

Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead • Itteringham • Little Barningham
Matlaske • Plumstead • Saxthorpe with Corpusty • Wickmere with Wolterton

August 2015



Hempstead Village Fête
Sunday 9th August 2.00pm

Nature Notes



Sue Appleby

One thing guaranteed to encourage wildlife into a garden faster than anything else is a pond. Many years ago we installed three small pools. Within half an hour

the first whirligig beetle landed and ever since populations in and around this watery habitat have gone from strength to strength in both numbers and diversity.

The largest inhabitant yet arrived this summer is a handsome, dark green, grass snake with its characteristic yellow and black collar.

One of only three native snakes, grass snakes are the UK's largest reptile, with females measuring up to 3½ feet, some 20 inches longer than their male counterparts. The males leave hibernation in early spring to bask in the warming sunshine, raising their body temperature in preparation for mating a couple of weeks later. The young hatch from leathery eggs in summer, eighteen inches long and immediately able to fend for themselves.

Cold-blooded grass snakes do not produce heat internally so require little food -

two to three significant meals each year is enough to sustain them and allow them to grow. Whilst the snake grows their skin does not, so once the outer layer becomes too small, it splits open allowing the snake to wriggle free. During this sloughing process the snake's eyes become cloudy, weakening eyesight, bringing movement to a standstill and leaving them most vulnerable to predation. Understandably,

this is when they will be most aggressive, though being non-venomous their defence is confined to exuding foul smells, inflating their bodies and making fake, venomous-looking strikes. If such scare tactics fail, they will feign death, rolling onto their backs, mouth gaping, blue forked tongue protruding, remaining there, motionless, until the danger has passed.

My last delightful encounter with a grass snake occurred some years ago. Canoeing with my daughter along the canal at Dilham, one skimmed across in front of us, head held high above the water, before heading off into the reeds on the opposite bank. Whilst such strong swimming skills may not be required for my tiny garden ponds, the presence of a healthy population of amphibians on which the snakes dine, along with the close proximity of a garden compost heap, where the warmth and humidity provide a perfect incubation site for its eggs, have clearly made this something of a 'des res', for this most harmless and, to date, impressive visitor.

What's On

AUGUST

Wed 5	7.30pm	Hempstead Play Reading	Village Hall
Fri 7	10.30am	Baconsthorpe Coffee & Gossip	Ash Tree Farm
Sun 9	2.00pm	Hempstead Fête	Village Green
Mon 10	7.30pm	Baconsthorpe Parish Council Meeting	Village Hall
Sat 15	10.00am	Corpusty Craft Fair	St Andrew's Church, Saxthorpe
Wed 12	10.30am	Plumstead Open Invitation - see page 23	Oak Tree Cottage
Wed 12	7.30pm	Matlaske PC Meeting	St Peter's Church
Thur 13	2.30pm	Plumstead Angels & Dragons	St Michael's Church
Wed 19	12.30pm	Corpusty LinC Fish & Chips - call Brenda 587917	Duke's Head
Sun 23	2.00pm	Little Barningham Village Fête & Tug o' War	
Fri 28	7.00pm	Baconsthorpe Jumble Sale	Village Hall
Sun 30	3.00pm	Wickmere Rounders	Beck Farm

SEPTEMBER

Sat 5	10.00am	Hempstead Arts - until 5pm	Village Hall
Sun 6	10.00am	Hempstead Arts - until 5pm	Village Hall
Mon 7	7.00pm	Plumstead PC Meeting	TBC
Thur 10	7.30pm	Baconsthorpe Village Hall Meeting	Village Hall
Sat 12		Hempstead NCT Sponsored Bike Ride	
Wed 30	8.00pm	Itteringham - Future of the Shop	Village Hall

OCTOBER

Wed 2	7.00pm	Hempstead Fun Quiz	Village Hall
Thur 3	6.30pm	Edgefield - A Touch of Class	Village Hall
Wed 14	10.30pm	Matlaske PCC Meeting	Hall Farm Cottage

Mobile Library Van

Every fourth Thursday

6 Aug 3 Sep 1 Oct

Itteringham	11.00	NR11 7AP	The Common
	11.15	NR11 7AY	The Rectory
Lt Barningham	12.05	NR11 7AG	The Street
Matlaske	12.30	NR11 7AQ	Old Post Office
Plumstead	1.15	NR11 7LG	Walnut Farm
Baconsthorpe	2.45	NR25 6LJ	Council Bungalows
	4.10	NR25 6LG	Old Post Office
Hempstead	3.20	NR25 6LE	Hare & Hounds
	3.40	NR25 6TL	Telephone kiosk

13 Aug 10 Sep 8 Oct

Saxthorpe	11.50	NR11 7BL	Old Post Office
Corpusty	12.10	NR11 6QP	School
	12.40	NR11 7BU	Great Farm Cott's
	2.00	NR11 6QJ	Adams Lane
	2.15	NR11 6QL	3 Council Houses
	2.30	NR11 6QL	16 Council Houses
Edgefield	3.15	NR24 2AX	The Street
	3.40	NR24 2AL	The Memorial
Wickmere	5 Aug	12.45pm	Wolterton Hall
		1.15pm	Village Sign

