

Church & Village News

Baconsthorpe • Barningham Winter • Edgefield • Hempstead • Itteringham • Little Barningham
Matlaske • Plumstead • Saxthorpe with Corpusty • Wickmere with Wolterton

October 2015



Stag in the Barley

Photographed by Mervyn Gibbons

Nature Notes



barriers of a natural barbed wire, whilst Blackthorn bonfires lit on harvested fields were believed to keep mildew from the following year's crop.

Whilst it does indeed burn well, the yellow timber's hardness and durability see it often put to good use as tool handles and a diverse range of walking canes, including that of the senior usher of the Houses of Parliament whose title, Black Rod, derives from the Blackthorn staff he carries. Across the Irish Sea, officers of the Irish Regiment ceremoniously carry Blackthorn canes, whilst any self-respecting Irish countryman would not be

seen without his Blackthorn shillelagh, a large gnarled stick used to settle disputes whilst simultaneously warding off evil.

Blackthorn flowers and leaves can be gathered to produce teas, and in fact were at the centre of a scandal in Victorian England, when fraudsters attempted to pass off sizeable quantities as the superior and more costly China variety! However, it is really the purple, dusty looking sloes that are most sought after. As well as being made into linen dyes, cough linctuses and cures for warts, these fruits, ancestors of the cultivated plum, have long been highly prized for their culinary uses. Whilst their astringency makes them largely unpalatable raw, particularly before frosts are able to lower the tannin levels within them, thin skins allow their juice to readily mingle with sugar and alcohol, forming excellent preserves, jellies and alcoholic beverages. Fair reward to sip perhaps, whilst licking one's wounds, for those injured in hedgerow combat!



Sue Appleby

You'll have seen them out there recently. Twos, threes, sometimes more. Sweeping the lanes, scouring the hedgerows, red stained hands identifying them. Ready to do battle, heavily armed they are with...Tupperware??

Yes, the fruit pickers have been out in force, battling against thorny briars in order to reap the rich harvest of hedgerow fruits. As any of them will tell you, the master of all these thorn bearers has to be *Prunus spinosa*, ("spiny plum") or blackthorn to you and me. So fierce its inch long thorns, sharp enough to penetrate the thickest of gloves and shoes, and often capable of inflicting blood poisoning on unfortunate casualties, that they were utilised by medieval anglers as efficient fish hooks. For farmers of the day too, the plant proved itself invaluable. Drainage could be improved by lining ditches with its branches; meadow boundaries secured with impenetrable

Village Gardeners



This is the time of year when gardens start to fade and look untidy. The weather has not helped this year and we are still waiting for the Indian summer. It is difficult to get motivated to get outside and get some of the clearing and tidying jobs done, but a little time spent in the garden now will however set you up for next year.

Clear ground of weeds and finished crops and prepare the soil for next spring. Ideally add manure or compost. Avoid fresh manure on ground which is going to be planted with root crops such as carrots or parsnips as this tends to make the root 'fork'. Do not leave the greenhouse full of old tomato or cucumber plants as this will encourage pests and disease. In the flower garden cut back perennials flowers, pull up annuals and generally clean. Any spaces can be planted with winter flowering pansies or spring flowering bulbs, there are many types and varieties that will flower from March through to May. It is the time of year to encourage grass to make

good roots and not top growth. A propriety Autumn Lawn feed contains phosphate for this purpose, but superphosphate is a cheaper alternative, apply at 25gm per sq yard.

Cut out the old wood on summer fruiting raspberries, tie in the new canes and dig up any excess canes. Cut back asparagus fern. When making a compost heap, make sure it is assembled carefully. Cut up thick stalks into smaller pieces and try and mix the woody material with grass clippings or softer annuals. Keep the heap level and add ammonium sulphate or a propriety compost maker. Cover the heap with plastic to keep out the rain and retain heat.

You can plant spring cabbages now and sow aquadulce broad beans at the end of the month.

This is my last gardening column. I hope I have helped with the 'what to do' and 'when and how'. I hope you all continue to enjoy your gardens as much as I do.

Peter Eglington

Many thanks for all your contributions, Peter: they have been greatly appreciated. Editor

What's On

OCTOBER

Fri 2	7.00pm	Hempstead Fun Quiz & Meal	Village Hall
Sat 3	6.30pm	Edgefield - A Touch of Class	Village Hall
Sun 4	12.00noon	Baringham Harvest Festival & Lunch	Barningham Hall
Fri 9	10.30am	Hempstead Coffee & Gossip	Village Hall
Fri 9	7.00pm	Matlaske Quiz	Barningham Hall Stables
Fri 9	7.30pm	Edgefield Film Night - <i>Cherry Blossom</i>	Village Hall
Fri 9	7.30pm	Baconsthorpe 50s & 60s Night	Village Hall
Sun 11	tbc	Little Barningham Harvest Bonfire Thanksgiving	
Wed 14	10.30am	Matlaske PCC Meeting	Hall Farm Cottage
Wed 14	7.00pm	Hempstead Play Reading	Village Hall
Thurs 15	3.30pm	Corpusty Families Together - Escape until 5.30pm	Village Hall
Mon 19	7.30pm	Baconsthorpe Parish Council Meeting	Village Hall
Wed 21	2.00pm	Corpusty LinC Quiz - Helen Bannister	Village Hall
Wed 21	7.30pm	Matlaske Parish Council Meeting	St Peter's Church
Fri 23	7.00pm	Itteringham Harvest Supper	Village Hall
Fri 30	6.00pm	Baconsthorpe Pop-Up Bar & Bangers & Mash	Village Hall

