

Church & Village News

July 2015



Past Times

The Old Blacksmith's Shop, Matlaske

Village Gardeners



leave the greenhouse open to create a healthy atmosphere.

Fruit trees this year appear to have plenty of fruit that has set. If you want good sized apples and pears then you should thin to 2 fruits per cluster.

Try not to water too much, apart from new plantings, as it is better for the plant to search for water and put down strong roots. The exception is runner beans which will need all the water you can give them to ensure the flowers set and then produce the tender beans.

A lot of work is needed to produce a good hanging basket which will last the summer. Remove all the dead heads of the flowers, and water daily, feed at least weekly.

We have not had much rain lately and if this continues it is best not to cut the grass too short. If the grass is short it does no harm to leave the clippings on the lawn.

Do not to forget to edge the lawn as it always makes even a poor lawn look better. Happy harvesting.

Peter Eglington

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It is time now to start savouring the fruits of all the hard work, but the secret of harvesting and enjoying vegetables throughout the summer months and avoiding gluts and shortages is to sow small quantities spaced over several weeks. You will see in the picture my first row of peas is nearly ready whilst the last row is only a few inches tall. Making several small sowings of lettuces, spring onions, carrot, beetroot and even runner beans will give lovely young crops all summer. There is still time to sow all these to ensure crops mature in September/October.

Tomatoes will have plenty of fruit set by now so water once or twice a week with a high potash feed. It is a good idea to occasionally give a feed with more nitrogen to keep the plants growing strongly. Never let the plants dry out as this will cause brown patches at the bottom of the fruit, called blossom end rot. Tomato leaves can sometimes turn yellow between the veins, this can be corrected by spraying a few times with Epsom Salts. As the weather warms up at night

What's On

JULY

Fri 3	9.30am	Corpusty Toddlers Group - Slice of Summer	Village Hall
Sat 4	12.30pm	Plumstead Picnic by the Pond	
Sun 5	3.00pm	Corpusty Tea at Three Garden Party	Wheatsheaf House
Thurs 9	7.30pm	Baconsthorpe Village Hall AGM	Village Hall
Sat 11	2.00pm	Edgefield Village Fête	Edgefield Green
Mon 13	7.00pm	Plumstead PC Meeting	TBC
Wed 15	10.00am	Corpusty LinC Outing to Hindringham Hall Gardens	
Thur 16	3.30pm	Corpusty Families Together	Village Hall
Fri 17	7.00pm	Baconsthorpe Quiz Night	Village Hall
Sun 19	12.00noon	Hempstead Venda Project Charity Lunch	Village Hall
Sun 19	3.00pm	Saxthorpe Sheringham Singers Concert	St Andrew's Church
Tue 21	7.00pm	Corpusty Parish Council	Village Hall
Sat 25	2.30pm	Matlaske Village Fête	Barningham Hall

AUGUST

Sun 9	2.00pm	Hempstead Fête	Village Green
Mon 10	7.30pm	Baconsthorpe Parish Council Meeting	Village Hall
Sat 15	10.00am	Corpusty Craft Fair	St Andrew's Church, Saxthorpe
Wed 12	7.30pm	Matlaske PC Meeting	St Peter's Church
Thur 13	2.30pm	Plumstead Angels & Dragons	St Michael's Church
Sun 23	2.00pm	Little Barningham Village Fête & Tug o' War	

SEPTEMBER

Mon 7	7.00pm	Plumstead PC Meeting	TBC
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Mobile Library Van

Every fourth Thursday

9 Jul	6 Aug	3 Sep	23 Jul	13 Aug	10 Sep
Itteringham	11.00 NR11 7AP	The Common	Saxthorpe	11.50 NR11 7BL	Old Post Office
	11.15 NR11 7AY	The Rectory	Corpusty	12.10 NR11 6QP	School
Lt Barningham	12.05 NR11 7AG	The Street		12.40 NR11 7BU	Great Farm Cott's
Matlaske	12.30 NR11 7AQ	Old Post Office		2.00 NR11 6QJ	Adams Lane
Plumstead	1.15 NR11 7LG	Walnut Farm		2.15 NR11 6QL	3 Council Houses
Baconsthorpe	2.45 NR25 6LJ	Council Bungalows		2.30 NR11 6QL	16 Council Houses
	4.10 NR25 6LG	Old Post Office	Edgefield	3.15 NR24 2AX	The Street
Hempstead	3.20 NR25 6LE	Hare & Hounds		3.40 NR24 2AL	The Memorial
	3.40 NR25 6TL	Telephone kiosk	Wickmere	10 June 12.45pm	Wolterton Hall
				1.15pm	Village Sign