Holt Library 9 Church Street, Holt NR25 6BB 712202
 Mon-Wed and Sat 9.30am - 1.00pm Fri 9.30am - 6.00pm

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Regular Events

Baconsthorpe Village Hall

7.30pm

Line Dancing - 711320

Mondays

10.00am

Diocesan Play Van - 07918 027092

Tuesdays during term time

7.30pm

Carpet Bowls - 711320

Tuesdays during term time

Corpusty Village Hall

2.00pm - 4.00pm

Bure Valley Quilters & Stitchers

2nd and 4th Mondays

2.00pm - 4.00pm

Short Mat Bowls - suspended until September

Tuesdays

10.00am - 12noon

Norfolk Knitters

2nd Tuesday

Tea, coffee and biscuits are provided. There is yarn to play with as well as lots of magazines and patterns for inspiration. All levels of ability are catered for with an experienced knitting and crochet teacher. Cost is £7 for a 4 week term or £2 per week

Contact Rita Taylor 01263 587507 K2togp1@btinternet.com

10.00am - 12noon

Art Group

Thursdays

9.30am - 11.30am

Toddler Group

Fridays during term time

Edgefield Village Hall

10.30am

Coffee Morning - Jeff Witts 587661

Last Thursday each month

Hempstead Village Hall

10.00am

Charcoal Drawing - Mike Thody 711282 - from September Tuesdays

The fee of £4 includes coffee, biscuits and paper

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Wednesday, Thursday, Friday June-Aug 11-5

Events

August 8th The Tempest - Open Air Theatre

August 16th Fairy Tales & Fables

Sept 6th Charity Day - Hall Open

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Reflection from the Rectory



Marion Harrison

On Sunday 26th July we interred the ashes of June Clarke in St Marys, Itteringham. On Monday 27th July we held the funeral of Jean Cooper of Little Barningham.

These two women were both devout Christians and both these women will be missed by the communities within which they lived. They will also be very much missed by me. For while Jean and June were very different in their characters and in their outlook on life and the lives they had led, their depth of faith gave their lives meaning

and purpose and at the end strength and hope in the life to come. They were, and still are, an example of God's continuing grace to us through the work and lives of the people around us.

We often think of mission as something others in the church do or "go on". We think of mission as making disciples for God, getting "bums on seats" and increasing our number, thereby giving the church financial security, well, for the time being.

We so often overlook that mission is prayer, quietly and continuously given. Mission is allowing others to minister to you, so that they may grow in faith and service. Mission is being there to listen to others who feel no one else does. Mission is, having found God in that still, silent centre of our being, sharing His grace with the people around us.

Don't get me wrong, mission is active and demanding but it is also quiet and unassuming.

Without mission being all of the above, how else do we find the peace that passes all understanding, that strength of faith that moves mountains, and at the last leads us home?

Jean and June, thank you for allowing me to be a small part of your lives and for the example that will help to anchor me in times of doubt.

Church Services for August

Midweek Communion: Saxthorpe

2nd August - Trinity 9

Exodus 16:2-4,9-15 / Ephesians 4:1-16 / John 6:24-35

9.00	Family Service	Edgefield
9.15	Holy Communion	Plumstead
10.45	Matins	Matlaske
11.00	Holy Communion <i>CW</i>	Little Barningham

9th August - Trinity 10

1 Kings 19:4-8 / Ephesians 4:25-5:2 / John 6:35,41-51

9.00	Morning Praise	Saxthorpe
9.15	Holy Communion	Baconsthorpe
10.45	Matins	Barningham Winter
11.00	Holy Communion <i>CW</i>	Itteringham
	Community Weekend	Little Barningham

16th August - Trinity 11

Proverbs 9:1-6 / Ephesians 5:15-20 / John 6:51-58

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion	Hempstead
10.45	Matins	Plumstead
11.00	Holy Communion <i>CW</i>	Saxthorpe

23rd August - Trinity 12

Joshua 24:1-2a,14-18 / Ephesians 6:10-20 / John 6:56-69

10.00	Holy Communion - All Benefice	Matlaske
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30th August - Trinity 13

Deut 4:1-2,6-9 / James 1:17-end / Mark 7:1-8,14,15,21-23

10.00	Holy Communion - All Benefice	Little Barningham
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CW = Common Worship *BCP* = Book of Common Prayer

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Baconsthorpe

Fri 7 10.30am **Coffee & Gossip**
 Fri 28 7.00pm **Jumble Sale**

200 Club

£25 William Peck, £10 James Rudd, £ 5 Geof Reason and Roger Hall

Village Hall

After a very disappointing AGM your committee will struggle on for long as we can. We had hoped to see some new faces with offers of help and suggestions of what would attract the villagers to use their hall?

We will have a jumble sale on Friday 28th August at 7pm. Any jumble, books and / or bric-à-brac can be left at the hall or brought on the Thursday 27th August between 7.00pm and 8.30pm.

The village hall would like to thank all those who supported the fête enabling them to give us £400. This will go towards repairs etc. We are looking to have a new front door. The cost will depend on what we are allowed to do as we are a Grade II listed building.

Our next Meeting is on Thursday 10th September 2015 at 7.30pm
 ALL WELCOME.