NOVEMBER

Fri 7	7.00pm	Baconsthorpe Quiz Night	Village Hall
Thurs 12	7.30pm	Baconsthorpe Village Hall Committee	Village Hall
Sat 14	7.30pm	Itteringham Beetle Drive	Village Hall
Sat 21	10.00am	Wickmere Xmas Fayre	Village Hall
Sat 21	10.00am	Corpusty Craft Fair	Village Hall
Fri 27	6.00pm	Baconsthorpe Pop-Up Bar & Bangers & Mash	Village Hall
Mon 30	tbc	Plumstead Parish Council Meeting	tbc

DECEMBER

Sat 5	tbc	Edgefield Christmas Festive Evening	Village Hall
Sat 12	2.00pm	Baconsthorpe Christmas Party	Village Hall
Sat 12	6.00pm	Baconsthorpe Pop-Up Bar & Bangers & Mash	Village Hall
Fri 18	6.00pm	Plumstead Christmas Drinks	tbc



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Regular Events

Baconsthorpe Village Hall

7.30pm	Line Dancing - 711320	Mondays
10.00am	Diocesan Play Van - 07918 027092	Tuesdays during term time
7.30pm	Carpet Bowls - 711320	Tuesdays during term time

Corpusty Village Hall

2.00pm - 4.00pm	Bure Valley Quilters & Stitchers	2nd and 4th Mondays
2.00pm - 4.00pm	Short Mat Bowls	Tuesdays
10.00am - 12noon	Norfolk Knitters	2nd Tuesdays
All levels of ability are catered for with an experienced knitting and crochet teacher. Cost is £7 for a 4 week term or £2 per week Contact Rita Taylor 01263 587507 K2togp1@btinternet.com		

10.00am - 12noon	Art Group	Thursdays
9.30am - 11.30am	Toddler Group	Fridays during term time

Edgefield Village Hall

10.30am	Coffee Morning - Jeff Witts 587661	Last Thursday each month
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Hempstead Village Hall

10.00am	Charcoal Drawing - Mike Thody 711282	Tuesdays
The fee of £4 includes coffee, biscuits and paper		
7.30pm	Film Club - Mike 711282 / Yvette 712460	3rd Wednesdays

Mobile Library Van

Calls on Thursdays normally every 4 weeks

1 Oct	29 Oct	26 Nov	24 Dec	15 Oct	12 Nov	10 Dec	
Itteringham	11.00	NR11 7AP	The Common	Saxthorpe	11.50	NR11 7BL	Old Post Office
	11.15	NR11 7AY	The Rectory	Corpusty	12.10	NR11 6QP	School
Lt Barningham	12.05	NR11 7AG	The Street		12.40	NR11 7BU	Great Farm Cott's
Matlaske	12.30	NR11 7AQ	Old Post Office		2.00	NR11 6QJ	Adams Lane
Plumstead	1.15	NR11 7LG	Walnut Farm		2.15	NR11 6QL	3 Council Houses
Baconsthorpe	2.45	NR25 6LJ	Council Bungalows		2.30	NR11 6QL	16 Council Houses
	4.10	NR25 6LG	Old Post Office	Edgefield	3.15	NR24 2AX	The Street
Hempstead	3.20	NR25 6LE	Hare & Hounds		3.40	NR24 2AL	The Memorial
	3.40	NR25 6TL	Telephone kiosk				

Calls on Wednesdays normally every 4 weeks

28 Oct	25 Nov	23 Dec		
Wolterton	12.45	NR11 7LY	Wolterton Hall	
Wickmere	1.15	NR11 7ND	Village Sign	
Holt Library				
9 Church Street, Holt NR25 6BB			712202	
Mon, Wed and Sat		9.30am – 1.00pm		Fri 9.30am – 6.00pm

Reflections from a Treasurer

I was discussing benefice costs with Rev Marion when she suggested I should use this space to discuss the costs associated with our parish Churches. There are many passages in the bible about giving and money. Clearly it was an emotive issue 2000 years ago, and remains one now. I was brought up with “it’s better to give than receive” philosophy, and certainly all parents will know about giving, when the long expected child is born, life suddenly becomes a lot more expensive, and in my experience continues to become increasingly costly until long after they have ‘left home’.

Firstly, let me pay tribute to all those who support our churches, be it in the congregation or more widely by attending fund raising events or giving in kind – such as cutting the church yard or making cakes. We rarely take time to appreciate what support we already receive.

I estimate it costs about £50 per person per year to keep the doors of our churches open. In the benefice of 10 parishes, in total about £90,000 has to be found each, and every year. The £50 goes on day-to-day running costs such as insurance, heating and support costs, as well as the salary, pension and support costs of our employed priest, major repairs (as some of our churches are due) and attracting some grants requires extra effort.

Or, to put it another way, £50 is about £1 a week each – the same as we pay for 4 pints of milk in a supermarket. (Therein lies another issue, but let’s park that for now.)

Of course not all parish members are active churchgoers; some rarely enter, but support their parish at fund raising events such as the fête or other events. Some simply enjoy the ambience of the church or churchyard, while others like to use their talents to paint pictures of the fine (but expensive) buildings our predecessors erected.