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 Fri 9.30am - 6.00pm

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Regular Events

Baconsthorpe Village Hall

7.30pm
10.00am
7.30pm

Line Dancing - 711320

Diocesan Play Van - 07918 027092

Carpet Bowls - 711320

Mondays

Tuesdays during term time

Tuesdays during term time

Corpusty Village Hall

2.00pm - 4.00pm
2.00pm - 4.00pm
10.00am - 12noon

Bure Valley Quilters & Stitchers

Short Mat Bowls - suspended until September

Norfolk Knitters

2nd and 4th Mondays

Tuesdays

2nd Tuesday

Tea, coffee and biscuits are provided. There is yarn to play with as well as lots of magazines and patterns for inspiration. All levels of ability are catered for with an experienced knitting and crochet teacher. Cost is £7 for a 4 week term or £2 per week

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10.00am - 12noon
9.30am - 11.30am

Art Group

Toddler Group

Thursdays

Fridays during term time

Edgefield Village Hall

10.30am

Coffee Morning - Jeff Witts 587661

Last Thursday each month

Hempstead Village Hall

10.00am

Charcoal Drawing - Mike Thody 711282

Tuesdays

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Wednesday, Thursday, Friday June-Aug 11-5

Events

July 4th Garden Party with Concert

August 8th The Tempest - Open Air Theatre

August 16th Fairy Tales & Fables

Sept 6th Charity Day - Hall Open

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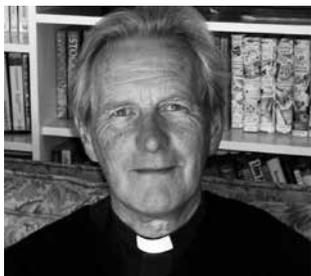
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Reflection from the Rectory



Brian Faulkner - Curate

It's good when new things begin that should be of benefit to many of us.

This month sees the beginning of

a new pattern of worship in our ten churches which Marion and I are pleased to commend. A pattern of services not monthly in format, but covering six weeks.

A pattern of services which over each six week period, uses all ten buildings and seeks to reflect something of the rich variety of Christian worship that is available for our use.

Every sixth Sunday finds us hosting a benefice Holy Communion in a different church in turn. On a day when this will be

the only act of worship in our benefice.

I believe that this pattern, agreed at a special meeting of Church Wardens in June, will be of positive aid as we look to the future.

Encouraging Christians to attend public worship regularly Sunday by Sunday.

Encouraging us to travel and co-operate beyond our immediate village.

Encouraging us to experience something of the rich variety of worship style and tradition that is on offer.

Encouraging us to gather together in greater numbers, on those days when greater numbers make new things possible.

In November, after having experienced this pattern of services several times over, each PCC and the Church Wardens and Ministry Team of our churches will assess how it has been.

Brian Faulkner

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Church Services for July / August

Midweek Communion: Little Barningham / Saxthorpe

5th July

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion	Hempstead
10.45	Matins	Plumstead
11.00	Holy Communion <i>CW</i>	Saxthorpe

12th July

9.00	Matins	Itteringham
9.15	Holy Communion	Matlaske
10.45	Matins	Baconsthorpe
11.00	Holy Communion <i>CW</i>	Edgefield
	Community Weekend	Little Barningham

19th July

9.00	Morning Prayer	Little Barningham
9.15	Holy Communion <i>CW</i>	Barningham Winter
10.45	Matins	Hempstead
11.00	Family Service	Wickmere

26th July

10.00am	Holy Communion - All Benefice	Edgefield
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2nd August

9.00	Family Service	Edgefield
9.15	Holy Communion	Plumstead
10.45	Matins	Matlaske
11.00	Holy Communion <i>CW</i>	Little Barningham

9th August

9.00	Morning Praise	Saxthorpe
9.15	Holy Communion	Baconsthorpe
10.45	Matins	Barningham Winter
11.00	Holy Communion <i>CW</i>	Itteringham
	Community Weekend	Little Barningham

CW = Common Worship *BCP* = Book of Common Prayer

Baconsthorpe

Thurs 9 7.30pm **Village Hall Annual General Meeting**
Fri 17 7.00pm **Quiz Night**

200 Club

£25 Mr Lubbock, £10 Andrew Rudd, £ 5 Pat Abbs and Nancy Glazebrook

Village Hall

We had a very successful jumble sale making £150 profit to go towards the up-keep of your Village Hall. We are at a stage now where we're having repairs cropping up all the time.