John Cooper - Chairman

Coffee & Gossip

Friday 7th August sees the annual Coffee & Gossip outing to Ash Tree Farm Baconsthorpe from 10.30am. Everyone is most welcome to join us for coffee, scones and chat. This month's proceeds will go to the Cromer Hospital Renal Dialysis Unit.

Midsummer Fête

This event was intended more of a village get together than a fund raising event and it was successful on both counts. Playing on the village name we took pigs as our theme – every tombola prize was a pig. We had pin



Ro Hardingham
577262

the tail on the pig, guess the weight of the pig, name the pig, pig coconut shy etc etc – all followed by a hog roast!



A huge thank you to all you helpers. Everyone asked to help did so and worked so hard, it was a real community event and this was what made it so successful. £1,405 was raised, of which £400 went to the Church, £400 to the Village Hall and the remainder has gone into a village social fund which will finance a village Christmas party and hopefully a regular pop-up bar and film night.



Barningham Winter

Patronal Evensong

St Peter's North Barningham

This event, which has been a fixture in the local calendar for over thirty years, took place on the last Sunday in June, as it always does, this being the closest we can get to St Peter's day itself.

It is always difficult for the key-holders – who help to organise the event – to assess accurately how much of a success it actually is. Those of us seriously involved in getting the church ready for the occasion, tend to be too taken up with mundane details such as ensuring that the church is clean, the pews and altar rails polished, the grass cut, the flowers arranged and the worst of the rabbit holes filled in. There is always a touch of apprehension – probably needless – that one of the worm eaten pews might collapse under the unaccustomed burden of worshippers. However, all took place without incident and a congregation of forty seven people were present, in spite of the fact that it was a temptingly pleasant summer afternoon outside. Among the many members of the congregation were Mr and Mrs Derek Palgrave, who continue to support the church to this day, and their children and grandchildren.

Many thanks are due to the Rev Brian Faulkner for conducting the service, to the choir, who sang valiantly and greatly added

to the sense of it being a truly festive occasion and, not least, to Mr John Richley, who kindly agreed to play the portable, battery powered keyboard to accompany the choir. Gratitude is also due to the flower arrangers whose efforts were appreciated for days after the service had taken place. There have been many comments in the Visitors Book to that effect. Roll on next June!

A service was held at St Mary's Barningham Winter earlier this month for a blessing of Michael and Jo Cartwright's daughter Anna and son-in-law Glen's wedding. They were originally married in a civil service in America many years ago and they had always wanted Michael to conduct a church ceremony for them. We send the whole family our very best wishes.

Barningham Request

Please can I ask that everyone is aware of the time of year and realises that when farmers are loading and unloading corn they don't hear approaching traffic. Also, be aware that there are combines being moved from field to field and it is quite hard for a combine to pull up onto the verge.

PLEASE BE PATIENT AND CONSIDERATE
 Thank You



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Edgefield

Church News

Firstly, a huge thank you to everyone who helped at The Open Gardens in June. The garden owners need very special thanks for



all their extremely hard work, resulting in wonderful gardens which were so much enjoyed. One owner was told that ours were vastly better than those at Brundall! To Janet and her excellent team who provided such delicious teas, and to those who made such good cakes, a big thank you, too. Thank you also to everyone who gave raffle prizes, books and plants to sell, and who helped in many ways on the two days. Our final amount raised was £1,656.

At a recent Benefice meeting, the new service rota that Marion and Brian had devised was discussed. It is now a six week rota in order to accommodate all ten parishes, so you will have to check with the magazine every time. We will have an 11am

Communion and a 9am Family Service within the six weeks. There will be a variety of services within the Benefice each Sunday. It is very much hoped that you will go to other parishes to get to know them and enjoy meeting many people when we do not have a service ourselves and especially to join in the Group Services. The present rota is for a trial period, and can be fine-tuned over time.

As we do not have a service on 9th August, could we please tackle the churchyard clearing that morning? Strimmers, rakes and gloves are needed. Please let Angela know if you can come. We could make it an evening session if there are not enough people for the 9th. Angela Turner

Congratulations

Congratulations to Ghislaine Kinsley, who was among four volunteers who received presentations from the Break Charity to mark 25 years of voluntary service at their Holt shop. Belated congratulations, too, to Sarah Cletheroe, who won first prize for her Haiku at the 2015 Norfolk Festival of Nature held at Gresham's School.

Village Hall News

The Edgefield Fête was held on a beautiful summer's day and was thoroughly enjoyed by all. Young dancers from Dance Attitude entertained the crowds and the Fun Dog Show was a huge success. Music was supplied by local group Compass Moon and cream teas by the village hall committee. Look out for our next big event on Saturday 3rd October at 6.30pm when we will be visited by some highly talented entertainers known as A Touch of Class. Tickets are £10 each and include supper - available from any committee member.

Jim Frost



Richard Peaver
587486

Hempstead

Wed 5 7.30pm **Play Reading**
Fri 7 10.30am **Coffee & Gossip** - Ash Tree Farm, Baconsthorpe

200 Club

£25 J Matthews, £10 P Wallace, £5 R Collier, R Hall, B Rudd

There will be a public meeting at 7pm Thursday 30th July at the village hall for all helpers and contributors. We also welcome donated books and bric-à-brac to be left between 10am and noon from Monday 3rd to Friday 7th August in the village hall.