The church is one of the last surviving assets most parishes have. Gone are most parish schools, post offices, shops and pubs. Our parish churches are a liability too: all the churches in our benefice are listed and therefore one can’t just bodge a repair. We all expect it to be there, particularly at Christmas and key life events, for christenings, weddings and funerals.

Ultimately, the running of our church comes down to how much we value it. Support it or potentially lose it. Do we rate it equivalently to 4 pints of milk per week? We all have draws on our own finances, but please consider this for a second.

Whilst not challenging the water in to wine miracle that Jesus performed, parish treasurers can do a little miracle of their own. For every £1 a tax payer donates they can turn it into £1.25 (or four pints into six!) This is done by gift aid and is completely painless. This little trick makes a real difference.

Please support your church; to do so, contact any of the Churchwardens mentioned in this magazine.

Finally, next month is ‘make a will month’ with many solicitors. Clapham & Collinge of 3 Augusta St, Sheringham, Norfolk, NR26 8LA are participating locally. In exchange for a donation to charity they will update or write a Will for you. This is their gift. You will obviously want your loved ones to be taken care of following your death, but also think of making a gift to a charity of your choice (not to be boring, but there are also tax advantages by doing this) or even to your parish church!

Thank you for all you give, and please continue to do so.

Francis Feilden - Hempstead Church Treasurer and Assistant Benefice Treasurer

Church Services for October

Midweek Service Wednesdays 9.00am: Little Barningham

4th October - Trinity 18

Joel 2:21-27 / 1 Timothy 6:6-10 / Matthew 6:25-33 / Harvest Festival

9.00	Holy Communion <i>CW</i>	Little Barningham
11.00	Harvest Festival followed by lunch	Barningham Winter
11.00	Family Harvest Festival	Wickmere

11th October - Trinity 19

Amos 5:6-7,10-15 / Hebrews 4:12-end / Mark 10:17-31

9.00	Holy Communion <i>CW</i>	Itteringham
9.15	Holy Communion <i>BCP</i>	Matlaske
11.00	Harvest Praise	Saxthorpe
11.00	Holy Communion <i>CW TL</i>	Edgefield
4.30	Gresham’s Choir	Plumstead

18th October - Trinity 20

Isaiah 35:3-5 / 2 Timothy 4:5-17 / Luke 10:1-9

8.00	Holy Communion <i>BCP</i>	Wickmere
9.15	Holy Communion <i>BCP</i>	Baconsthorpe
10.45	Matins	Hempstead
11.00	Morning Prayer	Little Barningham
6.00	Harvest Thanksgiving	Itteringham

25th October - Last after Trinity

Jeremiah 31:7-9 / Hebrews 7:23-end / Mark 10:46-end

9.00	Family Service	Edgefield
9.15	Holy Communion <i>BCP</i>	Plumstead
10.45	Matins	Baconsthorpe
11.00	Morning Prayer <i>BCP</i>	Itteringham
11.00	Holy Communion <i>CW</i>	Saxthorpe

1st November - All Saints

Wisdom 3:1-9 / Revelation 21:1-6 / John 11:32-44

9.00	Holy Communion <i>CW</i>	Little Barningham
10.45	Matins	Barningham Winter
11.00	Family Service	Wickmere
3.00	All Souls	Saxthorpe
3.30	All Saints Patronal <i>Evensong</i>	Hempstead

CW = Common Worship *BCP* = Book of Common Prayer *TL* = Traditional Language

Baconsthorpe

Fri 9 7.30pm **50s & 60s Night** - Village Hall
 Mon 19 7.30pm **Parish Council Meeting** - Village Hall
 Fri 30 6.00pm **Pop-Up Bar with Bangers & Mash** - Village Hall

200 Club

£25 Tracy Watts, £10 Freda England, £5 Peter Marra

Congratulations to Celia Powell of The Old Chapel, and Tom Speller, who were married at St Mary's Church, Baconsthorpe on Saturday 12th September. After a morning of blustery showers, the sun came out in the afternoon to bless the occasion. Following the ceremony, a resplendent red double-decker bus took the guests to the reception, which was held at Baconsthorpe Castle Barn. Both Celia and Tom are solicitors in London. We wish them much happiness for the future.

It was with great sadness that we learnt of the death of Simon Bestow. Although Simon and his wife Linda live in Colchester, they have had a holiday cottage at Sandpipers, Chapel Yard since 2002. On their regular visits here, Simon liked nothing better than a game of Carpet Bowls with his friends at the Village Hall. We offer our sincere condolences to Linda in her sad loss.

Pop-Up Bar

Baconsthorpe has lost its shops, post office, pub, fish & chip shop and tea room, so there is no where for the village to meet and connect with each other. Last year there was a successful Christmas Tea Party and a Midsummer Fête in the Village Hall. During both these very well attended events people suggested ways of bringing our community together and a Pop-Up Bar was one of several suggestions. Andrew, Jonathan and Emma decided that they would give it a go and over the summer made a few plans – well they booked the Village Hall!!

The Pop-Up Bar will open initially on the last Friday of October and November and after the Christmas Tea Party on Saturday 12th December. If the bar is supported and used it will then continue next year. We'd love to see people from other villages too, so please do join us and help support this new venture and make it a success.