The Village Hall AGM is on Thursday the 9th of July at 7.30pm. PLEASE come along to show your support and also to have your say about what you would like to see go on in your Hall.

It would be a pleasure to see some villagers come along with ideas and offers of



Ro Hardingham
577262

help, and also to come on the committee to ensure the hall remains open and secure for future use.

Please don't forget our Quiz on Friday 17th of July at 7pm. It's a fun quiz with a jacket potato supper with various fillings, bread roll, tea/coffee or squash all just for £6 per person. There will also be a raffle. Bring your own tippie, teams of up to four persons, but please come along as there will be many new friends to meet and join up with.

John Cooper - Chairman

Barningham Winter



colourful flowers and bunting. People enjoyed chatting, eating and dancing and it was very fitting for Ruth to be married at the church as her grandparents (Fred and June Hannant) had been married there 65 years ago. Ruth is a vet and Gavin is a surveyor and they have made their home in Little Barningham. Many thanks to all those who made their day so perfect, especially Mr and Mrs Thomas Courtauld.



Sara Buxton
577207

We send our good wishes to Free White who has now moved to Lloyd Court, Kelling. Free had lived at Wells Farm Cottage since 1952.

The 'Roll of Honour' has been reframed and the charming drawing by Richenda Riches of Matlaske of Cleaning at St Mary's has also been framed and hung in the church.

Ruth Buxton and Gavin Swinbourne were married at St Mary's Church, Barningham Winter on the 23rd May surrounded by friends and family from near and afar on a perfect May afternoon. The little church looked lovely and the marquee which was just outside the church was decorated with

Thanks to Jonny Lynes of Aylmerton for his work in the framing of these items.

It seems the season for weddings if not rugby: Ben Youngs (son of Mr and Mrs Nicholas Youngs) from Horseshoe Barn, Mannington married his childhood sweetheart Charlotte Beardshaw on the 6th June at the Catholic Church, North

Walsham. The service was followed by a reception at The Grange, North Walsham. Ben is currently the captain of Leicester Tigers Rugby club and Charlotte is a nurse. They live near Leicester with their little son Boris Digby. We wish them every happiness in their future together.

Edgefield

Sat 11 2.00pm **Village Fête**

Church News

We are very pleased to see our Church Warden Angela back with us and, we all hope, well on the road to a full recovery after her operation in May. Fortunately, she returned in time to supervise the final preparations for the Open Gardens Weekend, which will have taken place by the time this Newsletter goes to print.

The Rev Michael Banks is taking a well-earned break over the summer following the end of his official work in the benefice, and his chaplaincy at Beeston Hall School. We wish him and Judith a happy and restful time before the next phase of his ministry.

We were all very sorry to learn of the death of Jenny Earnshaw, who had been in poor health for some time, and we offer our

sympathy to Eric in his sad loss.

Village Hall News

Jim Frost

The forthcoming Village Fête, which is scheduled take place on Saturday, 11th July, between 2.00 and 5.00pm, is the major event of the summer and promises to be a fun-packed afternoon, with plenty of activities for both grown-ups and young people.

It will take place on the Green and will include a not-too-serious dog show, lots of games for all the family, cream teas, dancing, live music from the group Compass Moon, a fancy dress competition and more besides. Everyone is very welcome to come and join in what promises to be an enjoyable and friendly afternoon.



Richard Peaver
587486

Hempstead

Sat 18 12.00noon **Charity Lunch**

200 Club

£25 K Wood, £10 A Mcfaydon, £5 G Thurlow, G Harris, S Sullivan

A Christening

We were delighted on Sunday 14th June to welcome to church Mollie Mack, her family and friends. Mollie was baptised in the morning service and what a star she was! Her parents Alex and Charlie, and her grandparents Lynda and William were

justifiably very proud. It was so good to see the church full, with many children present who were encouraged by the Rev Marion to take an active part in the service, we hope to see you again soon Mollie.