Coffee & Gossip takes its annual outing to Ash Tree Farm in Baconsthorpe by kind invitation of Corinne Youngs, on August 7th. Please see Baconsthorpe listing for details.

Hempstead play reading group meets in the village hall, 5th August, refreshments at 7pm.

Hempstead Arts takes place in the village hall 5th and 6th September 10am-5pm. Please put it in your diary and come and see our lovely artwork which is for sale at affordable prices. Includes a lucky dip and raffle. Refreshments are available all day, including light lunches.

Thank you to all who attended and who helped with the charity lunch on Sunday, it was lovely to be up-dated by Michelle who gave us lots of information about the 10 schools in South Africa that have been supported by Hempstead church. The money



Sharon Hannah
711769

being sent to Venda is made up of £200 from the PCC, £185 from the church collection and £508.83 from donations at the lunch. Thank you, thank you for the amazing total of £893.80 raised that day!

Norfolk Churches Trust sponsored bike ride and walk is on 12th September. Thanks to the enthusiasm of our cyclists and generosity of our supporters Hempstead has an enviable record in raising funds for our Norfolk Churches Trust. We hope to excel again this year. Please contact Yvette Gibson on 712460 for sponsorship forms or further details.

I am sad this month to see that the adorable little family of moorhens that live in the banks of my pond are disappearing quickly. There was a mother and six chicks and now we are down to a mother and two chicks...



Hollie Mitchell, Freya Taylor and Beau-Jessica Hannah! Girls from Hempstead playing to children and parents of Holt Primary School - all played beautifully!

Hempstead Fête 2015 NR25 6AH

A Traditional Village Fête
Opens at 2 pm

Sunday
August
9

Be there!

GRAND DRAW

Books **Bric-a-Brac** Cakes
Children's Fancy Dress Competition
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Itteringham

A young man of South Norfolk was last month found guilty of causing death by dangerous driving. He had been behind the wheel of a heavy tractor and it was revealed that he had taken cocaine in the hours before the fatal trip. These mighty machines are very familiar on our pretty rural lanes now and only last week your writer and a following car were squeezed into a hedge close to the top of Sovereigns. The vehicle had not slowed and a similar incident occurred again on The Street in Itteringham only a day or two later. It would be wise to report these dangers. Your writer will compile a summary for submission to contractors and authorities (email: robinfarmhouse@gmail.com) This is a positive danger.



It is known as THE PULK which is a little odd because *The Shorter Oxford English Dictionary* defines the word as 'referring to a Cossack regiment'?! Certainly not a pulchritudinous edifice, not shortlisted

for the *Sterling Prize* but is noble in the annals of The Common, a shelter to the spring which gave succour to villagers over millennia. Jeff and Allison Hoskins, Chris Spencer and Robert Fowell and his tractor formed the work team that has restored and renewed the small building. It is now positively blooming. Your labours are gratefully acknowledged.

Rachel's brownies, no! Not a plateful of dark squares of rich cakes but Rachel Siddell's troop of young Guidian girls who earned piles of points early last month serving the eager guests at host Sandra Walker's, now annual, cream tea afternoon held at her cottage on The Street and attracting local and notable parishioners too many to mention but it seems appropriate to say "thanks for the memory" to Sandra (hope the knee soon restores), to her bakers, helpers and assistants, to Rachel's Regiment (more of those), to the beasts that gave us that delicious cream but mostly to yourselves who came and made the day such a pleasure. Three hundred pounds clattered and fluttered into Church coffers. Hooray. Hurrah.

Happy birthday to Sophie Fowell (28th August).

Good Wishes to Julia Maron. If wishes and prayers were enough you would have no need of medics.



Eric Goodman
587278



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Little Barningham

Sun 23 2.00pm **Fête & Tug o' War**

It was with great sadness and shock that we learned of the sudden death of Jean Cooper. Living nearly all her life in the village Jean was a well known and loved member of the community and will be remembered for her friendly nature and hospitality. Over the years she was a stalwart member of the church and could always be relied upon to help in any way. Jean was always ready to welcome newcomers to the church and have a friendly chat. She will be greatly missed. Our condolences to all her family.

Although the time and venue did not appear in last months magazine never the less over 20 villagers gathered in our village hall at 10.30am for our usual get together. Remember this always take place on the second Sunday of the month and is open to people from all over the benefice. A warm welcome awaits you so do come and join us.

The Baptism service for Alexander Westmore Bindley was attended by over fifty people who received him in to the Church. He was not only anointed by Marion but by several others. Alexander was so good he won the hearts of all.

Due to lack of space the *Times Past Remembered* by Martin Burton re Beck Cottage could not be included in last month's magazine, so it is on page 23 in this issue under *Know Your Village*. Thank you Martin.

THE LAST REMINDER about the Fete and Tug of war on Sunday 23rd August.

She has been officially adopted, that is the puppy found by Thelma on the 13th June outside her front door, Tinkerbelle shortened to Tinker is now very happy to be part of the Love Family. Lucky Girl!!



Derek Wintle
570097

Matlaske

Wed 12 7.30pm **Parish Council Meeting - St Peter's Church**

100 Club

£25 M Sprigs, £10 L Kinsley, £5 D Woolf

Marion and Jim are taking over Dennis Whalley's delivery of the Church & Village News. Jackie has also volunteered to deliver the magazines.