Village Hall

The jumble sale was very well attended and we raised £274 which will go towards paying for new front doors, and it's nearly time to pay our biggest bill which is the insurance. We will continue to fund raise as best we can with our small but hard-working loyal committee.

We have the brilliant 50s and 60s night coming up on Friday 9th October at 7.30pm with a great mix of music and song. Tickets are on sale now at £5 per person to include light refreshments and also a raffle. The band will do a bucket collection on the night for the Air Ambulance.

We will have a quiz on Friday 7th November at 7pm with a jacket potato supper. There will be five various fillings, bread roll and tea/coffee, all for just £6 per person. Bring your own tippie. Teams of up to four persons – but you are welcome to meet others to form a team.

Our next meeting is on Thursday 12th November at 7.30pm. We would like to see more people attend as we aren't sure how much longer some of our committee will be able to carry on. We know you want to use your hall, but to enable it to maintain its high standard we must recruit some more committee members. We only meet every two months and fund-raise once a month, so PLEASE consider offering to help us out.



Ro Hardingham
577262

Barningham Winter

Sun 4 12noon **Harvest Festival followed by Lunch** - Barningham Hall

The Harvest Festival is on the 4th October at St Mary's, Barningham Winter, followed by a harvest lunch in the stables at Barningham Hall at midday. Do come along and please bring with you a knife, spoon, fork, glass, plate and pudding bowl. We will provide the rest! We are collecting for the local foodbank at the service, so donations of tinned food or toiletries would be gratefully received. Any cash donation on the day will be given to St Mary's. If you see Brian or Marion they have tickets for the lunch but if you don't, please phone me on 577207 or Amelia on 577250. (If you cannot make the service, just come along to the harvest lunch.).



Sara Buxton
577207



Barningham Winter Church by Mark Spiller

look further in to the repairs required to keep the Church and Bell Tower open to everyone for worship, baptisms, funerals, weddings and general visits and the community events that it is so loved for.

Part of the HLF requirements for obtaining the grant is that we can show that we are going to be actively using the church for the benefit of both the local and wider community. We have many ideas of our own which we are working on but the 'ideas box' is still very much open so please do contact us with any thoughts that you have on this. They can be emailed to amelia@barninghamestate.co.uk, or please ring Amelia on 577 250.

The PCC are thrilled to announce that they have been successful in gaining the first stage of a Heritage Lottery Fund (HLF) grant for essential conservation work to St Mary's Barningham Winter. We are very grateful to the HLF for awarding us the grant and for their invaluable advice and support during the process.

St Mary's is a much loved and beautiful church which is in desperate need of attention and this first stage of funding will allow us to

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Edgefield

Sat 3 6.30pm **A Touch of Class** - Village Hall

Fri 9 7.30pm **Film Night - Cherry Blossom** - Village Hall



Richard Peaver
587486

Church News

Alison Mawson gallantly took part in the Norfolk Churches Trust sponsored cycle ride. Those pedalling with her for Edgefield were Josh and Leo Perkins (the Mawsons' new neighbours in the Tithe Barn), Kate Langley and Iain Mawson. In total they raised the splendid sum of £545 plus £97.75 in Gift Aid, which will be divided between Edgefield Church and The Norfolk Churches Trust. Alison would like to express her thanks to those who sponsored them, to her fellow cyclists, and to those who kindly manned the church to welcome visitors.

After having such good help with clearing the churchyard (four strimmers all working flat out was amazing!), would it be possible to have a session in our OLD churchyard, down the Hunworth road? It would be lovely to have it cut down so that the snowdrops would show up properly in January and February. If we could cut it a few times each year, it would become a lovely peaceful place for locals and visitors alike to enjoy. October 4th and 18th are two Sundays on which we do not have a church service, and it would be wonderful to hear from anyone who would come and help, starting perhaps at 10am?? Please ring me on 587292.

Angela Turner

Village Hall News



Photograph courtesy www.geograph.org.uk

By the time you read this, Christmas will be fast approaching, and with that in mind our annual Christmas evening will be held in the Village Hall in Saturday 5th December - time to be announced. It would be lovely to see as many people from the village as possible, so look out for news re tickets. If anyone wants to contact a committee member, all the details can be found on the notice board at the back of the bus stop on the village green.

Jim Frost



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Hempstead

Fri 2 7.00pm **Fun Quiz & Meal** - Village Hall
 Fri 9 10.30am **Coffee & Gossip** - Village Hall
 Wed 14 7.00pm **Play Reading** - Village Hall
 Wed 21 7.30pm **Film Club** - Village Hall

200 Club

£25 M Wyer, £10 M Williams, £5 A Mcfaydon, L Quinn, J Matthews

Good luck to Jenna and Kobe who have just started high school and to Delilah who has just started primary school.

Fun Quiz & Meal, 7.00 pm Friday 2nd October: £6 per person. To secure a place, please phone 713004 or Tim 711657. Come on your own, with a partner or with a team (teams of up to 5 members). Choice of homemade dishes, including vegetarian. Come along from any village!

Hempstead Film Club

The first film showing of the new season, the classic Ealing comedy *Whisky Galore*, was well received by members. New members to the Hempstead Film Club, now in its sixth season, will be richly rewarded by an eclectic mix of classic comedies, westerns, period thrillers and Academy Award winning films. We meet on the third Wednesday of the month (except December) until May 2016 in the Hempstead Village Hall at 7.30 pm. For full details contact Yvette Gibson 712460 or Mike Thody 711282.