Sharon Hannah
711769

Hempstead Fête

Hempstead Fête is 9th August at 2pm and all are welcome. There will be games, refreshments and the church will have a children's theme this year with a quest for children of all ages. Help would be gratefully received on fête day and items for the bric-a-brac stall, cakes for teas and cake stall, plants and produce stall and the tombola are all needed. Please contact Peter Quin 712831 for more information. Thank you.

Charity Lunch

Please don't forget the charity lunch in aid of the Norfolk Venda educational project, July 18th at 12noon in the village hall. For catering purposes please let Su know if you are coming on 710702. Everyone welcome from any village and your friends are welcome too!

An Afternoon Tea Party

Betty Hart enjoyed her 90th birthday tea party in the village hall, well attended by friends and family who had travelled from all over to help celebrate with her turning this fantastic age, congratulations Betty!

Birdwatching

A lesser spotted woodpecker has been seen as have many sparrow hawks and kestrels and

buzzards. It seems this month is the month of the bird of prey. They seem to be in the sky circling constantly. It's lovely to see the pied wagtails again, also a baby jackdaw fledged too early and ended up in a pickle. Its parents fed him for two days and he helped himself to some water put out for the chickens and hid in the hedgerow for a while. I had to resist the temptation of thou shalt not interfere with Mother Nature, I was thinking of keeping him and looking after him myself, and then he disappeared.

Having visited the Fairy Fair at Holt Hall a few weeks earlier I seem to remember they had a jackdaw there who had been rescued. The jackdaw was fantastic, he could speak almost and seemed to flourish around people, unlike the rescued barn owl who seemed sad and looked like he were in a trance. Any birdwatching news please don't forget to let me know...

Happy 60th birthday Uncle Jumbo!

On a final note, thank you to the person unknown who is keeping the village green nice and trim. This is very kind and it looks fantastic after you have cut it, so thank you again!

Itteringham

The day was fine and bright. Itteringham's reputation for good food was again enriched by the choice of lunches offered, but more importantly by the droolingly irresistible assortment of cakes baked-off by a host of would-be bake-off winners. Your writer was called on to offer these, but after gaining several pounds was rapped on the knuckles by the authorities! The work in the kitchen was unrelenting. Fatigued and fainting bodies were piled in a corner



Tickets, please!"
Sheila Mitchell

and ignored, whilst those remaining battled on. Many gave their all and deserve every accolade. Dameships and knighthoods all round. But then the thanks of millions is the best reward. Performance beyond the call of duty. Thank you. A million times!

At the end was a raffle. The prizes were very, very generous. Shouts of "fix" were ignored, as tickets were claimed and all left



Eric Goodman
587278

happy with the result. We are grateful to our donors. Thank you so much.

At the very end was an auction of promises. A club-wielding Savage surprised us all with his skill and adroitness in extracting bids from all parts of the hall (Dennis Savage that is). The promises were many, varied and bounteous. Your generosity is here recorded to eternity... and beyond. Another three (thousand) cheers. Hip, Hip.....

Our most notable visitor was Sheila Mitchell who did stirling work at the door. She is missed and will always be welcome here. We

hope that Norwich will be a great success.

There is a real threat now to the future of the village shop, a real 'hub' of the village. A public meeting has been arranged for 30th September. It is important that as many as possible attend.

An AGM for the Community Shop Association was held. Oh, no! Bridget Neville has resigned. She has been the Rock for Ages on the committee, and an invaluable treasurer. A book keeper is urgently required. Please fill the gap. Call Widge on 587278 or Bridget on 587564.

Little Barningham

It is with deep sadness that we received the news of the sudden death of Simon Griffiths. Our thoughts and prayers go out to his wife and sons and his mother and father. They were regular visitors to their holiday cottage down the lane.

Congratulations to Gavin and Ruth on their marriage. May they have a long and happy life together in Little Barningham.

Village Fête

Village fête and tug o' war Sunday 23rd August. Village and Business teams of six apply to Ellie Betts 577640, to register for the David Rowe Shield.

Last year the event was successful, especially as OUR team won, so will all the village come

to enjoy and cheer and roar on this year's team.



Derek Wintle
570097

Care, Co-operation & Compassion in the Community

On Saturday afternoon June 13th Thelma Wells heard a whimpering at the door only to discover a Small puppy. She took it in and gave it a saucer of milk, which it drank avidly. She couldn't find anyone to whom it belonged. On talking to Jean and Dennis Farmer about the situation, Jean phoned around but to no avail. Debbie Love heard about this and offered to foster the puppy.