Many thanks to Marion and Cherry for organising a most enjoyable Coffee



Morning on 24th June in Blacksmith's Cottage's beautiful garden. A perfect location. Thank you also to everyone who supported the coffee morning and those who gave raffle prizes, cakes etc. Also a big thank you to Jim and Marion Shepherd for hosting

the event in their beautiful garden.

As some Matlaske residents can see the spire of Wickmere church, Leslie Ash has contacted me regarding WiSpire at Wickmere Church. They are hoping to extend the range to enable higher quality broadband reception to be available. If you are interested read the article in Church & Village News or contact Leslie Ash 577566.



Florence Hunt
577363



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Plumstead

Thur 13 2.30pm **Angels & Dragons - St Michael's Church**

Plumstead Open Gardens
Plumstead's Open Gardens on June 14th raised £1,599 for the church. From this, £150 was added to the £94 collected for Tapping House.

The Parish Council is looking at our driving habits in the village. The police recently conducted a traffic survey on Cherry Tree Road, between 8.00 and 9.00am. During the survey, 13 vehicles were recorded travelling along Cherry Tree Road. Of these vehicles, 9 were travelling in excess of the 30 mph speed limit. Further surveys are to be undertaken in the near future. If we all chose to drive with care though the village, the Parish Council would not need to spend any money reminding us to do so!

Angels & Dragons – an activity afternoon for children and families. Learn about angels, hunt dragons and explore the church. Refreshments included. Children to be accompanied please. Contact Eleanor on 577868 or just turn up!

WiSpire is being invited to assess Plumstead church tower as a site for installing WiSpire. If this goes ahead, a much improved broadband service should become available to residents of Plumstead and, possibly Little Barningham too. If you would be interested, please contact Eleanor Faulkner faulknereleanor@gmail.com

Bike, Ride, Walk & Even Drive!
Sponsorship forms have arrived for the Norfolk Churches Trust's annual event. Contact churchwardens for information. This applies to each village in our Benefice but this is calling on those in Plumstead.

Picnic by the Pond
As I sit and type this it is pouring with rain - hard to remember that when this piece was

written it was the hottest day of the year! Summer had arrived and on Saturday 4th July it was very warm indeed! The pond and its surround looked an absolute picture - thank you to Doreen Hebron for all the mowing. The heat drove nearly 30 of us into the shade but it was a marvellous day for a picnic. PEG who had worked hard to organise the event generously kept us well lubricated. Joe



Mary Lintott
577718



Hanks brought along not only some home made cider but his impressive canoe, so that we could explore foreign shores! So that we did not nod off we were invited to apply our minds to a nature quiz. The children suitably occupied with a scavenger hunt.

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Saxthorpe with Corpusty

Sat 15 10.00am **Craft Fair, St Andrew's Church, Saxthorpe**

Many congratulations to Mary and Freddie Newstead on the safe arrival of another grand-daughter, born a month early but mother and baby are doing well.



The photo above shows a beautifully manicured St Andrew's, Saxthorpe, graveyard, a result of the Community Payback Scheme. The men have completed an excellent task this time. The graveyard looks superb and definitely has a 'wow' factor. Thank you to Mark and his team, St Andrew's PCC is very pleased and grateful.

Please deliver your filled NSPCC boxes to Judith Banks, who will pass them onto Pam Daniels, for despatch to headquarters. Thank you.



The LinC Summer Buffet, hosted, very generously by Heather and Brian in their beautiful garden, was a very happy occasion.

About 25 attended, with some young folk adding to the number. Fortunately, a marquee had been erected by Brian, Ian Wylie, David Potter and aided by Heather, since the rain came just before the raffle. The photo shows the event in full swing.

The Craft Fair to be held at St Andrew's Church, August 15th, 10.0am, is much anticipated as there are many skilful hands in this part of Norfolk.

Thank you to all those who supported afternoon *Tea at Three*. One little girl wanting "to help the children in Nepal" made and sold cakes, books and toys and presented Ann Eglington with £200. That's love and compassion in action. About 75 people enjoyed the lovely sunshine, delicious cakes and handbell music. We have nearly £600 to send out to Nepal.



On 19th July, a full St Andrew's Church enjoyed a splendid concert, given by the New Sheringham Singers and a superb guest flautist, Scarlett Askew. Delightful homemade cakes completed the afternoon. Thanks to Anne Humphrey and Heather Monks for arranging it. If you have any celebrations or any news you wish to share, please contact me.



Judith Banks
587319

Wickmere with Wolterton

Sun 30 3.00pm **Rounders at Beck Farm**

I would like to start with belated birthdays from last month. David Shaw on 22nd June, Tom Hamilton's 'BIG one' on 11th July and Vic Shaw on 16th July.

As I write, the harvest is in full swing. The fields are being cut and baled. The smell of dried straw is in the air. The birds are taking advantage of spilled grain and the owls are also making the most of there being no cover for their tea. It is a lovely time of year, very soon the fields will turn from yellow to brown and we move through to another season.

A note for your diaries: Rounders will be on Sunday 30th Aug, at Beck Farm. Donations of cakes would be welcome for half-time tea. Donations for church funds would also be appreciated.