Hempstead Arts 2015

Many thanks to all who attended Hempstead Arts. An incredible £1,550 was raised this year! Proceeds go to Hempstead church.



Sharon Hannah
711769

Hempstead Arts 2015 by 'T'

What a triumphant weekend for our annual Hempstead Arts! An exhibition far greater than its modest constituent parts. With watercolours, oils, ceramics and leaded glass; Representing a mixture of creative skills and local handicrafts. Life-size metal hens, guarding their charges of tiny metal chicks, Alongside papier mache pots and vases - somehow it all successfully interfits.

Paintings, feltwork and hand-crafted mirrors of all sizes Reflecting so many delights from so many talented and imaginative enterprises; With its perspectives, reliefs and crystal-clear resolutions It's progressed from Village Fayre to a venerable institution. A treat for visitors - be they customers or browsers of an artistic persuasion - All contributed to make the entire weekend a truly memorable occasion!



Swing High, Swing Low by Janice Wolf

Itteringham

Fri 23 7.00pm **Harvest Supper** - Village Hall



The photo is of Jack and Rosie Stamp who were married in May of this year close to Rosie's home in Devon. It was taken at the Norfolk celebration in August at Jack's late home in Moorgate. He is now Captain Jack Stamp in the Kings' Troop, Royal Horse Artillery, and he is to be seen hauling out field artillery on state occasions and firing off salutes to the monarch in a ceremonial role. He has completed various tours of duty and both he and Rosie live in London. Good luck to the union!



Eric Goodman
587278

Hurry! Hurry! Hurry! Tickets are flying out for the Harvest Supper which is to be in The Village Hall at 7.00pm for 7.30pm on Friday 23rd October. There will be the usual delicious supper and a licensed bar will be installed. Call Ray Covell, Sandra Walker or your Village Shop to book.

A word or two must be said in praise of Charles and Diane Skinner and their family for the many years of enviably efficient service they have given in the organising of this event which has always been a great success and an important social gathering in the village calendar. Much gratitude is here expressed. We hope that you may one day be involved again but in the meantime, enjoy your changed status as guests.

The Harvest Festival Service will be at St Mary's as usual on Sunday 18th October. Gifts of garden flowers and produce will be received with great pleasure. Eggs, chickens and even whole sheep are welcome but they are expected to be already deceased. There is to be wine and cheese following the service.

In case you forgot, The Beetle Drive will be entertaining you in the village hall on Saturday 14th November. There will be food, both for meat eaters and for meat non-eaters, but bring your own grog and of course yourselves and your beetles. Tickets are only £5 from Sandra, Ray and the Village Shop. This will be some fun in the gloom of early winter.

Report on The Matterhorn adventure next month.

You may have missed the public meeting over the village shop but 'carry on plotting'. Your ideas and inspirations are essential to survival. 'Support.....not abort!'

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Little Barningham

Sun 11 10.30am **Community Sunday** - Village Hall

Sun 11 tbc **Harvest Bonfire Thanksgiving**

It's a little similar to what was said of London buses: wait for ages, then three come along all at once. Work has started at the church end of the village on the development in and around the barn and the ugly add-ons. Then the new, modern house in place of the dilapidated old church cottage. Unfortunately very little of it will be seen, but hopefully we will be seeing a lot of the young family who will be moving in. Let us give them a warm and friendly welcome when they do.



Derek Wintle
570097

Lots of thank-yous this month: how fortunate we are to have people who give of their time and expertise to make the village a great place to live.

The first of the joint benefice services in Little Barningham was well attended (the most so far). It was good to hear the choir in such good voice. Thank you, choir!



Thanks, too, to Nicole for hosting so successfully the barbecue on Saturday 12th September, not forgetting the hard working cooks, servers and those who provided the delicious salads and desserts. Thanks also to the Village Hall Committee who are already planning future events.



If you did not go to the Art & Craft exhibition at Hempstead, you missed a feast for the eyes. The event raised £1,500, and Fiona French donated the proceeds for the sale of her painting to the churches at Little Barningham and Hempstead. Thanks, Fiona.

I have not been able to gather much information about the Little Barningham Brewery. If you have any recollections or photographs, please ring me on 570097. Are there any special anniversaries or birthdays coming soon? If so let me know to share in your joy.

Do not forget the Harvest Bonfire Thanksgiving on October 11th.

Money Matters

The Childrens' Society boxes and donations amounted to £160, the most so far. Another thank-you to Pam Daniels for organising and collecting. At Jean Cooper's funeral, donations came to £561 which was divided equally between our church and Aldborough Surgery, as requested by Jean. The barbecue raised £260 for village hall funds.

Quick & Easy Dip

Mix together three tablespoons of mayonnaise with one tablespoon of mango chutney. Add a few chilli flakes for added heat. To make a crisp base for canapes on one side only to the bread of your choice, bake for 20 minutes in the oven at 180 degrees. This can be done the night before as it will stay crisp, even if you spread cream cheese or smoked salmon an hour before the event.