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Matlaske

Sat 25 2.30pm Village Fête - Barningham Park

100 Club

£25 B Summons, £10 G Jenson, £5 C Shepherd

Welcome to Percy Stilwell who has moved into
Oakdene. We hope he enjoys living in Matlaske.

The AGM of the PCC was held on
Wednesday 17th June. Topics discussed
included work carried out by Rangers,
Norfolk collective solar scheme, Holt Snap,
and telephone problems. Sara Buxton will
continue as Parish Council Chair.

Freda England writes: It was with sadness
we heard the news that Mrs Mary Hook's
daughter, Maureen, had passed away suddenly
at her home in Thetford on 9th June. Our
heartfelt sympathy and love go to Mary and
the family.

Vera Norman and family wish to thank
everyone for their good wishes and gifts
on the occasion of their 66th wedding
anniversary and also their kind thoughts
while Ted was in hospital.

Blacksmith's Shop

Marion Shepherd writes: How lovely to see
the Blacksmith's Shop at Matlaske mentioned
in Times Past Remembered in last month's
edition! I have many fond memories as a little
girl of watching my Grandfather working the
forge, and later on his son, my Uncle John. C
J March & Sons was a real family concern, and
after C J March's death in 1977, his sons John



Florence Hunt
577363

and Donny carried on until
their retirement. John died in
2002. Donny, the last male
March, still lives in Matlaske as
does his daughter (me) and his
granddaughter.

Donny will celebrate his 90th birthday in
July - happy birthday, Dad!

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 Mon 17 7.00pm **Parish Council Meeting**



Photograph Dave Chilvers

in Plumstead since the early 1970s and is passionate about flowers. John said "I am especially thrilled to open the Flagpole Garden and see the next generation of residents here today".

A very big thank you from the PCC to all those involved in the organisation. Bakers, waitresses, movers of furniture, car park attendants and those who opened their gardens. Many new faces in the village came to support the event. There are too many names to mention although the

Committee were instrumental in making this a wonderful village occasion.

The winner of the Flagpole Garden Plant Name Challenge was Brenda Garrett - congratulations - not an easy task!

The winner of the Gardens Plant Name Challenge to be announced.

Over £1,600 was raised for St Michael's Church, Plumstead and The Norfolk Hospice.

Picnic by the Pond

Do come and join us for another village event. Enjoy the beautiful pond area bring your picnic have a chat and PEG will provide the drinks. A leaflet will come through your door during the next week.

We say goodbye to Emma and the family who have left the wilds of North Norfolk to settle in the wilds of the Tuscan countryside - we wish them all well in their new venture.



Mary Lintott
577718

Saxthorpe with Corpusty

Fri 3 9.30am
Sun 5 3.00pm
Wed 15 10.00am
Thur 16 3.30pm
Sun 19 3.00pm

Corpusty Toddlers Group - Slice of Summer Tea at Three - Nepal Earthquake Fundraiser
LinC Outing to Hindringham Hall Gardens
Families Together
Sheringham Singers' Concert



Judith Banks
587319

20 came to support. There were opportunities to try on the make-up which led to



much hilarity, alongside a raffle and some delicious home baking. Thanks to Andrea for organising and leading the event.

The officers of the Corpusty & Saxthorpe Parish Council are Chair: Imogen Waterson, Deputy Chair: Graham Sinclair, and Clerk: Jo Boxall.

A magnificent sight was seen on Corpusty Green on Sunday, June 14th, when a number of vintage agricultural vehicles parked up on their tour of this part of the county. Nostalgia and interest combined as old and young shared stories or learnt of harvests gathered in, in years gone by. The gentle chug as they pulled away again brought back memories of journeys travelled at a much slower pace than today.

Many congratulations to Geoff and Brenda Dunn, of Little London, on their Golden Wedding Anniversary on 25th May. We hear they enjoyed a happy family gathering, including their son and his wife travelling from America. A message from Trish Porthouse: that short mat-bowls at Corpusty Village Hall is suspended as of now until the 1st of September, as many of the participants bowl outside in the summer.



The first photo shows two collared dove fledglings, not quite ready to fly, still safe in their scruffy nest in a piece of guttering above a front door of a home in Saxthorpe

The second photo shows some of the participants in Families Together's 4th Birthday Party. Much fun was enjoyed by all, from the youngest to the eldest.