Churches Bike Ride will be on Sept 12th, anyone interested in dusting off their lycra can get in touch with Paddy for a sponsorship form. Welcome to Carol Fisk, new stock-lady. Hopefully she is settling in well and will enjoy a happy time in Wickmere.

Welcome also, to Andrew and Alison who have moved into Church Farm, we hope they enjoy our lovely village.

On June 25th over 300 Agricultural students, from many local 6th form colleges were treated to farm walks and insight into farm working. This was sponsored by NFU, Brown & Co and Holt Farmers. A hog roast was held at the end of the day. Thanks to Tony, Philida and all at Hall Farm.

Tuesday 7th July was another farm open evening. This included Stallham Farmers, NFU and North Walsham Young Farmers. Three large trailers carried the guests around the village to showcase various aspects of farming, finishing off with a hog roast. Well done Tony and Philida, a VERY busy time.

The Parish Council and PCC have contacted WiSpire, this could increase our pathetic broadband speed to 8mb! There is a need for 25 potential customers to make it profitable and worthwhile. If you want to find out more info please check out their website at <https://wispire.co.uk/register-interest/>. It could be the answer we're all looking for, and give the overworked hamster in the wheel a rest!

Aldborough Shop is closing in the very near future. This is a well-used asset that needs to be kept. Convenient for those last minute essentials as well as the daily needs of milk, papers etc. There is a questionnaire in circulation, if you can help in any way please fill in and return to the Post Office or Black Boys. A big thank you to the great staff who have given many years service, despite so much uncertainty recently.

Just a reminder that schools are out: Please take care when driving through the village as there will be children playing outside.

August birthdays are:
Matthew Shaw on 5th, Victoria Goulty 21 on 16th and Billy Riches 12 on 31st
Many happy returns to them all.



Helen Goulty
570043



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From the Editors

Goodbye!



It is with a mixture of sadness and relief that I am working on this issue of Church & Village News, the last I shall deal with. I have edited it in its various guises since September

2011 and now pass the baton to the excellent Michael McMahon. Michael, unlike me, is a professional journalist and editor and so is the perfect person to take the magazine on to better things. Before I close the door I must thank each of our dedicated and talented correspondents, whether they write for their villages or the specialist articles. Truly, the magazine would not exist without them. And I could never have done this job at all without the help of the back-room team of Clive Rammell our ad man, Karen Hall our very creative designer, Corinne Youngs our financial supremo and, of course, Barnwells, our printers, who never complain when we ask for the impossible! I am fortunate to have had such an able, selfless and talented team.

Finally thank you for being extraordinarily faithful and supportive readers. I am so grateful for all your kind comments when we got things right, and even for the brickbats when we went wrong – both eventualities proved to me how very worthwhile, well-read and community-cementing our little magazine is. I wish it, and you, all the best for the future.

Richard Lynam

Hello!



I am sure I speak for all of us when I offer Richard hearty thanks for the great job he has done as editor, and for so skilfully managing things when the two benefices and their

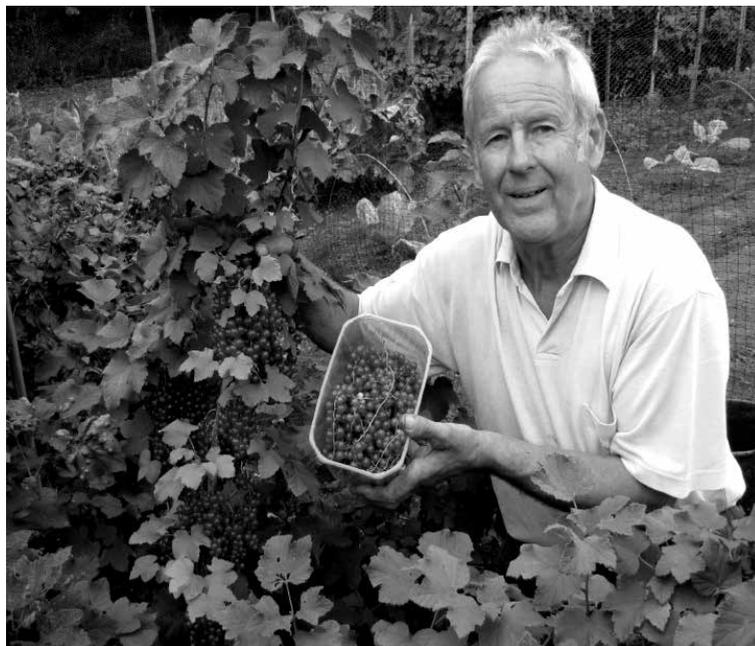
newsletters were combined. It's largely down to him that we have a newsletter that is both familiar and fresh. That's quite a balancing act! We wish Richard and Kathy every happiness in their new home in Fakenham.

When I visited Barnwell's recently, I was shown some fascinating archive material, including parish newsletters they had printed in the early part of the last century. The paper felt very different (and much nicer!) and the prose was a little more formal, but there was something charmingly familiar about their contents. It made me realise why I am always pleased to see that the newsletter has been popped through the letterbox: it is a reminder that our way of life goes on, and we are all in it together. I find that reassuring.

So, your new editor does not plan any dramatic changes – but I would like to include a few more images and memories of how things were, to sit with the photos and articles about how things are now. If you have any interesting old pictures or stories to share, please scan them or type them and send them in!