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Matlaske

Fri 9 7.00pm **Community Sunday** - Village Hall
 Wed 14 10.30am **PCC Meeting** - Hall Farm Cottage
 Wed 21 7.30pm **PC Meeting** - St Peter's Church

100 Club

£25 Jeremy Norman, £10 Matilda & Charlie Courtauld, £5 Pam Rounce

Congratulations to Mary Hook of Jubilee Cottage, Matlaske on her 102nd birthday, which she celebrated on 5th September. Mary has lived in the area all her life. She grew up in Baconsthorpe, and on her marriage to Jack Hook moved to Matlaske in 1935.

Although Mary no longer drives her Austin A35, she still manages to get out and about with the help of Louise Kinsley.

A birthday celebration was held at Dales House, Baconsthorpe, the home of her nephew, Jon Cooper. The celebration was to some extent tinged with sadness for Mary, as her daughter Maureen died only a few months ago.

Nevertheless, her son-in-law Gary was able to be there for the special occasion with her two granddaughters and her four great-grandsons. We hope Mary continues to enjoy her independence in her 102nd year. Is Mary the oldest person in the ten Parishes?



Florence Hunt
577363

Plumstead



Plumstead Church by Mark Spiller

The summer seems to have passed in a blur of cloud, rain and the occasional burst of warm sunshine, and now autumn has begun to impress itself on us; as the evenings draw in, we withdraw inside, and there is a need to light a fire. Likewise the news is more sparse this month.



Mary Lintott
577718

However, there is something to look forward to next year. The Parish Council and PEG are intending to celebrate the Queen's birthday on Saturday June 11th. The details are yet to be discussed, but there is likely to be a BBQ and

hopefully some music. Watch this space and more will be revealed. We shall need helpers of all descriptions to make this a village event not to be forgotten.

The journey of the wildflower meadow is ongoing. The PC would like to thank Joe Hanks and John Lintott who have spent time cutting it to allow the flowers to return in the spring. Roy Keasley's sheep will be making a welcome visit to keep the grass at bay during the autumn and winter months.

Speeding in the village is still an issue. There is a further meeting with the PCSO about what steps are appropriate to control what seems our innate desire to speed. As other villages have reported, we also have to be aware of contractors driving through with their enormous vehicles - one of which drove over the village green in order to avoid a contretemps with another giant tractor coming the other way!



Where Have all the Deer Gone?

This month's beautiful cover photograph was taken some years ago, when Mervyn Gibbons and Bob Strutt were combining. A great deal of gesticulation from Bob indicated to Mervyn there was something in the field - perhaps a branch - but no, this wonderful stag had been lazing in the barley in the sun. The camera was quickly summoned and Mervyn was able to creep within 30 yards of it and snapped this shot as it stood up and gazed at him. I have been here nearly 30 years and in the past 7 years or so these amazing creatures seem to have disappeared. Does anyone have any ideas?

Congratulations to Benjie Stimpson who achieved some wonderful grades in his GCSEs.

We say goodbye to Christine and Peter McAllister who have taken the long trek to Aylsham. We hope to see them at our village events in the future.

We welcome Gay Longworth, Adam Spiegel, Roxanna, Reava, and Ruby to Plumstead Hall Farm. I hope you will all enjoy living in Plumstead.

Many thanks to Dave Chilvers for scanning and restoring the cover photograph. Editor

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Saxthorpe with Corpusty

Sun 11	11.00am	Harvest Festival Service - St Andrew's Church
Thur 15	3.30am	Families Together - Escape - Village Hall
Wed 21	2.00pm	LinC Quiz - Helen Bannister - Village Hall



Judith Banks
587319

Congratulations to Imogen and Merlin Waterson on becoming proud grandparents of Leo, born to their son Julian and daughter-in-law Sarah. Best wishes to Ann and Aubrey Poberefsky who moved to Sheringham in Mid-September. Thanks are given to them for the many hours they have devoted to the Lunch Club, fund-raising events, parish and district council affairs, and, on a wider canvas, the Alzheimers Society. They have truly been community focused. Best wishes and welcome to Bob and Catherine and Declan Stern who have moved into Ann and Aubrey's home in Post Office Lane. We hope they will enjoy living here.



Last month's 'against the odds' continues. The new odds was a vigilant male sparrow hawk. As the photo shows, the fledgling had 'no chance' - its first flight from the nest (or first tumble) ended in a tasty breakfast. After the meal was completed, the raptor cleaned its talons, carefully, to gather the last morsels of its prey. The hawk then wiped its beak on the grass, before flying off to another 'against all odds' encounter.

Mr Joe Dawes is to be congratulated on his latest carvings, which can be seen in the photograph or in the north isle pew of the chancel in St Andrew's Church, Saxthorpe. The new oak pew, donated by Heather and Brian Monks in memory of their son, Simon, has been made by Joe using an existing medieval end and carving a beautiful new one with roses and bulrushes. Many thanks to all parties who continue to maintain the church furniture and also cause one to marvel.

All good wishes to Val Johnson at Corpusty Stores for a speedy recovery. While Val has been unwell, there has been a real 'pulling together' and 'doubling-up' of shifts by other staff at the much valued store. A few cyclists visited St Andrew's Church on their route for the Norfolk Churches' Trust sponsored bike ride, and some came by car.

November Events: Sat 21st 10.00am - 4.00pm
Craft fair, stalls, attractions, village hall, part profits to Nepal Appeal, more info next month.