The Avon Pink Party Breast Cancer Awareness evening raised £100 and about

Wickmere with Wolterton

Fri 3 7.00pm **Bangers, Burgers & Boogie**



Helen Goulty
570043

July already! Yippee. For some it means NO MORE SCHOOL :) School ends on July 21st. So please take care around the village as I'm sure the good weather (fingers crossed), will mean the youngsters will be out enjoying the freedom that living somewhere so lovely affords them.

Many thanks to Vic Shaw for keeping the area around the Village Hall looking shipshape.

Have you noticed the new Village sign? This replaced the old one, which had become in need of some serious TLC. The new one was designed by Lesley, put up by Richard and financed by the Parish Council. It is something that will last for many years and reflects the heart of Wickmere.

The shed is almost complete, many thanks to Terry, Fred & Richard. The extra storage space it will bring, will boost the use of the hall interior, rather than having to work round stacked chairs and tables.



Following on from last month's news of 'Team Wickmere'. The picture shows Tracy & George with their medals after completing a Race 4 Life. They raised over £200+, and would like to say a big THANK YOU to all who sponsored them.

Sadly, we have had to say goodbye to Helen, Scott & Alasdair McKenzie. After 25 years in the village, and Scott being Churchwarden for 19 years, they have moved to Hindringham. They will be missed, but are wished every happiness in their new home.

The next Social Evening will be on July 3rd. This is advertised as Bangers, Burgers & Boogie. Food will be available from 7pm. As always, anyone wishing to pop down is urged to bring their own CDs and drink. Burgers and sausages in buns will be £2.50. Look for posters for more info. Everyone welcome.

July birthdays: Happy 21st to Jenny Amis on 13th, Orla Shaw becomes a teenager on 19th, and Cameron Bray will be 16 on 22nd.

Katie Appleby has achieved a 1st from Exeter University in Biology, Conservation and Ecology, and Jake Appleby got a merit in his Diploma in Agriculture at Easton College. Well done, both!

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Nature Notes



55A

Naturally a woodland native, these bees with orange backs, black abdomens and white tails, are the first to become active in spring, making them valuable early pollinators. An apparent resistance to many bee diseases and an ability to adapt to an increasingly urban environment helps the Tree bumblebee to thrive - whilst numbers of woodlands diminish, these bees have taken to living in bird boxes, queens happily using old nest material to kick-start new colonies.

Inside the nest, the queen lays and tends to her eggs, keeping them at a constant 30°C, fanning them when too warm, or lying on them when they are cool, a bare patch on her abdomen allowing direct heat transfer. The first brood are

all female workers, whose task it is to fetch nectar and pollen for the colony, gathering the latter by buzz pollination, a method where having taken hold of a flower head, rapid contractions of the flight muscles create vibrations that shake the pollen free. Before flying off, the bees secrete scent from their feet, leaving a time-saving message to others that the nectar here has been collected.

Tree bumblebees, whilst normally docile, defend their homes more aggressively than other species. When a colony recently established itself in one of our bird boxes, I spent weeks doing my best imitation of a Ninja Warrior, in an attempt to go undetected. However, able to sense the slightest vibration and with five eyes each almost literally giving them eyes in the back of their heads, it was most certainly the bees who proved they wore the trousers in that relationship.

Bees 1 - Innocent Bystander 0!!



Sue Appleby

Readers of *Harry Potter* will be familiar with Dumbledore, Hogwarts' wizarding headmaster. His name actually comes from the Old English 'dumble', meaning 'to move sluggishly', and 'dore' a buzzing insect. Put them together and it is easy to see how, 'dumbledore' became the country name for a bumblebee!

Playing a crucial ecological role, it is concerning that bees of all shapes and sizes, including the 24 species of British bumblebee, are struggling. However, it seems some species are bucking this trend, including new kids on the block, Tree bumblebees. Hitching a ride on cross channel breezes and imported plants, they arrived here in 2001, and have been increasing their range at a rate of 50km² each year ever since.

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Nepal Tragedy



Corpusty's Ann and Peter Eglington have been raising money for and visiting Nepal since 2005, about every three or four years. Ann has photos of beautiful temples and other heritage buildings which were such a draw for tourists and which added to the country's meagre income.