Michael McMahon

Village Gardeners



can be frozen in ice cube bags and is lovely in fruit punches.

Tomatoes and cucumbers should be ripening well. Continue feeding tomatoes, two or three times a week with a high potash feed. It is popular to stop tomatoes after five trusses but I always continue to train them into the roof of the greenhouse and get eight to nine trusses, which will give fruit until the first frosts.

Cucumbers need more nitrogen. If the cucumber starts to drop flowers instead of producing setting fruit it is probably short of food. Pot grown strawberries are now available and can be planted into the ground or three to four plants in a pot. These will give a good crop next year. Strawberries benefit from a dressing of bone meal as the nutrients are released slowly over a long period.

Lettuce seed can be sown at the end of this month for plants to grow in the greenhouse. Use a short day variety to give good quality heads. Over-wintering Japanese onions should also be sown now to harvest in June next year.

There is an abundance of fruit and vegetables ready now so enjoy them all.

Happy gardening

Peter Eglington

The warm sunny weather has been a real tonic and our gardens should be looking good at the moment. To keep the flower garden at its best, make sure to remove all dead flowers regularly and do not let weeds get established. A small amount of fertiliser applied now will also help keep most plants looking healthy and last longer. Do not forget to feed any tubs and baskets twice a week and never let them dry out.

The grass is also probably looking a bit tired and not growing strongly but as I said last time a clean edge improves the look!

Summer prune apples and pears as this pruning helps to expose the ripening fruit to more sun and unlike winter pruning will not encourage the vigorous growth of new shoots.

Red and black currant bushes should be pruned in winter. The red currants have been particularly good this year - as well as making the usual jelly and summer puddings - juice

Know Your Village - Beck Cottage



was a long-vanished public house of similar vintage. Beck Cottage is of largely brick construction, although the internal walls which were originally the external faces are flint and brick, as are many North Norfolk buildings. Inside it retains original features such as exposed beams, pamment tiles and simple country-made doors with sneck closures though the

lath and plaster ceilings were removed when the two were converted into a single dwelling in 1981. Subsequently space was added in 1992 when it was extended by a third, in keeping with the original style.

Beck Cottage, named in the 1980s for the stream that runs beside it, was built in approximately 1870, as a pair of dwellings for workers on the Mannington Estate. The deeds have the signature of a contemporary Lord Walpole.

Originally the two cottages stood on a larger patch of ground with outbuildings now lost but providing challenges in the present garden! Conversations with the late John Smith revealed that behind the cottages, on the corner of The Lane, there

Interestingly, in the nineteenth century the left hand of the original pair was occupied by seven members of a family working for the Walpole estate. A tight fit, and no bathroom!

Martin Burton

An Invitation to Everyone

A Rector lives in a Rectory, a Vicar lives in a Vicarage but an Honorary Curate lives at home!

Eleanor and I invite you – especially if we haven't met you yet! - to join us for coffee at our home

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We do hope you can come

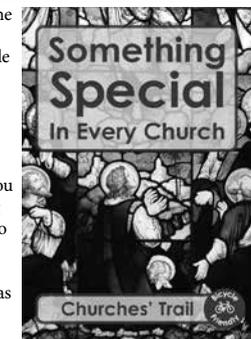
Churches' Trail Booklet Out Now

This is a free booklet featuring the eleven churches in our Benefice organised into a trail. It's available from all of our churches now.

The trail guides you from church to church (you'll need a car or, better still, bicycles) and gives one interesting little fact about each. It also encourages you to explore more fully by hunting inside each church for answers to clues to complete a crossword.

In addition to the booklet a website has been set up which has all the details as well as a blog:

www.churchestrail.uk



Children's Puzzles & Quizzes

Three trick questions for you. First, an easy one:

1. There are twelve 1p stamps in a dozen. How many 2p stamps are there in a dozen?
2. There are 30 days in September; there are 31 in December. How many months have 28 days in them?
3. Jack & Jill spent all afternoon playing chess. All the games ended in checkmate. They each played 5 games, and Jack won the same number of games as Jill did. How did that happen?

Now for a challenge: do you know what a palindrome is?

It's a word (or a number – or even a phrase) that reads the same backwards as forwards. Here are some examples: mum; Hannah; peep; 'no lemon, no melon.' How many words like that can you think of? Write them down and show your list to someone you want to impress! Here are some hints to help you find some easy ones:

- mum and ---
- the name of a builder
- close one of these, and you can still see

See page 25 for answers

Arts News

Summer Exhibition at The Old Workshop Gallery, Corpusty

On now is a terrific exhibition of a vibrant mix of arts and crafts with work from many important local artists. The exhibition continues until Sunday 13 September and is open from Tuesday to Saturday 10am – 5pm and Sundays from noon to 5pm. Bank holiday 10am to 5pm. More details from www.corpustygallery.com.

Meet the Animals at the new show in the Hobart Gallery



In the Hobart Gallery at Blickling Hall local artist Anne-Marie Wills-Wilson will be exhibiting her wonderful animal portraits until Monday 10th August. Anne-Marie's passion for her subjects shines through her work, whether it be of the wildest of wild beasts or the most domestic of pets. Well worth a visit.