Wickmere with Wolterton

On a soggy Sunday afternoon 28 hardy souls turned out for the Annual Village Rounders Match. Tony and Roger were captains. A fiercely fought match followed, with Wickmere rules applied. At half time the score was 9 - 6 1/2 in Tony's favour. We all enjoyed a lovely tea – thank you Tony and Philida for your hospitality. Unfortunately the second half had to be abandoned due to rain. Many thanks to Paddy for her umpiring and to Terry for his gentlemanly umbrella skills. Well done to Simon for the most rounders and to Laurie, Ben and Joe who played brilliantly. £107 was raised for church funds. Thanks to all who came.



Helen Goulty
570043

On 26th Sept the Spar in Aldborough will close. This will be a HUGE loss. A BIG thank you to Janet and Peter at the Post Office for 'stepping in' and offering papers, milk, bread etc... So many locals rely on this service.

For those of you who shop in Morrisons, be advised that from 5th Oct there will be a 5p charge for all carrier bags used.

Many thanks to Sharon and Peter for their hard work in keeping the churchyard looking a picture. The recent painting of the gate and fences has made a real difference, and so has the renovation of the bier house.

October birthdays include Wickmere's honorary resident Teddy Amis: many happy returns for 15th!



Photograph courtesy www.norfolkchurches.co.uk

Well done to all those who took part in the Churches Bike Ride on 12th Sept. Although the day started off damp, and they were in competition with the Tour of Britain, there were plenty of visitors at St Andrew's who had many churches on their forms. I know of two who managed 25 churches. Well done and many thanks to everyone who took part. I will let you know in later issues how much has been raised.

Please put a note in your diaries for upcoming services. Harvest Festival will be on Sunday 10th October, a lovely service will be followed by nibbles in the church. Also, please note Sunday 6th December, will be another wonderful Service of Light.

At the PCC meeting on 3rd Sept many items were discussed. Main points were fundraising as the Parish Share is estimated at £5,000!!! Having used the bulk of savings and generous loans for the recent heating and redecoration of the church, funds are very low. There were a few suggestions made which may be used in the near future.

On 4th September there was a village hall meeting. A Halloween evening was suggested; keep an eye out for posters. Sadly Jonny announced he was stepping down as Chairman, as he is moving from the village. We wish him and his family good luck in their new home.

Finally, another note for your diaries - George will be holding another of her wonderful Xmas Fayres on Saturday 21st November in the village hall from 10 - 1pm. Come along and gather some early goodies, and enjoy a cuppa and cake.

Children's Puzzles & Quizzes

Harvest Festival Wordsearch

The hidden words can go forwards or backwards, up, down, across or diagonally

APPLE BEANS CABBAGE CARROT CORN
LEEK PARSNIP PEAR POTATO PUMPKIN

P	K	H	E	S	N	A	E	B	N
P	U	E	A	G	W	N	I	C	R
U	P	M	E	P	A	P	V	I	O
D	B	Q	P	L	P	B	M	E	C
J	M	W	M	K	N	L	B	C	X
R	A	E	P	V	I	D	E	A	P
T	O	R	R	A	C	N	U	D	C
N	Q	G	P	A	R	S	N	I	P
M	P	M	P	O	T	A	T	O	W
N	J	T	J	D	H	B	P	H	K

See page 23 for solution

Weather Watch



In July 2015, I measured 134mm of rain, which is the highest July reading since I started my records in 1977. It included 39.4 mm on the 24th, which I think was the greatest in a single day in any month over the last 38 years. Several other reporters not far away measured just over 40 mm on 24th – but that is still only around a quarter of what is said to have swamped Holt on that fateful day in August 1912, when so many bridges got swept away, and some villages between Holt and Norwich were isolated for days.

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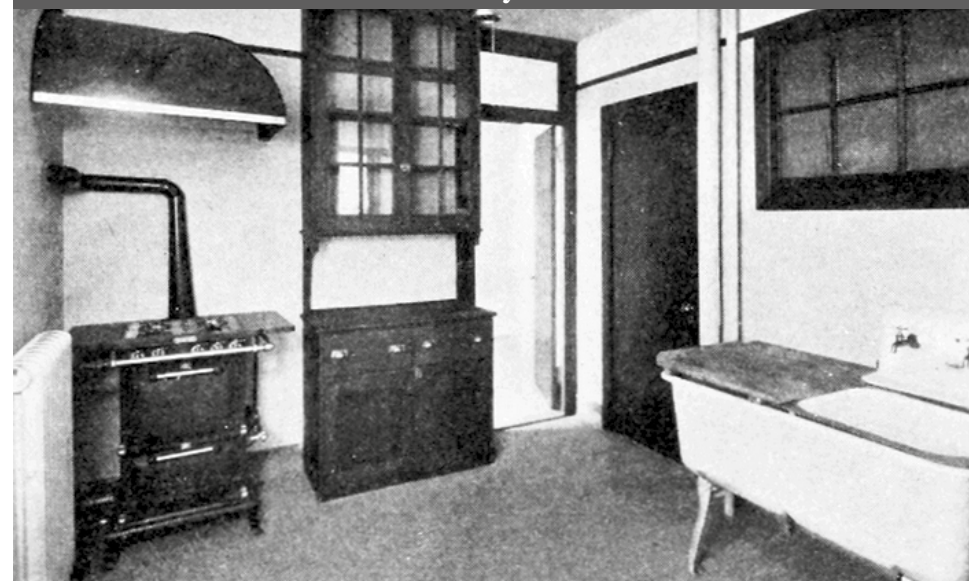
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Memory Lane



A kitchen bath

Memories of Baconsthorpe School

During the 1950s the school house still had the bath in the kitchen covered with a wooden top to use as a table. One evening the schoolmaster was having an evening bath when there was a knock on the back door. With no time for him to get out and make a discreet exit his wife did the only thing possible and closed the wooden top with him still in the bath! Hopefully the visitor did not stay too long!

