to Aylsham some time since and would have soon been ninety-four shortly.



The picture is of a familiar visitor to the Itteringham May Fayre and some will recognise her classical beauty - many of us have similar at home we know! The clinking of crocks and splashing of tea, the music of chat and echo of mirth once more filled the hall and rewarded with a mighty fund of £3,500 odd. Those magnificent men* at their washing-up sinks; the tray-bearing 'dashers' delivering a myriad of the delicious and wickedly moreish are showered with the gratitude of the entire company who cruised the show that day...and us. 'Thanks for the memory', as it is now.

A whisper of praise to our 'man of signs' who erects the boards of display upon the



Eric Goodman
587278

highways again and again. Geoff Hoskins - May the smile of Hermes be upon you...and TA from us.

Once more unto the pleach dear friends as well to the trim and prune of the hedge and bush and shrub. This surely is the greatest of 'garden open days'...just anywhere. It is rumoured that Chelsea contenders sneak into Itteringham each year to crib ideas. Midday to 4.30pm on 7th June. 4.00pm. Auction of Promises - not to be missed.

Alice Martineau - Yoga Master* - each month to September - Oulton. This is a professional undertaking - call Alice on 07973 278895

Itteringham Open Gardens

Sunday 7th June
12.30pm - 5.00pm

Tickets and parking available
at the village hall

£5.00 for adults
accompanied under 16's free

Lunches served in the village hall

Auction of Promises

to be held later at 4.00pm
in the village hall

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Little Barningham

Sat 27 7.00pm **Chips & Quiz** Village Hall Elly Betts 577640

So long farewell aufwiedersehen but not goodbye Fiona, we hope you will find a suitable home near by, so we will see you often. Definitely don't forget our Community Sunday mornings.

The Village hall looked more like a high end tea room on the Community Sunday afternoon and Gift Day. The tables were beautifully laid with hand embroidered table cloths, fine china and silver teapots, milk jugs and sugar basins. Betty's Tea rooms could not compete with the great array of cakes, pastries and sandwiches. Visitors were amazed not only at the sight of the goodies on offer, but also the warmth of the welcome. Two walkers from King's Lynn, Hilary and Mary said it was the perfect end to a lovely long walk. A family from Grimsby thoroughly enjoyed themselves and when asked to join us for our next Chip & Quiz night thought it was a little far to travel and there are lots of good fish and chips at home!!

£330 was donated to the Church, a big thank you to all who made the event so memorable.

Don't forget the 27th June for our Chips & Quiz book early rather than be disappointed Call Elly Betts on 577640

We have a budding artist in the village, this is James Love's picture of a Barn Owl, well done, James!



Derek Wintle
570097



A new member of our church joined us when Greta Elizabeth was baptised during morning prayer on 17th. She was warmly welcomed by the congregation and we hope to see more of the family when they move into their newly built home on the site of the old Church Cottage. Let us hope the plans submitted are passed without any delay.

Welcome also to Ann-Marie Wills-Wilson who has moved into Westover, so one artist out and one in. Ann-Marie will be exhibiting her work at Blickling from 22nd July to 9th August. Little Barningham is turning into an artist's colony!

Times Past Remembered

This is a photograph of where now stands The Deepings and Westover. The blacksmith shop was owned by C J March who also had a similar establishment in Matlaske.

If you have any memories or photos to share let me know, as they can be included in future newsletters.

Little Barningham's Buzzy Rouse, his daughter-in-law Margery and an un-named dog



Matlaske

100 Club

£25 H Baynes, £10 D Fiddian, £5 A Gillard

Welcome to Ian and Christine Moore, who have moved into Church Cottage. We hope they enjoy living in Matlaske.

It is good to know Ted is back at home.

We send best wishes for a speedy recovery to Pat Chapman, Clerk to Matlaske and Baconsthorpe Parish Councils, who has had a hip replacement.

The PCC met on Wednesday 20th April. The main topic for discussion was the grant for the repairs to the north roof. Work will start in Spring 2016.

A volunteer is needed to take over Dennis Whalley's Church Village News.

Please ring me on 577363 if you would like a walk once a month from Springfield,



Florence Hunt
577363

Wickmere Road to Jubilee Cottage to the Shambles.

Thomas Courtauld has compiled a list of areas of help required for the Fête It has been included in this month's magazine. Please rally round to ensure the Fête is a success. As usual Mr Cushing will provide the music.

Quiz Report from Cherry

The quiz night proved to be a popular event with plenty of questions to test the grey matter!

Thank you to everyone for their support and for all the donations of raffle prizes. Also a big thank you to Thomas & Amelia Courtauld for the use of the Old Stables.