Calling all Musicians

Are there any musicians in the 10 parishes who would like the opportunity to play in a home-grown concert at Plumstead church? This is just at the idea stage at the moment but it would help to know if there is anyone who would like to take part in such a concert. Please contact Eleanor Faulkner on 577868 or by e-mail.

Paper Cuts at The Hare & Moon Gallery



Claire Knight is paper cut artist who is interested in exploring the relationship between the places, people and creatures that touch her daily life in North Norfolk. A group of pieces may follow a theme, but each piece is unique. See Claire's intriguing work at The Hare & Moon Gallery, Lower Courtyard, Alby Crafts & Gardens, Erpingham, NR11 7QE.

Learning to Swim

With around 300 other lads I volunteered to join the Royal Navy in the late 1950s, enlisting at the onshore establishment HMS Ganges at Shotley in Suffolk. We were almost all fresh from school and very nervous not knowing what was in store for us.



Over the first few days we underwent all manner of tests to assess our strengths and weaknesses. We were kitted out with our bedding, boots and uniforms and received the ritualistic haircut of a shaven head. Nowadays it is quite popular but back then it marked you out as a novice, at the bottom of the pecking order in all things Navy!

One rule among many was we were all expected to be able to swim.

HMS Ganges's indoor swimming facilities were quite modern back then and we all looked forward to taking advantage of them. However now knowing what was expected of us, it was with some trepidation that the following day we found ourselves arriving at the pool in complete darkness 6.30am.

Shivering uncontrollably on the edge of the pool in our navy issue swimming trunks

(we were told we would grow into them) the physical training instructor asked for a show of hands to indicate swimmers and non-swimmers. I had spent my childhood here in Hempstead and had enjoyed the ponds, streams and rivers during seemingly long hot summers days, but could not claim to be a confident swimmer. I exercised caution and joined the non-swimmer group. We were ordered to muster at the two ends of the pool, swimmers together at one end, non-swimmers at the other. On the instructor's command we obediently jumped into the water.

Within seconds, absolute pandemonium broke out. We non-swimmers had, of course, been sent to the deep end of the pool and there were now at least 20 young lads in the process of drowning, desperately trying to reach the poolside! As if by magic several instructors came to the edge of the pool with long wooden staffs, which they reluctantly offered to the "flounders" all desperate for a moments respite. I was asked if I was ok, I splurged out the reply "yes sir". It was the signal for him to manoeuvre me back into the centre of the pool, flick the staff, me to lose my grip and the whole dreadful experience to begin all over again.

The swimmers were, naturally, paddling around at the shallow end of the pool in approximately four feet of water. But by the end of the week we could boast a 100% pass rate for our first 100-yard swim. A proficiency certificate has never been more hard won; I still have it to this day.

Tim Scarff

Palindrome hints: dad, Bob, eye

1. They all do – February has only 28, but all the others have 28 and two or three more, too!
2. They weren't playing each other!
3. Er... 12!



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Disclaimer: The views expressed in this publication are not necessarily the views of the Church & Village News. Apologies if contributed material is not published due to space constraints. All facts are believed to be correct at the time of going to press.

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Oaktree Cottage, Cherry Tree Rd
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Lay Reader Gill Peat 734226
AWA Richard Lynam 587899
AWA Judy Rosser

Church Wardens

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Barningham Winter	Amelia Courtauld	577250
Edgefield	Emma Cletheroe	587279
	Angela Turner	587292
Hempstead	Ann Udale	713656
	Su Summers	710702
Itteringham	Ray Covell	587659
	Derek Turnbell	587259
Little Barningham	Pamela Daniels	577436
	Michael Daniels	577436
Matlaske	Thomas Courtauld	577250
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Meet the Neighbours - Richard King



You enter a greyhound world when you visit Richard King. The door-knocker is a greyhound and when you enter his cottage at Plumstead Green you're greeted by three greyhounds and two lurchers, each very anxious for a prolonged sniff of this new human being. King, who is 42, moved to Plumstead six years ago and for the past nine months has been working for the RSPCA at their kennels near Dereham, mainly on rehabilitating abused dogs. One was a labrador, Gracie, who was 'shut down' when she arrived and too scared to do anything. He sat in her kennel, fed her by hand and read to her softly. Seven months later she settled happily in a new home.

But it is greyhounds that are King's obsession. The five dogs in his cottage have all been rescued. Winnie (the black dog at right in the picture) cowered in a corner of the cottage for a year. He spends most of his time voluntarily lobbying for their welfare. He was Greyhound Welfare Officer

for Greyhound Rescue West of England and is now press officer for the Greyhound Rescue Association in Ireland. He has worked alongside the RSPCA to highlight anxieties about the welfare of greyhounds in racing. He points out that at least 16,500 puppies were registered in Ireland in 2013. Many will race this year but thousands will be killed, put to sleep or dumped in pounds. In one recent case, within two weeks of its last race, a perfectly healthy dog was dumped in a pound, another had its ears cut off and was dumped in a river. A mass grave was uncovered in Ireland in 2012. His welfare work now takes him across the world. He has addressed the European Parliament and is off to the United States in October.

Greyhounds make wonderful pets, he says. They are so gentle, so docile, so lazy. The biggest misconception is that they need a lot of exercise. A half-hour walk twice a day is all they need - they are built for speed not stamina.

Brian MacArthur