Corinne Youngs

Word Search Solution from page 3

P	K	H	E	S	N	A	E	B	N
P	U	E	A	G	W	N	I	C	R
U	P	M	E	P	A	P	V	I	O
D	B	Q	P	L	P	B	M	E	C
J	M	W	M	K	N	L	B	C	X
R	A	E	P	V	I	D	E	A	P
T	O	R	R	A	C	N	U	D	C
N	Q	G	P	A	R	S	N	I	P
M	P	M	P	O	T	A	T	O	W
N	J	T	J	D	H	B	P	H	K

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How to Carve a Pumpkin

Use a serrated bread knife or a jab saw. Draw the knife back and forth as if you're sawing through a tree trunk. Measure a circle with about a 2-inch (5cm) radius from the stem. You'll cut around this circle to make the lid. Angle the point of the knife in towards the center of the circle. The lid will then sit in a bowl-shaped indentation that prevents it from falling into the center of the pumpkin. Additionally, carve a small protruding notch somewhere in the circle; this will tell you exactly where the lid fits back in. After you've removed the lid from the pumpkin, cut a slice off the underside to remove excess filling and flatten the bottom. The lid doesn't have to be cut in a circle. Try shaping the lid as a square, star or other shapes. Just make sure you keep the knife angled toward the center of the pumpkin as you carve the lid and opening.

Use a large spoon or your hands to pull all of the strands and seeds from the inside of your pumpkin. Scrape it as clean as you can, so that more light shines through your jack-o'-lantern.

To save the pumpkin seeds disentangle them from the stringy filling and rinse them off, then toss them with olive oil and salt and scatter on a cookie sheet. Toast for about 25 minutes at 400°F/200°C.

You can also plant the seeds next spring to grow your own pumpkins. Keep in mind that your pumpkin is probably a cross between several types, and the pumpkins you get from the seeds might look entirely different.






Draft your design on the pumpkin. For traditional, silhouette and pulp carving, use a permanent marker or dry-erase marker to outline your design on the pumpkin. (Dry-erase markings can be wiped off if you mess up.) If you're decorating pumpkins with children, letting them draw the designs can be a fun way to include them, yet avoid having them handle sharp carving tools.

Start carving your design. Use a gentle back and forth motion to cut into the pumpkin, and take your time. Discard cut-out pieces as you remove them. Keep following your pattern until you've carved out the entire design.

Traditionally, jack-o'-lanterns were lit with candlesticks or tea lights, but flashlights and flickering LEDs are popular modern options.

Happy Halloween!

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	Derek Turnbull	587259
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	Michael Daniels	577436
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Plumstead	Eleanor Faulkner	577868
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Wickmere	Tony Hurn	577309



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Meet the Neighbours - Emma Youngs



Walpole's children by their governess at Mannington. "She ran a little primary school in the stable block," Emma remembers. "We crossed the moat every lunchtime to eat in the grand dining room of the Hall."

Emma's working life began locally, too. Having qualified at Prue Leith's cookery school, she worked as a chef at the Red Lion, Upper Sheringham before training as a nurse in St Mary's Hospital, Paddington.

That qualification soon took her even further afield. She applied for a VSO placement in Cambodia, and worked as one of four westerners in a children's hospital in Siem Reap, near the Angkor Wat temple. "We were there to educate, not to replace local nurses," Emma explains. "We taught them how to care for children, which is very different from nursing adults."

There, Emma started an orphanage visiting programme, identifying basic needs that were not being met. "We started with vaccinations, then called in dentists, and raised funds for big things like water supplies and toilets, and other essentials like mosquito nets, toothpaste, soap and shoes." An appeal on the hospital's web site brought in donations of money, and an offer of practical help from the American neurobiologist Marian Diamond, famous for her microscopic examination of Einstein's brain.

After Cambodia, Emma spent ten years at Gt Ormond Street Hospital before coming back to Norfolk. In 2014 she made a return visit to Siem Reap, where she met many of the youngsters and orphans she had cared for. "Six of them had graduated from high school, and two were training to be nurses. One of them was married, and working at the hospital."

Michael McMahon

Emma Youngs plays several parts in local life: a Baconsthorpe parish councillor and member of the village 'Pop-up Pub' committee, she is also the quizmaster of the Walpole Arms, Itteringham. Visitors to North Norfolk encounter her as the manager of the recently opened Baconsthorpe Meadows campsite. She clearly plays that part particularly well: online reviews are universally positive, and peppered with superlatives. "The owners would win awards for friendliness," writes a recent visitor. "It is definitely a family campsite."

And it is. The land has been farmed by the Youngs family for five generations. Emma's father was born in the farmhouse, and her great-grandfather kept heavy horses in the meadows where holidaymakers now set up tents.

Emma was educated locally, and was one of the handful of pupils taught with Lord