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Parish Council

Do visit the new PC website using the link below. Contact Carolyn Price, the Parish Clerk if you have any queries. She would be delighted to receive any photographs/history which could be added to the site:

plumsteadparishcouncil.norfolkparishes.gov.uk

Village Pond & Wildflower Meadow

The PC are working to create a picnic area beside the village pond whilst maintaining the informality of the setting as a wildlife and conservation haven.

We would love to have some new photos for the noticeboard by the pond. Do have a go at capturing its beauty.

We had such a good feedback from the questionnaire about the wildflower meadow - thank you to all those who responded. We are reviewing the ideas.

Defibrillator

Many of us recently attended a training session organised by Sheringham Community First Responders. We were shown how a defibrillator works and through the use of dummies how to deal with an emergency. If anyone would like to be shown the defibrillator call Julie 577447. We hope to have contact numbers available in the telephone box.

The PC wishes to thank Julie Brown for her work in organising the acquisition of the defibrillator. She worked extremely hard to ensure we are able to provide this vital service.



Mary Lintott
577718

RNLI

A huge thank you to everyone in Plumstead who donated to the recent door to door collection for the RNLI. We managed to raise



£99.20 which is pretty impressive for a small village.

Village Sign

Our village sign has recently been brightened up! It's the 15th Anniversary. Thank you to the unsung heroes are Doreen & Frank Hebron who painstakingly restore and repaint it regularly to ensure that it will last long

into the future. Don't take it for granted the next time you go past - take a good look.

Happy 80th Birthday to Bob Strutt who is at Pine Heath High Kelling.

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Saxthorpe with Corpusty

Tues 9 10.00am **Norfolk Knitters** Village Hall
 Wed 17 6.30pm **LinC Summer Buffet** Heather & Brian's Home
 Thur 18 3.30pm **Families Together** Village Hall

LinC Nepal Talk

Ann and Peter Eglington gave an illustrated talk to LinC on their visit to Nepal. Ann showed photos of beautiful temples and other heritage buildings which were such a draw for tourists and which added to the country's meagre income. But she was particularly passionate about the lack of a chimney in the one-roomed homes. All cooking is done on an open fire with the smoke rising to the rafters, thus staying in the room and resulting ill-health of all. Peter and Ann gather much information by going off the tourist trail and living with the Nepalese. For each visit they have a trusted guide, Iman, who has asked them to help his village school as well as the one they were already supporting.

LinC's Spring Fayre



LinC's Spring Fayre was well supported and those who came, gave generously. A cheque for £500.0 will be sent to Tapping House, the new hospice being built in West Norfolk, and one for £93.0 will add to Ann and Peter's Nepal Tragedy Appeal. Thank you to everyone who contributed in any way. The photograph shows Toby Snelling in Aubrey Poberefsky's vintage 1938 MG VA car.

Neighbourhood Plan

The Neighbourhood Plan is moving rapidly towards its concluding phase. The draft plan is being written. When it is finalised it will be circulated to every household in the official Neighbourhood Area, roughly the same as the parish. It will then go to an official referendum of all eligible voters. A majority vote in favour will mean that the voice of this community can be heard more powerfully in local government decision-making than would otherwise be the case. Watch this space for further updates, for more information contact: Imogen Waterson 587610 or Tony Barnett 587342

Parish Council

The Parish Council reconvened on 19th May, when the new officers were elected. The names of the officers will be given in the next edition. The Chair, Archie Mitchell, is standing down as are two other members, Aubrey Poberefsky and Paul Peachment.

Corpusty Primary School entertained parents and friends to an exquisite display of Maypole dancing. Thank You



Judith Banks
587319

Wickmere with Wolterton

Once again, I would like to apologise for those birthdays missed in the last magazine. Belated birthday wishes go to Paddy Seligman for the 12th May and Mark Shaw 20th.

Many congratulations to Katie and Daniel Wright who had a beautiful little girl on 4th May (Star Wars day – May the 4th be with you) 8lb 4oz, welcome to Lucy Janet.

Get well wishes go out to Billy Riches who had to have his appendix removed over the last Bank Holiday weekend!! Looking forward to seeing his cheeky grin out and about soon.

We have to say a sad goodbye to Jan and James and the boys, wishing them the best of luck in their new home.

There was a Village Hall meeting on 30th April, it was recorded that Quiz & Food made £57.20 and £85+ was made from the plant sale, and donated to village hall funds. Thanks very much George for your hard work. A memorial bench was commissioned for £200, and Terry and Richard are looking to site a shed alongside the village hall for storage of tables and excess clutter, this had been provisionally priced at £1,000.