Since then two severe earthquakes have shaken the area. Ann has received emails (shortened below) from their tour organiser, Sohan, and their guide, Iman, and some horrific pictures of devastation. The first email after the first quake: "Namaste! (a Hindu greeting, with hands together in a prayerful pose, and a slight bow of the head, meaning, respect, honour and peace). Nepal has been pushed back by calamity.

Many beautiful sites and monuments of Kathmandu and surrounding areas have been destroyed and the tourism is totally disturbed. 7800 have lost their lives and about 16000 have been injured in the quake. We survived coz it came in daytime and schools were closed for official holiday....less casualties. Many tremors since. I joined a youth team doing search and rescue, helping to get people's stuff out of the rubble. We had to rescue and move rice to a safe place away from the monsoon rains. We also had to pull down unsafe buildings. The villagers thanked us with a drink of chyang (rice beer and Aila rice wine)". An email from Iman after the first quake: "Thank you for your immediate response of my message. Some villagers, (36 houses were damaged) are staying in cattle shelter, like us; chicken and goat farms; and temporary tarpaulin canopies". Ann and Peter have heard that Iman and his flat are safe after the second quake.

Ann and Peter wish to thank everyone for donations, already given to Iman's villagers, £2000.00 initially, and another £500.00+ collected, will be sent out in due course. Further donations can be placed in the collection jar in Corpusty Stores, where to date £335.40p have been raised, for which Ann and Peter are very grateful. It looks as though at least £1000.00 will be sent out in July.

Or you could visit Disasters Emergency Committee (DEC) Nepal Earthquake Appeal, or send cheques to DEC Secretariat, Ground Floor, 43 Charlton Street, London, NW1 1DU, or ring 02073870200.

Ann and Peter are holding a Tea at Three Garden Party, on Sunday 5th July, 3 - 5pm at Wheatshaf House, Corpusty. Tea, cakes, raffle and entertainment by Marsham Ladies Handbell Group. All money raised will be sent to Nepal.



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Itteringham	Ray Covell	587659
	Derek Turnbell	587259
Little Barningham	Pamela Daniels	577436
	Michael Daniels	577436
Matlaske	Thomas Courtauld	577250
Plumstead	Eleanor Faulkner	577868
Saxthorpe	Merlin Waterson	587610
	Heather Monks	587118
Wickmere	Tony Hurn	577309
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Meet the Neighbours



As he awakens each morning at Green Farm in Little Barningham, Mike Daniels sees a landscape - dotted with grazing sheep - that he has lived in since he was born in 1946. He is the third generation to farm the land which his grandfather Jack took over in 1927: his son Gareth who specialises in sheep is the fourth. Mike and his wife Pam, who have been married for 49 years, are two of the mainstays of the village. Both have been church wardens since 1972, Mike is a parish councilor, Pam delivers this magazine to every house, and they organise the popular monthly Community Sundays in the village hall. The village would be a poorer place without their energy and commitment.

There have been big changes in the village in the decades since Mike was a boy. The post office, the blacksmith and the primary school at Matlaske which also took children from Plumstead and Little Barningham have gone. Mike was one of the last pupils at the school

when he left and one of the first to go on to the new secondary school in Sheringham.

On leaving school, Mike became an apprentice carpenter. But when orders fell off during the freezing winter of 1963 he went to join his father Percy who was shorthanded, and never left. Since then the farm has expanded from 250 to 350 acres in Little Barningham, Edgefield and Matlaske. The flock of sheep has grown to a thousand and their lamb is sold at farmers' markets. But they no longer have pigs or cattle.

Mike specialises in growing the Maris Otter variety of malting barley, which goes to the maltings at Great Ryburgh to be made into whisky or beer. He is cutting back on sugar beet. There is a world glut of sugar, he says, partly because sugar has become associated with obesity and diabetes. His quota has been cut by 20 per cent while the price per ton has gone down by 20 per cent.

That is the sort of tough luck that farmers learn to live with, whether it's the weather or falls in agricultural prices or fire - there was a vast fire in the main barn five years ago. Mike's worst experience was when a company went bankrupt owing the Daniels £18,000, but prices increased in the early 1990s and the farm survived. There may yet be a fifth generation at the farm.

The sky, the ponds, the fields, the birds, the bees, the landscape: normally rather taciturn, Mike waxes lyrical when he describes why he loves Little Barningham.

Brian MacArthur