Unfortunately on 18th May, someone decided to help themselves to 2 boxes of eggs and the money tin from the stall outside the church. Sadly there are those without a shred

of decency about them.

At the meeting it was also recorded that Lesley Ash is stepping down from her position on the committee. She is someone we will all miss. It has to be said that without Lesley's tireless hard work, fearless form filling and grant chasing, and unending willingness to get stuck in, we certainly would not have the village hall we are proud to use now. Thank you very much Lesley, for everything you have done.

The Plant & Craft sale was held on 10th May. Thank you to everyone who popped down either to snap-up a bargain or just come for a cuppa and a chat.

Move over Paula Radcliffe, we have Team Wickmere. On Sunday 17th May, George Madeley and Tracy Riches took part in the Race for Life. After weeks of training, and the initial doubts of madness and need for oxygen the ladies took only 36 minutes to complete the course. A huge well done - London Marathon here we come??!!

It is Prom time again soon - a new venue is being sought. Hoveton Hall has been mentioned. Good luck to Cameron Bray for this, looking forward to seeing you in your suit for the occasion.



Helen Goulty
570043

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Village Gardeners



My tomatoes have produced two or three trusses and to help the fruit set when there are not many insects and bees about, try tapping the stem of the plant gently. Do not start feeding until the first truss of fruit is set, you can then feed once a week in June with a high potash feed. I always put a few strong smelling tagetes plants in the greenhouse to deter the green and white fly. It does help. Also keep the greenhouse free of weeds as these harbour pests.

This is the time to carry on sowing salads but only sow a few at a time, so you are able to eat them while they are still young. If you love runner beans then sowing a few beans in early June should mean a crop to pick until the frosts.

I also plant a row of early variety of potatoes in June to give lovely new potatoes at the end of the summer.

If you grow winter greens then make sure they are planted this month. To prevent club root, mix a little lime in the hole first before planting. You do not have to lime the whole area, just treat the ground where the plants are going to grow.

Sweet peas need to be cut regularly and remove any dead flowers before they form the seed-pod. Feed generously with a liquid feed to maintain flowering as long as possible. Enjoy the colourful garden.

Peter Eglington

The days have been quite sunny but the nights have remained cool so plants probably have not grown quite as quickly as you would have liked. Nevertheless perennials will soon be at their best, and unfortunately taller species like delphiniums can be spoiled by strong winds. A few canes and string put around the plants now will give support. Do not over support as this will spoil the natural beauty of the plant.

Camelias should be pruned now so that the plant keeps its shape and if the shrub has got too big then prune to reduce its size.

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Lt Barningham	Harry Betts	577640
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Nature Notes



activities, not always guaranteed. Should the Great British Summer not play ball and halt the parent's feeding frenzy for a few days, all is not lost, for by lowering metabolic rate and temperature, and entering a semiconscious state, the chicks can evade starvation.

Unrelated to the swallows and martins with which we associate them, swifts are actually part of the same order as



Sue Appleby

It's funny how certain smells, tastes and sounds have the power to stir up long forgotten memories. A particular perfume that I wore whilst pregnant two decades ago can still make

me quite queasy, immediately transporting me back to those glorious morning-sickness filled days!

Similarly, but thankfully more pleasantly, the screaming sound of swifts, conjures up images of childhood holidays by the sea and long sun-filled evenings, filling me with a deep contentment, confirming summer is here.

As happy in urban areas as they are out in the countryside, their scythe-shaped silhouettes and screaming chases fill our skies for a few short weeks from May until early August, when, once again, they depart for the warmth of an African winter. Their brief sojourn coincides with the presence of our winged insects, 100 000 of which a single swift can consume each day.

Catching winged insects, is weather dependent, and like many of our own summer

hummingbirds - the Apodiformes - sharing the same ability to rotate their wings for increased manoeuvrability. Literally meaning footless, birds in this order have small toes and short legs so limited in function that for generations many erroneously believed them not to exist at all in swifts.

Whilst seldom seen on the ground, forward and backward facing toes have earned swifts the German name mauersegler or wall glider, for they are proficient in clinging to the vertical surfaces on which they build their nests from saliva mixed with airborne material caught in flight.

Cooping up nesting material is just one of the swift's many flying skills, for they mate, eat, drink and, by shutting down half their brain at a time and using the alert half only, even sleep on the wing. Indeed only ever really landing to rear their young, the average swift clocks up an astounding 3 million miles over the course of its lifetime - the equivalent of circumnavigating the Earth 120 times and surely enough air-miles to rival Sir Richard Branson!